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AADHARSHILA VIDYAPEETH

E-MAGAZINE
SESSION: 2019-20

Special Assembly in April

'Health First'

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SPECIAL ASSEMBLIES IN APRIL 2019

The ongoing English Week reached its summit on Wednesday i.e. 24 April 2019 for classes VI-XII based on theme 'The Infinite Use of finite Means' was organized. A skit was presented on the occasion by the students of secondary school on the use of a single words having multifarious uses. A speech was delivered on the same. Overall, the entire week was an awe-inspiring one.



Special Assembly in April 2019

The English Week observed from 22nd April 2019 to 26th April 2019 reached a high on 26 April 2019, i.e. Friday. The topic for this special assembly was Shakespeare – the Flavour of All Seasons. The assembly was organized for classes VI-XII and a discussion was presented by the students of classes XII-B. It was an impressive one too and will be remembered by one and all.



Celebration Time at Aadharshila Vidyapeeth

India's rich culture and heritage is the cynosure of the entire world. Aadharshila Vidyapeeth works ceaselessly towards this common goal with utmost gusto and grit. Monday Blues were driven away when a Special Assembly was held on 15 April 2019 to commemorate World Heritage Day. The students presented a street play on the theme of India's colourful past and enviable heritage. A speech and poem were presented by the students of classes VI-XII. Overall, it was a day which will go down the annals of Aadharshila Vidyapeeth for a memorable time.



Career Counselling at Aadharshila Vidyapeeth

A diamond shines more when cut and polished. Our students are like those uncut diamonds who need to be pruned and preened through exposure to different workshops and various counselling sessions. In keeping with the same tradition, Aadharshila Vidyapeeth organized a Career Counselling Session on Friday 12 April 2019, for classes IX-XII. The Spokesperson informed the students about the entrance tests for which they have to make up their mind and the scholarships that they can get for further studies. He also informed them about the importance of each and every subject. He further informed scholars about CLAT, EILTS, and TOEFL etc.

The other Spokesperson from Scholar's Academy. Shared his own experience and turned it into an interactive session. He stressed on logical thinking and conceptual learning. He further mentored them and highlighted the different exams that they should have their eyes on. NSEP, NSEC, NSEB etc. He then praised Sankash Mallik, an IITian and qualified the highest level exams in Physics and Astronomy. The children surely learnt more about their various options available for Commerce and Non-Medical.



Inter-House Competitions Galore

Competitions enthuse and excite students whether they are inter-school or intra-school. An Inter House Radio Jockey Competition was held on Tuesday, 23rd April 2019 for classes VI-VIII in the school Auditorium. Though children got a few days for perfecting their rehearsals and sharpening their skills still they pulled off the show with finesse. The parameters for judgements were voice-modulation, content, innovation and organizational ability. All the houses fought tooth and nail during the competition for the coveted First Position. Sankalp House bagged the First Position.



INTER-HOUSE SKIT COMPETITION

Students of Aadharshila Vidyapeeth have the acting bug in them. The English Skit Competition was held in the school auditorium on Thursday 25th April 2019 for classes IX-X and all the houses vied for the First Position. The Euphoria of the Aadharshilians reached fever-pitch as all the budding actors, put on their acting shoes and presented their skits hawlessly. But, only one could be the winner. The parameters of judgement were theme, innovation, dialogue delivery and acting prowess. Vishwas House was adjudged the winner by the judges.



English Literary Week

The English Week was organized in 'Aadharshila Vidyapeeth' on Monday, 22 April 2019 to Friday, 26 April 2019 for classes I-XII. The main motive was to encourage students and motivate them to speak in English. English has been the language of the classes and the masses alike. Hence the entire week saw competitions like the tiny tots had 'Spell Bee, Radio Jockey at FM Station, Skits on the theme 'The Infinite use of Finite Means' etc. The performance of all the students were enviable. Shakespeare, the Father of English Drama was the benevolent force behind most of the performances and poem recitations. The week concluded with the message that English gives us the flair and finesse to force the world with confidence.



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Ushering in the New Academic Session

Every day is symbolic of new hopes, aspirations and opportunities. Aadharshila Vidyapeeth commenced its new academic session on a pious note from Monday, 1st April 2019 when students of classes from III-XII attended the assembly. A hawan ceremony was organized to welcome the Aadharshilians. Class XII students performed the 'aarti' around the holy fire and sought God's blessings for their new scholastic journey. Each and every heart was soaked in piety and ethos. The 'prasadam' was distributed among the students and the staff.

The day will go down the memories of Aadharshila for a long, long time.



Child Rights and We

Aadharshila Vidyapeeth has always initiated certain workshops to make the students aware of certain Child Rights. POCSO (Protection of Children from Sexual Offences) had conducted a workshop in Aadharshila Vidyapeeth on 4th April 2019 for classes VI-XI. The spokesperson, highlighted the difference between ‘good touch’ and ‘bad touch’. She talked about and identified ‘danger points’ for the children when they can be targeted. The girls and boys answered the questions asked from them by the spokesperson and clarified their doubts. Danger can be lurking around anywhere but if the children voice their opinions and take a strong stand rather than being vulnerable, then the accused can be booked.

Overall the interactive session was definitely an inspiring one for all, both students and staff.



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FIRST TABLE TENNIS MARATHON 2019

Aadharshila Vidyapeeth ensures the co-scholastic and physical well-being of students. Up keeping with the same trend, the Aadharshilians participated wholeheartedly in the first ever Table Tennis Marathon 2019. Our children 1108 in number played at the venue i.e sant sujan singhji International School and were praised by one and all. Our children from classes III-XII had participate under various categories. On the 1st and 2nd of May our children went excitedly and they were loaded with goodies on their arrival back in school.

At the prize distribution ceremony the trophy for maximum participation ceremony the trophy for maximum participation was bagged by Aadharshila Vidyapeeth.



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Every day is symbolic of new hopes, aspirations and opportunities. Aadharshila Vidyapeeth commenced its new academic session on a pious note from Monday, 1st April 2019 when students of classes from VI-XII attended the assembly. A hawan ceremony was organized to welcome the Aadharshilians. Class XII students performed the 'aarti' around the holy fire and sought God's blessings for their new scholastic journey. Each and every heart was soaked in piety and ethos. The 'prasadam' was distributed among the students and the staff.

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Workshop on life skills at Aadharshila Vidyapeeth

Life skills are the quintessential skills that every individual acknowledges but sometimes neglects. The concern was highlighted by the school when a workshop on life skills was organized for classes VI-VIII in the school auditorium on 29

April i.e. Monday where the spokesperson stressed on the need of the laughter in our lives in order to beat stress and anxiety. He further added that proper food intake is a must for children in their growing years. He stressed on the need of 8 hours. adequate sleep. He said that all diseases are born out of psycho-somatic origin.

