

AADHARSHILA VIDYAPEETH

SPECTRUM THE E-MAGAZINE

PAGES OF PROMISE, STORIES OF SUCCESS

January to March - 2024-2025 **Ed. 1, Vol. 4**

EDITORIAL



Dear Distinguished Readers

Welcome to the captivating realm of 'Spectrum,' where the kaleidoscope of intellect and creativity intertwines to form a tapestry of brilliance. As we traverse the pages of the fourth edition of our school magazine, let us bask in the splendour of our collective triumphs and aspirations.

Our editorial team, akin to diligent artisans, has meticulously curated the pearls of wisdom and talent that adorn this edition, with profound gratitude for the unwavering support of our dedicated and enthusiastic Aadharshillians.

As we unveil this keepsake, we express our heartfelt appreciation to the esteemed members of our school community - from the visionary management to the dedicated educators and spirited students - for their invaluable contributions in shaping the dreams of our future leaders. True greatness, as they say, is not just in one's own capabilities but in recognizing and nurturing the talents of others, a sentiment deeply cherished at Aadharshila Vidyapeeth.

May this edition enthrall your senses, ignite your imagination, and inspire you to partake in the collective odyssey towards holistic development. The editorial team extends its warmest wishes for your enjoyment and discerning appraisal as you delve into the opulent mosaic of 'Spectrum.'

Editorial Team

FROM THE DESK OF HOS





"Learning gives creativity, creativity leads to thinking, thinking provides knowledge, and knowledge makes you great."

Dr APJ Abdul Kalam

As the HOS of the School, I consider myself fortunate to be a part of an educational institution where every contributor is a learner and every day is an opportunity to discover, create and innovate. We look at ourselves as a coterie of learners, where everyone learns including our staff, students and parents.

Being committed to growth and seeing how it makes the world better is one of the greatest joys in life. The publication of the digital edition of our School Magazine is to celebrate the manoeuvre that has been made by the students and staff of Aadharshila Vidyapeeth in the past three months.

It was a year of achievements and victories, of facing new challenges and reaching greater heights. Our curriculum and practices are continually gauged to corroborate the most updated and best practices which address the future needs of our students. It is our responsibility to pass on the legacy of education to our future generations where it sets children to grow personally, professionally and socially. It can awaken joy, curiosity a deep desire to solve problems and to be self-responsible individuals. We, at Aadharshila Vidyapeeth believe in inspiring and paving the way for our students to develop their inbred qualities as academic succeeders, liberal thinkers and potent communicators making them independent global citizens.

I compliment and appreciate the "Editorial Team" for a wonderful portrayal of their creative acuity in providing us a sneak peek into the multi-faceted activities of the quarter gone by. With the exemplar of dynamic education, let's take the crescent of history in our hands and build a better and safer tomorrow in newfangled ways.

Happy Reading!

Dr Priti Saxena

HOS



"Pariksha Pe Charcha"

Aadharshila Vidyapeeth rocked the live telecast of "Pariksha Pe Charcha" on 29.01.2024 with enthusiasm. A big shoutout to our amazing teachers and students for turning it into an unforgettable experience.

Let's fuel the flames of inspiration!













BOARD EXAMINATION - 2023-24

"Believe in yourself, take on your challenges, dig deep within yourself to conquer fears. Never let anyone bring you down. You got to keep going."

As the dawn of CBSE Board 2023-2024 approaches, a symphony of expectations and trepidation fills the hearts of young scholars across the nation. The air is thick with anticipation, as students navigate the labyrinthine corridors of academia, striving to unlock the secrets of success in the impending examinations.

The fear of children during this crucible of assessment is palpable, like a tempestuous storm threatening to engulf their fragile spirits. The weight of expectations, the specter of failure, and the relentless march of time cast long shadows over their tender souls, leaving them trembling in the face of uncertainty.

Yet, amidst this maelstrom of emotions, a beacon of hope shines bright – the power of resilience, determination, and unwavering faith in one's abilities. To overcome the paralyzing fear that grips their hearts, students must embrace a mindset of positivity, preparation, and perseverance. By cultivating a sense of calm amidst chaos, by honing their skills with diligence and dedication, and by seeking support and guidance from mentors and peers, they can navigate the turbulent waters of examination with grace and fortitude.

As the CBSE Board 2023-2024 beckons with its formidable challenges and boundless opportunities, let us embolden our young minds to rise above their fears, to soar to new heights of achievement, and to emerge victorious in the grand tapestry of academic pursuits. Let us stand united in our quest for knowledge, wisdom, and excellence, and let us forge a path of brilliance that illuminates the world with the radiance of our collective potential.



Bidding Adieu!

On the outstanding scene of changing tracks, where visions incite and ambitions flourish, I feel humbled and honoured, being head boy of the School for the session 2023-24. Grateful to the divine, I had embraced this responsibility with unwavering determination. Our school is an album of unique stories, with honourable. Members of Management, HOS and teachers as sincere influencers. They've nurtured our minds, sparked curiosity, and shaped our character, building a foundation that allows us to surge in the infinite skies of expertise.

As I get to another stage of my life, I'm driven by a shared vision: one of integrity, unity, and resilience. Though challenges may deter our progress, we'll rise, fuelled by passion and unwavering belief. We'll face storms with courage, embracing all lessons and emerging stronger. Together, we'll forge a legacy of Aadharshila Vidyapeeth, it's vision and mission. We were empowered to be a winner and will beat our limitations and strive for greatness.

I express my deepest gratitude to all those who have motivated us for excellence and catered to me, with all the havens and made my dreams soar. I vow to uphold unwavering dedication, leading with empathy and understanding, within our united collective. Precious memories of classes, playground, functions, competitions and in the end the grand farewell will be relished by us.

Thank you, and may our time spent at Aadharshila Vidyapeeth be marked by remarkable achievements, unyielding growth, and cherished memories.



Manas Verma Head Boy



"A REFLECTION OF AN URGE TOWARDS EXCELLENCE"

Rejoicing the reminiscences of my learning phase, I find myself engrossed in a sense of gratitude for the elevating experience, resilience and achievements within these walls – more than just a school, it's been a second home. The educators, akin to light houses, guided us through the storm of COVID, turning the challenges into openings for progress. The robust support system created by the Worthy administration and management and Head of the School and my mentors-the teachers, played a fundamental role in our journey.

Being bestowed with the honour of representing this esteemed institution as the Head Girl is beyond words. The trust and opportunities given by the school are invaluable. As the Head Girl, I am committed to contributing my best to bring