Then he started the session on Acupressure points. He showed the different pressure points and children did live demonstration along with their teachers. We hope that this session would be an inspiration for all days to come.



Workshop on 'Garbage Management'

Aadharshila Vidyapeeth breaks trends of sorts and ventures into unexplored areas. Fighting for the cause of Garbage Management, a workshop was organized on the same theme in Aadharshila Vidyapeeth on Monday, i.e. 30 April 2019 for classes VI-VIII in the school's auditorium. The spokesperson, expressed his views on how to segregate biodegradable waste from non-biodegradable waste. He talked about the bad effects of throwing sharp, incisive instruments in waste like needles, blades, injections and glass pieces as they may harm animals and rag pickers both. Then he talked about Recycle, Reduce and Reuse plastic waste. Polythene bags are another deterrent which does let waste decompose properly. Let us instead gift paper bags or plants on birthdays and anniversaries. The spokesperson then took up a volley of questions and answered the queries of children satisfactorily.



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Workshop on life skills at Aadharshila Vidyapeeth

Life skills are the quintessential skills that every individual acknowledges but sometimes neglects. The concern was highlighted by the school when a workshop on life skills was organized for classes III-V and X-XII on Monday, 29 April 2019 and for classes VI-IX on Tuesday, 30 April 2019 in the school auditorium where the spokesperson stressed on the need for laughter in our lives in order to beat stress and anxiety. He further added that proper food intake is a must for children in their growing years. He stressed on the need of 8 hours adequate sleep. He said that all diseases are born out of psycho-somatic origin.

Then he demonstrated Acupressure points to relieve different types of aches. He showed the different pressure points and children followed it up along with their teachers. This session was a great inspiration for one and all.



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Inter House Tableau Competitions at Aadharshila Vidyapeeth

An Inter-House Tableau Competition on the topic 'increasing Pollution, Decreasing Breaths' was organized in Aadharshila Vidyapeeth on Tuesday, 7 May 2019 for classes VI-X during the early morning assembly. The keen participants depicted the depleting environment and matched steps with the other houses to win the prize. It



Inter House Competitions Galore

Mad Ad World at Aadharshila

The month of May was bedecked with a number of Inter-House Activities for classes III-V Ad-mania-Inter House Competition was held on Thursday, 9 May 2019 in the School Auditorium. The number of participants displayed their acting prowess and jingle- making skills. They hit the Bull's Eye with extraordinary performances and state-of-the art props. The bilingual advertisers won the hearts of all the viewers. Advertisements make us buy without knowing why. The flair of creating advertisements gripped Aadharshila Vidyapeeth when classes IX-X were stung by the acting bug, on 9 May 2019 with an Inter House Competition Advertisement Mania. They aimed at visualization and writing jingles as per their out of the world products. The Houses fought neck-to-neck in this competition and won accolades from the enthusiastic audience.



Special Assembly on 'Cross Day'

Aadharshila Vidyapeeth organized a special assembly on Red Cross Day. Students were informed that 'World Red Cross Day' is celebrated on May 8, every year. Henry Dunant was the founder of the Red Cross. A student recited a hindi poem on the same theme and students presented a 'Nukkad Natak' to tell the importance of donating blood and the persons in need. Students realized the importance of this day and how donating the blood can save the lives of others.



Social Science Exhibition at Aadharshila Vidyapeeth

The much awaited event which drew the curtains on the Social Science Week was their exhibition titled 'Socio-Vistas 2019' which was held in the school premises from 10 May 2019 to 11 May 2019 with the theme- from Positive India to Progressive India. The exhibition was inaugurated amid flair and fanfare by the Principal and the Vice Principal. The students from Pre-school to class X witnessed the creative skills of student participants. Different models, working as well as non-working were displayed along with the students who prepared them. The parents also witnessed the same on the next day 11 May 2019. They appreciated the remarkable efforts of the students. Prizes were given to the children who made the most original and different models.



The Social Science Week



The Social Science week was observed from 6 May 2019 to 11 May 2019 for classes III- XII. A line up of Special Assemblies followed which comprised of self composed poems, the role of the social media and its benefits.

The Press Freedom Day was observed on Monday, 6 May 2019. The students presented a poem on the given topic and depicted a short skit presentation on the significance of the social media in our lives.

Friday, 10 May 2019 has its own significance. The Revolt of 1857 triggered off from Lucknow. Mangal Pandey and other sepoys participated in mutinities and refused to bow down before the tyrannical Britishers. The students presented a poem highlighting the sacrifices made by the martyrs.

The teacher speaker stressed on the historical aspects of the Sepoy Mutiny of 1857.



Special Assembly on ‘The Power of the Press and the influence of Social Media

In keeping with Social Science Week a Special Assembly was held on Wednesday, 8 May 2019 on the Power of the Press for classes III-XII. A discussion presented on the occasion to pay tribute to the journalists who gave up their lives for the freedom of the Press. On the same day, a skit was presented to highlight the importance and influence of Social Media and its networking. A kidnapped child found and handed over to the parents in the presentation due to the expanse and widespread influence of social Media.

Incidentally it also coincided with the Red Cross Day, which is a Samaritan organization working for charity. It upholds the belief that we have to make nominal contribution in the name of humanity. Aadharshila Vidyapeeth has always contributed towards this cause.



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A Special Assembly on Mother's Day

It is said that God couldn't be everywhere so he created Mother and sent them to Earth. They illumine our lives with their Sun like presence.

A Special Assembly on Mother's Day was held on Thursday, 9 May 2019 to pay a loving tribute to all mothers for classes III-V. Mother's Day usually falls on 12 May every year to celebrate motherhood worldwide. Students of Aadharshila Vidyapeeth commemorated this beautiful occasion with their heart rending performance and song and dance presentations.

The audience enjoyed all the performances lauding the participants for the same.



Special Assembly in Aadharshila Vidyapeeth

The ongoing Social Science Week bore witness to the spirit and fire of patriotism which was lit in all Indian hearts on 10 May 1857, when for the first time Indian soldiers working under the British government spearheaded by Mangal Pandey openly defied the orders of pulling off the greased cartridges (feared to be laced with cow's meat and pig's meat) with their teeth. The Mutiny triggered off at different places and the results were devastating for the Britishers, who fled the country. To show respect for those brave hearts, a speech and self-composed poem was presented on stage.

The Day, Friday, May 10 2019 is also earmarked as the World Thalassaemia Day; which is a genetically inherited disease. It is a blood disorder in which the patient has to be given blood or bone marrow is transplanted. All the information was given to the children regarding this gnarled disease.

After that a human chain formed and a rally on Mera Mat, Mera Adhikar was taken out. Children raised slogans and encouraged the people to cast their vote on 12 May 2019. They smiled and understood the fact that a vote can make all the difference.



A Special Assembly on Red Cross Day

Red Cross Day is celebrated on 7th May every year. It is a well known worldwide organization that provides timely help by the patients or victims whenever and wherever required. Aadharshila conducted a Special Assembly for classes III-V on Tuesday, 7 May 2019 to emphasize on the importance of Blood Donation. Myths regarding blood donation were also busted. The Math's Department had conducted this assembly and they clarified that they should donate blood willingly. A Special Assembly was held for the senior classes IX-X on 8 May 2019 also highlighted the universal virtues of Red Cross Foundation-Humanity and Voluntary services in particular. A student of class X presented a poem and a few students highlighted the aims and ideas of Red Cross Foundation. The teacher speaker also highlighted the significance of Red Cross Day.



Inter House Ad-Mania Competition at Aadharshila Vidyapeeth

Social media and Electronic media are inter-connected. Advertisements come as a lease of fresh air. Hence, an Inter-House Ad Mania Competition for classes IX-X was held in the auditorium on Thursday, 9 May 2019. The parameters for judgement were Presentation and coordination Creativity and Innovation. The children perfected the art of presentation through their innovative advertisements. The bilingual use of language was allowed and beautiful props enhanced the beauty of childrens' presentations.



Social Science Week at Aadharshila Vidyapeeth

Social Science Faculty of Aadharshila Vidyapeeth observed the Social Science Week from 6 May 2019 to 10 May 2019. An array of activities were presented on stage to mark the week including plays, speeches, dances to poems and campaigns. All the children prepared very enthusiastically and put their best foot forward each time. Their performances were applauded and certificates to encourage them were distributed on the final day. A range of topics like Pollution, Social Media and its benefits etc. were part of the week.



FIRST TABLE TENNIS MARATHON 2019

Aadharshila Vidyapeeth ensures the co-scholastic and physical well-being of students. Up keeping with the same trend, the Aadharshilians participated wholeheartedly in the first ever Table Tennis Marathon 2019. Multitude of Aadharshilians participated and showcased enthusiastic performance at the venue i.e Sant Sujan Singhji International School and were praised by one and all. Our children from classes III-XII had participate under various categories. On the 1st and 2nd of May our children went excitedly and they were loaded with goodies on their arrival back in school.

At the prize distribution ceremony the trophy for maximum participation ceremony was bagged by Aadharshila Vidyapeeth.



E.V.S INTERHOUSE COMPE TITION

An interhouse science quiz competition was held on Tuesday, 23 July 2019 for classes III-V. The quiz was held on the Bio-Lab in the presence of science experts. Participants were elected by their respective science teachers. Each house was represented by three participants. The four rounds tested all aspects of social sciences. The first, second and third positions were bagged by Upasana, Sankalp, and Shraddha houses.

It was truly an enriching experience for one and all.

Aadharaharshila Vidyapeeth Organises ‘Hawan Ceremony’

Every academic session begins on a pious note. A hawan Ceremony was organized by Aadharshila Vidyapeeth on Tuesday, July 16, 2019 for classes II-V to seek the Almighty's blessing. The pious fire emanated vapours of positivity giving the school peaceful ambience. Our chakras are re-energised while chanting the holy mantras and our heart and mind is invigorated and rejuvenated. The fragrance of the hawan offerings wafted through the entire school campus.

The ceremony was presided over by the Principal, Vice-Principal and other staff members. Prasad was distributed among the students and staff.





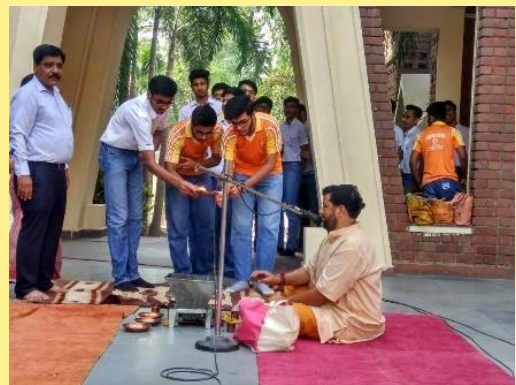
USHERING INTO A SPIRITUAL HIGH!

HAWAN CEREMONY IN AADHARAHARSHILA VIDYAPEETH

Aadharshila Vidyapeeth has always promoted the right causes. A Hawan Ceremony was organized for classes IX- XII on Monday, 1st July 2019, where Goddess Saraswati, the goddess of Learning, was invoked amidst chanting of Mantra. Each soul joined in the prayers and wished ‘GOOD LUCK’ to the Outgoing Batch. After the Saraswati Puja, prasadam was distributed to all the students. Twelfthies sought blessings of Almighty for their bright future.

It was a way of showing how prized our children of class **XII** are.

They are the hidden stars shrouded by the blue of the sky. Its their time to shine and sparkle like diamonds.



Inter House Competition

Aadharshila Vidyapeeth organised the 'junior scientist Inter house competition' on Monday, 22nd July for classes III, IV, V. Participants from all the houses prepped themselves up for it while their scientific temperament was put to test. 'The science of today is the technology of tomorrow'. Students explored and were engaged in enquiry based learning. Science models provided a platform for students to prove their mettle. This surely nurtures their inquisitive minds and unleash their creativity. Such opportunities accelerate their confidence levels and support a scientific temper in them.

Inter House EVS QUIZ

An Interhouse Science Quiz Competition was held on Wednesday, 24 July, 2019 for classes III-V. The quiz was held in the bio lab in the presence of many science experts. Participants were selected by their respective science teachers. Each house was represented by three participants. The four rounds tested all aspect of Social Sciences. The Ist, IInd and IIIrd position were bagged by Upasana, Sankalp and Shraddha.

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JUNIOR SCIENTIST INTER HOUSE COMPETITION

Aadharshila Vidyapeeth organised The Junior Scientist Inter house Competition on Monday, 22nd July for classes III to V. Participants from all houses prepped themselves up for it while their scientific temperament was put to test. '*The Science of Today is the technology of Tomorrow*'. Students explored to different vistas of enquiry based students to prove their mettle. This surely nurtures their inquisitive minds and unleashes their creativity. Such opportunities accelerate their confidence levels and develops scientific temper in them.

THE INVESTURE CEREMONY

Being of a particular cadre or House is a matter of pride. But, belonging to the school council and heading the school, being the Head girl or Head boy is indeed heartening. The school assembled for the Investiture Ceremony on Wednesday, 31 July 2019 as the council members, headed by the Head Girl and the Head Boy took an oath of integrity and performance. The Vice Captains were elected for the six houses. The Captains of different house defiantly held the house flags and pride was writ on their faces. The Head Boy and Head Girl of Aadharshila Vidyapeeth guided the



students, after thanking the selection team and took the oath of discipline and honesty to the post elected for.



WE- GYAN-SCI EXHIBITION AT AADHARSHILA VIDYAPEETH

Aadharshila Vidyapeeth pioneers novel and futuristic ideas and expects the same from its students too! To develop scientific temper in the students and to let them take a flight to the sky- scientific tempters waves ran across the building as Aadharshila Vidyapeeth held WE-GYAAN the science exhibition on Friday & Saturday, i.e. 26 July & 27 July 2019 in the science labs. Non-working and working models were depicted in the exhibition and well explained by the participants.





A Special Assembly On Disaster Management

Aadharshila Vidyapeeth has always fought for and stood up for the right causes. One such concern is recycle, reuse and reduce. A special assembly on disaster management was held on Wednesday i.e. 24 July 2019 wherein a poem was recited on stage and a speech was also given by one of the students. Disaster may strike at odd times, we may be well equipped for it but it always catches us unawares.



Special Assembly on 'Dengue'

The school conducted a special assembly on 'Dengue Prevention for class II to V on 25th July, Thursday. It was highlighted through a skit where the speaker explained the need for maintaining clean surrounding's and personal health and hygiene. The assembly focused on the mechanism of infection and the key behaviour or activities that need to be addressed to prevent transmission, reduce severity of disease etc.

An oath was taken by the children to keep their environment clean.



Special Assembly on Science & Technology

To commemorate the greatest inventions in the history of Science a special assembly was organised on Tuesday, 23rd July Tuesday by class III –V on Science and Technology. The students gave elaborate information on astronauts like Kalpana Chawla, Neil Armstrong, Rakesh Sharma etc.

An informative representation explaining the solar system was the highlight of the day .Children



were inspired to participate in each as an assembly.

SPORTS DAY MANIA AT AADHARSHILA

Sports and games form an integral part of the School's curriculum. Our body is a temple and our work is worship. The much awaited Sports Day was held on 17 July 2019, Wednesday for class III. Sports enthusiasts called it a field day as they competed with each other for sports related activities like Judo,yoga,etc for the children of class iv and class v i.e.- 18 July 2019Thursday .It was a day devoted to awarding and honoring the young students .The guest of Honour ,Mr. Byomkesh Mishra ,the principal and Mrs. Preeti Saxena ,Vice Principal distributed the prizes to the performers . Class V students celebrated Sports Day on 19th July 2019 Friday The guest of Honour emphasized on the urgent need to value sports and games .A plethora of races like Aerobics , Hurdle Races ,Book Balancing Race and other interesting games were played. Merit Certificates were bagged by many .



Intra Class Fancy Dress Competition At AV

The month of August soaks us in the spirit of freedom and it is time to pay a heartfelt homage to our martyrs whose supreme sacrifices bore fruit and gave us Independence on the 15th of August month 2019. An Intra Class Fancy dress competition was arranged for tiny tots of class PS to I who were dressed up in colourful dresses suitable for the occasion on 7th August, Monday and paid their tribute to the freedom fighters. The theme of patriotism was well understood by the young Aadharshilians.



Friendship Day

Friends are our lifeline. In order to pay respect to our friends, we celebrated a special day 'Friendship Day' on 2nd August 2019, Friday in classes preschool to class I. It sent the message of love and camaraderie to our dear friends. The young students tied friendship bands on each other's hands to commemorate the day. It drove home values like cooperation, love and concern amongst the students.



Green color day celebration at Aadharshila Vidyapeeth

Colours depict the vivid hues of life. They are fascinating too! In order to specifically depict the importance of color to the kids of primary section, the green day was observed on Wednesday, 7th August 2019 as the children wore dresses brought food items and talked about the importance of green colour the symbol of fertility, prosperity and overall being. The day ended on a motivational note.

INTERHOUSE SOLO DANCE COMPETITION AT AADHARSHILA VIDYAPEETH

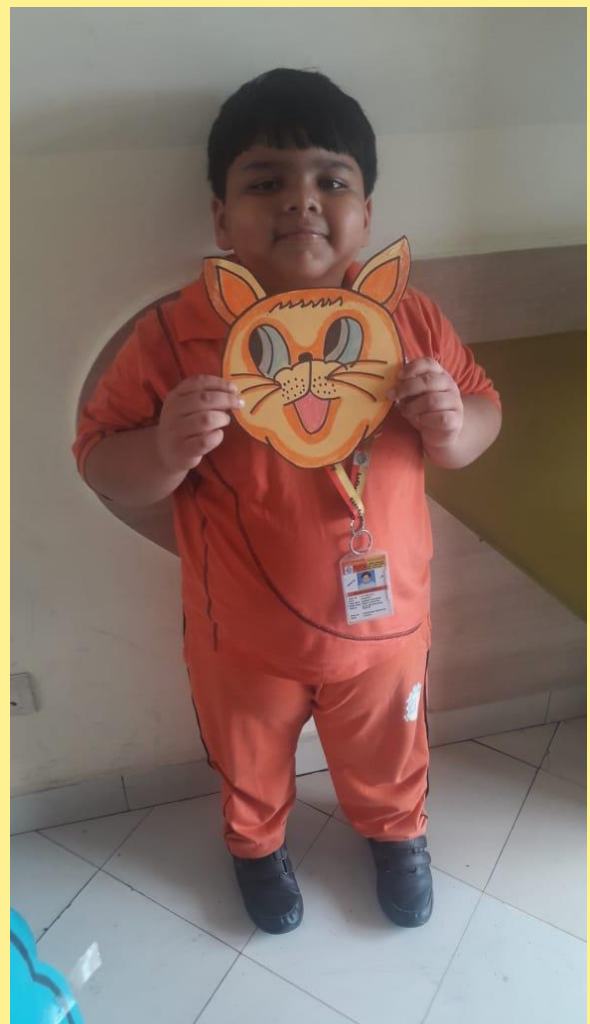
If music is the utterance of the soul, dance gives expression to our flight on the wings of rhythm and movement. Stressing on the above theme an Inter house Solo Dance competition was organized on Wednesday, 7th August 2019 for classes III -V. Children put on their dancing shoes and gave vent to graceful depiction of unstoppable talent. The stage was set on fire by different kind of dance performances like –folk, patriotic theme dance and classical dance forms. All the dances were splendid. The winners were congratulated by the principal of the school, who appreciated them all and further encouraged them to participate in more such competitions.





Intra-class story telling competition

Activity based learning concretizes the foundation of the students and have at Aadharshila Vidyapeeth, we try to 'catch them young'. Narration is an art since it is spiced up with voice modulation, stress and tone. The young narrators of class I put on their thinking caps and narrated stories with panache. On the occasion of the interclass story telling competition on Thursday, 8th August 2019 for class I. The judges were highly impressed by the confidence and range of the young story tellers. Such opportunities add a new dimension to the flowering buds of Aadharshila Vidyapeeth.



Excursion-Walk an Extra Mile

In keeping with the Samaritan concerns of the school, this year students of Aadharshila Vidyapeeth geared up to head to the Blind School, Kartar Vridh Ghar, and Shanti Bhawan, Burari. The children of VI, X, XI and XII headed to different destinations like Arya Mahila Ashram, Bhartiya Netraheen Kalyan Parishad, Nav Jyoti Social and Welfare Society etc. For class VI, Shanti Bhawan Burari for class XII and Kartar Vridh Ghar to show concern and empathise with the old and aged people. The students got a hands-on experience of talking to inmates of the Old Age Homes. The children brought articles of daily use, old clothes and eatables to distribute to them.

Such opportunities help children to go and reach out to the deprived sections of the society. These endeavours sensitize the young and help them become better individuals.



FIT INDIA, HEALTHY INDIA

Modi's Initiative for a firm India at Aadharshila Vidyapeeth

The students of classes IX-XII were taken by surprise when they were taken by surprise when they were called to the school's auditorium for a live-screening of Modiji's initiative on Fit India on Friday, 30th August 2019. The event commenced at around 10AM with a number of dances from different regions. Then P.M. Modi's speech was telecast through live-streaming in which he followed the concept of fit states like Canada, Germany etc. Then he went on to say that every child must play local games like Kabaddi, sports in school and ensure that in their own family they place 'Fitness First'. The students listened to the speech and understood that our P.M. is ahead of all times and wishes well for his countrymen.

The initiative forwarded by the P.M. must have reached every household through our children. They were motivated and would inspire their near and dear ones.



INTER-HOUSE GERMAN MAGAZINE MAKING COMPETITION AT AADHARSHILA VIDYAPEETH

German provides an extra edge over other language .Knowing a foreign language will always help. This concern was recognized by Aadharshila Vidyapeeth during the ongoing German week wherein they were excited and want to strive higher .In keeping with the above mentioned concern the inter-house German magazine making competition was organized on Thursday 22nd August 2019 for class VI to VIII.

.The entire week buzzed with the activities and kept the creativity of the children intact as they worked hard on designing the German magazine.

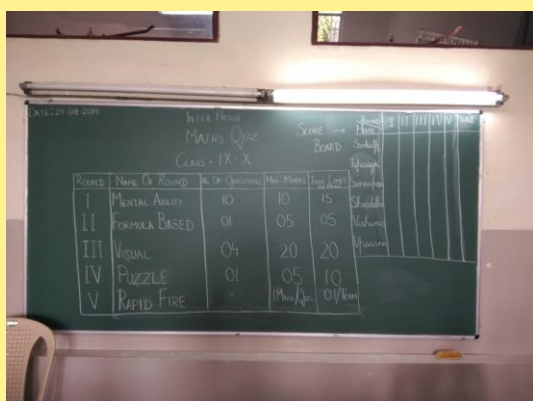
Such creative genius needs to be tapped the whole year long.



Interhouse Maths Quiz At Aadharshila Vidyapeeth

Maths has touched our heart and soul, hence it's inarguably the most important subject. In order to put the children mental and calculative abilities to test in the Maths Week, the inter house Maths Quiz was organised for classes VI-X on Thursday, 29th August 2019 .The first round was the Mental Ability Round, the second one was the visual Round, the third one being the final one and the final one was the rapid fire round. The children of the respective houses vied for the first position. All of them put on their Mathematical caps and were deeply engrossed in solving the sums given on mental ability and the like .The criteria for the judgment were their quizzing skills ,mathematical skill and their promptness in solving questions.

Such moments are common in the school curriculum as the children are competitive and challenge one another, getting a hands on experience side by side .These moments will go down their memory lane for a long time.



The chalkboard displays the following information:

INTER HOUSE
MATHS QUIZ
CLASS - IX - X

Round	Name Of Round	No. Of Questions	Max. Marks	Time Limit
I	MENTAL ABILITY	10	10	15
II	FORMULA BASED	01	05	05
III	VISUAL	04	20	20
IV	PUZZLE	01	05	10
V	RAPID FIRE	-	(Max) 20	05/1min

Score Board

House	I	II	III	IV	V
Shree					
Shree					
Shree					
Shree					
Shree					



INTER HOUSE SANSKRIT SHLOKA COMPETITION

The Sanskrit language is the mother of all languages. Sanskrit is given prominence over all subjects. The Inter-House Sanskrit Shloka Competition for class – VIII to XII was conducted in the school's auditorium on Tuesday, 20 August 2019. The Shlokas were recited by the children as they came upon the stage. Each and every house vied for the First Position.

The criteria of Judgement were – pronunciation, innovation, intonation and stress. Sanskrit is required even for giving computer based commands in everyday life. Sanskrit forms a matrix for the development of any language. This is a language that none can ignore.

Inter –House Scenery Making competition

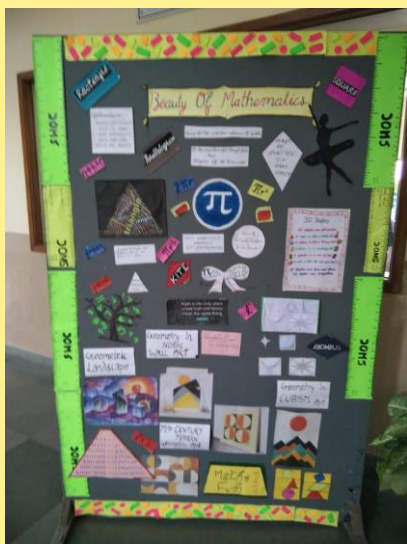
We, at Aadharshila Vidyapeeth keep our children engaged most of the time in every scholastic year. The time, an Inter –House scenery making competition was conducted where in children of class III to V had to use different geometrical shapes to depict a scene. It was organized on Wednesday, 28th August 2019. The judges adjudged the best house on the basis of shapes selected, creativity, applicability, and theme used. Such opportunities help students to get a hang of geometrical shapes with firsthand experience.

INTER HOUSE SOFT BOARD PREPARATION COMPETITION

IN AV

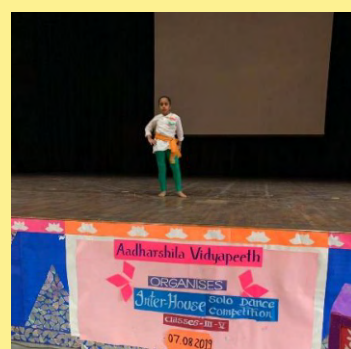
An Inter-House Soft Board Preparation Competition was organized in Aadharshila Vidyapeeth for classes VI-VIII on 27th August, 2019. All the houses were allotted different boards to showcase their skills. The children put on their thinking caps and prepared their boards with creativity and dexterity. They had to depict the four operations in Math's, different geometrical shapes and all the formulae used in algebra or trigonometry.

The children's hard work bore fruit and it was very difficult to judge the best house, the parents too admired the boards put up by different houses during PTM. Such opportunities are galore in the school. This increases the confidence and enhances their creative skills.



INTERHOUSE SOLO DANCE COMPETITION AT AADHARSHILA VIDYAPEETH

If music is the utterance of the soul, dance gives expression to our flight on the wings of rhythm and movement. Stressing on the above theme an Inter house Solo Dance competition was organized on Wednesday, 7th August 2019 for classes III-V. Children put on their dancing shoes and gave vent to graceful depiction of unstoppable talent. The stage was set on fire by different kind of dance performances like –folk, patriotic theme dance and classical dance forms. All the dances were splendid. The winners were congratulated by the principal of the school, who appreciated them all and further encouraged them to participate in more such competitions.



Day camp at AADHARSHILA VIDYAPEETH

What do young children expect from life? An angel to wave her wand and unfold a magical world before their eyes and to have magic or miracles in their life.

Aadharshila Vidyapeeth wanted to give them wings so that they could take a fantasy flight when they organized Day camp in their premises for classes P.S. -II on Saturday, 7th December 2019.

The school decked up as a bride, welcomed their young angels who came trotting along in colorful attire. They first went to their classes and then escorted by their teachers went to explore the rides and game stalls arranged for them. The Zorbing ball caught their eye, the Trampoline beckoned them and Puppeteers were keeping on standby for their small wonders. The children couldn't take their eyes off the games. They jumped and enjoyed in glee on the Trampoline and watched the puppet show.

They participated in all the activities assigned to them. They relished and savoured each and every moment of their day out.

They returned proudly narrating all they had done during the Day at school.



Report On Debate competition On the topic ‘ Fundamental Rights and Duties’

A debate Competition was conducted by the school on the topic ‘Fundamental Rights and Duties’. Two students from each section of classes IX-X participated in this competition. Views and opinions were expressed beautifully on the rights being enjoyed by Indian citizens and their duties towards the nation. Participants came up with immense confidence and courage in delivering their content. They were adjudged on the basis of content fluency and expression.

Report on E-Poster making Competition on Fundamental Rights and Duties

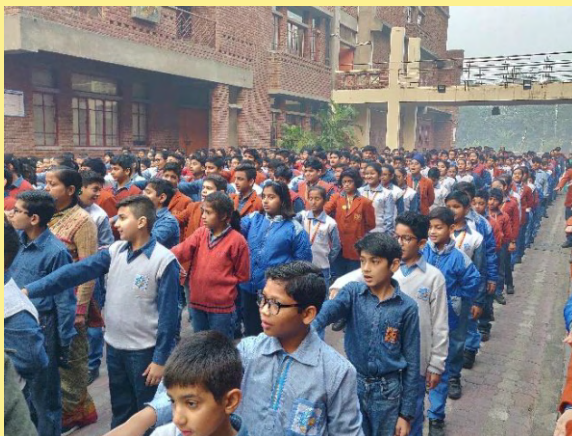
The school organized e-poster making competition on Dec 5, 2019. The topic was ‘Fundamental Rights and duties.’ The participants were students from each section of classes IX-X. Students showed their immense creativity in making various informative posters related to various Rights and Duties mentioned in Indian Constitution.



Special Assembly for Oath taking

The Constitution of India has granted us the fundamental right to vote. Often we disregard our basic voting rights. This right is of each and every member of our family who are above 18 years of age. To make the children and their family members of their crucial right. A special assembly was held in Aadharshila Vidyapeeth on Wednesday, 11th December 2019 for classes VI-XII to emphasize that students should become catalysts of change and request all at home, be it parents, uncles, aunts or grandparents to enroll themselves in the Voters' List if they haven't till now.

The children understood this concern and vowed to urge their family members to enroll and vote for the right candidate during elections. Voting is our fundamental right and we must avail it.



SPORTSMANIA FOR PARENTS AT AADHARSHILA VIDYAPEETH

Aadharshila Vidyapeeth gives equal opportunities for teachers and parents to have in have activities for physical and spiritual upliftment Fit India, Sports Meet was organized for parents in the Assembly Area of Aadharshila Vidyapeeth on Saturday, 14 December 2019.

Parents were welcomed with a 'tilak' by the teachers. The torch lighting ceremony took place with due solemnness and it marked the beginning of the Sports Day. The parents were accorded a warm welcome and the Ganesh Vandana began.

The welcome song was sung by the school choir. After that, the yoga session started. Light warm-up exercises gave way to aerobics and the parents did the exercises religiously.

They followed the instructions of the instructors to the teachers. They enjoyed the session enthusiastically.

Refreshments were served to the parents. Overall it was a novel experience for the parents. The message of keeping Fit was reiterated by the school. A thank you certificate and trophy were given to the parents as a token of love.



SPORTS DAY AT AADHARSHILA VIDYAPEETH

Games and sports acquire an enviable place in the place in the school curriculum. Its health benefits and integral benefits can't be negated. The concern was emphasized by Aadharshila Vidyapeeth when it organized Sports Day for classes P.S. to II in the third block from 9.12.2012 to 20.12.2012. The children, class wise, two at a time are given Yoga and Judo training and then they compete with each other.

The prizes, instead of three, have been increased to four (two third positions). The certificates of participation were given to all the young Judokas and Yoga enthusiasts. The class wise practice is likely to continue till 20th December 2019.

Such feats achieved by the tiny tots pave a way for a healthy and fit India.



The Importance Of 'Maitri Hindi Bhasha Diwas'

The mere mention of a 'Namaste' or 'Kaise Ho'? is enough for us as Indians. It touches a chord in everyone's heart. We are connected with one another as an Indian fabric has woven us together in this great subcontinent. Aadharshila Vidyapeeth celebrated Maitri Hindi Bhasha Diwas on Thursday 20th February 2020 for classes VI to VIII. Hindi has its own essence and flavor of the country. Indianness is the flavour that fills us upto the brim when we hear Hindi language. The children of the above mentioned classes were called for a brief special assembly where in the Preamble was read out by the teacher in-charge and repeated in unison by the students of classes 6th and 7th. Pics and Videography was done and uploaded on the website.

The second activity involved class 8 students wherein they participated in 'Nibandh Lekhan' on 'Bhartiya Samvidhan'. Children brushed up their writing skills and wrote an essay on the history and importance of the Indian Constitution as drafted by Sri Bhim Rao Ambedkar. It was a true tribute to the chairman of the drafting committee Dr. Ambedkar, for he gave a ray of hope to the underprivileged and poor sections of the society.



Mock Drill at Aadharshila Vidyapeeth

Emergency never come warranted hence we should be alert and equipped to deal with them .In order to prep up the children of the school for such an insurgency Aadharshila Vidyapeeth organised a Mock Drill on 19 February 2020 , Wednesday for all classes from II nd to class X th in the school playground. All the classes at the sound of the hooter, rushed downstairs from their classes and assembled in the playground.

Their teachers and PTI's helped arrange them at the demarcated places and the children's stood in lines quietly .The head count was done by their teachers and the importance of being the 'eyes and ears' of the school was reiterated by the principal and Vice Principal of the school. During such mock drills, children are alert and register that they have to be cautious and alert every day at all times. They also enjoyed the feeling of responsibility that teachers asked them to don all the time that they're present in the school.



COUNSELLING SESSION FOR ADOLESCENT GIRLS REGARDING HEALTH RELATED PROBLEMS

Adolescence is a transitional phase between adulthood and childhood. He/She is very confused and express irrational behavior. Aadharshila Vidyapeeth understood this concern very well and hence, a counselling session was organized for Adolescent Girls regarding Health Related Problems of classes VI-VIII on Wednesday, 16 October 2019 in the school auditorium.

The spokespersons instructed the girls to eat wholesome meals and beat all types of cramps and stress during menstruation and the need to maintain personal hygiene all the time.

The students interacted with the spokesperson. Children enjoyed the question/answer round the most. All their queries and health related problems were given a hearing and solutions were suggested for the same.

It was an informative and highly motivating session.



Live campaign on Dengue Prevention

Mr. Arvind Kejriwal, the Chief Minister of Delhi has started a live campaign on Dengue from Delhi. Children of classes VI – VIII were assembled in the school auditorium for a live lecture on 1st October 2019.

The Chief Minister has popularly advertised '10 baje, 10 hafte, 10 minute' meaning that for ten weeks, if we check our plants and pans just to ensure that there is no water standing in them at ten o'clock every Sunday then "dengue" would be defeated as the dengue carrier mosquito flourishes in fresh water. The children sat and listened attentively to each and every word spoken by Mr. Arvind Kejriwal and understood the concern very well.

The children of the middle school classes were happy at listening to the C.M as they planned to share all the vital information with parents & friends back home.



'Biding Adieu' to twelfth At Aadharshila Vidyapeeth

Saying Goodbye! Is really difficult. Like a mother's presence in the world is indispensable, similarly her child's weaning away from her is equally and necessarily important. It was time for the Alma Mater to wish good luck and farewell to the senior most class = the Twelfth.

Aadharshila Vidyapeeth hosted the farewell ceremony in the auditorium on Saturday, 19th October 2019 for class XII. The students came in formals & welcomed by their teachers. The 'tilak' was applied as they reached the auditorium.

The programme started with the lightening of the ceremonial lamp. After which principal sir was called on the stage for sharing his pearls of wisdom. The programme was a kaleidoscopic view of the different folk dances and modern styles of dances. Bollywood song & dance sequences were a hit with the 12th. Games, fun times and selfie box again were liked by all the children. The vote of thanks was proposed by the Head Boy and Head Girl.

The programme concluded with a hearty lunch. The cherry on the cake were the gifts distributed as the children departed.

Felicitation Ceremony At Aadharshila Vidyapeeth

The sun came out as if to welcome the achievers of Aadharshila Vidyapeeth just to bless them at the felicitation ceremony organized at the school for classes III to XII on Saturday ie-19th October 2019 in the Assembly Grounds .Parents and Children were traditionally welcomed with a tilak ceremony .After all, for both it was a proud moment.

The event commenced with Ganesha Vandana as we had to seek his blessings, what an ambience it lent to the gathering was magical The welcome song was rendered by the nightingales of Aadharshila .It was followed by a patriotic song and dance .The eagerly awaiting Achievers gave a sigh of relief as relief as Principal Sir and Vice Principal ascended the stage for distributing the prizes. The scholastically inclined geniuses and sports men and sport women in the making came broadly smiling with their parents to receive their prizes. It surely made their day special.

The proud parents and blessed children went home happily

This day will surely go down the Lancerian History for aeons to come.

‘Nukkad Natak’ In ‘Pooshan Maah’ At Aadharshila Vidyapeeth

A special assembly was organised during the ‘Pooshan Maah’ on Thursday ,24th October 2019 for classes III to V. During the assembly,a ‘Nukkad Natak’ was presented by the students wherein proper exercises ,healthy lifestyle and calm mind was suggested by the students.

The Students acting prowess was at its best.

Such moments should be cherished for a long time and especially during the festive season.

Workshop On Capacity Building At Aadharshila Vidyapeeth

The School has always vouched for the right causes. And if it is related to students, then perforce we need to implement it. The capacity building programme was presided over by the principal and vice principal .The sports person reiterated the need for giving our best for any test -the workshop was meant for classes IX to XII and it was held in the Assembly Ground from 11 a.m. to 12:00 p.m. and for classes VI to VIII and for classes IX to XII from 12 p.m. onwards till one. The spokes-person emphasized on the need for proper weight management and eating light. He stressed on the need for not taking stress while eating food nor worrying over studies. He suggested that children should enjoy each and every second of their life .He also told students that each one of them is beautiful and that they should just be in competition with themselves, and no one else.



A Report on Teacher's Day Celebration (Sept 4, 2019)

Teacher's Day was celebrated in the school on Sept 4, 2019 with great pomp and show. A great function was organized in the school for obliging the teachers on their big day. Students participated in different items like skits, dance etc. Teachers were entertained a lot by the humble efforts of the students. Various games were played and some of the teachers were also conferred with various titles as a token of love and respect by the students. The entire school was filled with the atmosphere of great fervor and zeal.







A Workshop held in Aadharshila Vidyapeeth on Road Safety Week

Children sometimes forget that it is their Life and they are often careless while commuting on roads. The Road Safety Week was observed in Aadharshila Vidyapeeth from 2nd September to 6th September 2019. In order to reiterate on Road Safety Tips and to inculcate the habit of being cautious and smart on the road, a workshop on Road Safety was observed on Wednesday 4th September 2019 for classes Pre-School-XII.

To make students aware placards were shown, each placard displayed one traffic symbol like Go slow, Zebra crossing, U-turns, No parking, Traffic lights etc.

Inter House Solo Singing Competition at Aadharshila Vidyapeeth

Singing is the utterance of the soul .An Inter-house solo singing competition was organized on Friday, 27th September 2019 for classes III to V. The class wise themes given to the children were emotional (class III), Devotional (class IV) and Patriotic (class V).The passionate singers were perfect in their renditions and sang like nightingales. The participants sang beautifully and displayed their vocabulary skills. The mellifluous songs pulled the chords of everyone's heart.

These competitions enable the children to compete in the true spirit and prove their mettle every time.



Inter-school Volleyball Tournament at Aadharshila Vidyapeeth

Sports has been hallmark in Aadharshila Vidyapeeth. In keeping with Prime Minister Modi's concern about Fit India, Healthy India, Aadharshila Vidyapeeth organized the Inter-School Volleyball Tournament 2019-2020 for 2 days- 21st September and 23rd September 2019. Many schools all across Delhi came for the Volleyball on Saturday, 21st September, 2019 and Monday, 23rd September 2019. The volleyball matches were played for both categories Sub Junior boys, Junior Boys, Sub Junior Girls and Junior Girls. After a short programme the Chief Guests were welcomed with gifts and saplings. The semifinal matches were played on 21st September and the final matches were played on 23rd September 2019. The winning teams were given gold, silver and bronze medallions and individual trophies by the Director of Sports.

The players proudly displayed their hard-earned goodies and went homewards happy and satisfied.



Inter-school competition at Aadharshila Vidyapeeth

Aadharshila Vidyapeeth has been fore runner not just in academics but also in sports events .Inter-School Yoga competition and Inter -school Volleyball matches in the junior (under 17) and Sub Junior categories were held on Saturday.ie- 21 September 2019 ,in the school premises .The whole school was abuzz with activity as 50 premier schools of Delhi had participated in both the events .

The school auditorium was the venue where the chief guests, who were mostly sports personalities and judges, were given floral accord and duly welcomed. The programme started with beautiful welcome song .It was followed by Ganesh Vandana .The traditional lamp was lighted by the Chief Guest as a mark of true sportsmanship and good will .There was a dance performance by the primary and middle school students. The dancers strutted on stage and awestruck everybody present there. The players and Yoga enthusiasts moved to their respective venues for their competitions.

In the meantime the programme started on the stage in the Assembly ground .The Chief Guest were welcomed and gifted saplings .The participants eagerly awaited the results and amid excited cries and euphoria , the winners were given medals .The trophies were awarded to the schools bagging the first three positions .



Inter-school Judo Tournament at Aadharshila Vidyapeeth

Aadharshila Vidyapeeth has always promoted the right causes. Sports and games has always been a priority in the precincts of the school. Following the same trend Aadharshila Vidyapeeth hosted the Inter-School Judo Tournament on Saturday, 28th September 2017 wherein a number of prestigious schools participated enthusiastically. Prior to the event, the different weight categories were decided by the coaches of Aadharshila Vidyapeeth, on Friday, 27th September 2019.

On the day of event, the programme started with the welcome of the chief guests by the Principal and Vice Principal. Saplings and gifts were as a mark of respect and love. Then, the children presented a welcome song. After that, Ganesh Vandana and a dance were presented. The tournament declared open and the competitors started. Each Judoka was pitched against the other under different weight categories for classes III-V (20.1-45 Kg) for classes V-VII (25.1-50 Kg) for classes VII-IX (25.1-50 Kg). There were around __ schools in all. All the different Judo mentors were given different venues and for all different categories the competition started simultaneously.

The enthusiasm and euphoria of the children couldn't be contained as they awaited the final results. The gold, silver and bronze medallions were awarded to winners in Ist, IInd, IIIrd categories. These days will go down Aadharshilian history for eons.



Inter-school Yoga Tournament at Aadharshila Vidyapeeth

Our school has been following Prime Minister Modi's concerns regarding 'Fit India Healthy India' and his concerns for Yoga. In keeping with the same tradition Aadharshila Vidyapeeth hosted the Inter-School Yoga Tournament on Monday, 23 September 2019, wherein ten best schools of Delhi had participated in all different categories sub Junior Boys, Sub Junior Girls, Junior Girls. The children were taken to their venue and they performed yogasanas with perfection and precision. The seventeen teams vied for the first position. In all the different categories around 48 gold medals, 48 silver, 48 bronze medals were awarded to the winners- in all 144 medallions and trophies were given by the Director of Sports.

Overall the event was a highly successful one. Such opportunities are worth cherishing too.



A Motivational Workshop at Aadharshila Vidyapeeth

“A Teacher is like a candle that consumes itself to lighten the path of others”

The Teacher's Day celebrated would have been incomplete without a motivational workshop for the Mentors, teachers themselves. A Bharam Kumar's workshop was organized in the school for uplifting the teachers morally on Wednesday, 4th September 2019. The speaker talked about the 5 different factories - the ice factory of the mind, love factory of the heart, satisfaction factory of the heart, sugar factory of the lips and smile factory of the lips. Her soft, demure self-inspired all the Aadharshilan Fraternity. She also compared Life to a pencil, write down all the golden memories to remember them throughout Life. Erase whatever wrongs have been done unto you or by you change the philosophy of life. After all, you can view Life as the half empty glass of water or a glass half-filled with water.

Her motivational words surely will be remembered by one and all present in the school auditorium



Report One Child and One Plant Campaign

In order to create the awareness and mobilize the students, teachers and other school personnel towards the environment, Aadharshila Vidyapeeth organized “**One Child and One Plant Campaign**” on August 9, 2019 in the school premises and the neighborhood areas under the vigilance of Vice-Principal and Eco Club members. A total of 81 saplings of different varieties were brought and a total number of 93 students of classes VI-XII participated in the plantation drive. Students planted the sapling and watered them followed by pasting their name slips on the plant adopted by them.

Special Assembly On Ban On Single Use Plastic

A special assembly on the ban of single use plastic that was to be banned from 1st October 2018 was held in Aadharshila Vidyapeeth on Monday, 30 September 2019 for classes VI to XII. A skit was presented on the same. The government plans to rid the environment off single use of plastic. Plastic has been the root cause of many types of Cancers and other diseases. The teacher speaker highlighted the disastrous impact of plastic and polythene bags. The motive was to keep everyone hale and hearty. Cloth bags and paper bags which are easily disposable should be used by one and all. The message was reiterated by the students and speaker. Overall, it was an educative assembly.



Special Assembly On Save Water

Water is the elixir of life .We have observed that Ground water is depleting day by day and by the year 2020 , this demon of water crisis is going to engulf the entire world.

In order to conserve water and harvest rain water ,a Special Assembly was held for VI –XII on 23rd September 2019 ,Monday Wherein the children acquainted all with the dire need of conserving water for ‘us’ and our coming generation .Proper and judicious utilization of water is necessary for all of us. Children were enlightened on the different ways of avoiding /wasting water and saving every drop of it , whenever possible.





AADHARSHILA VIDYAPEETH

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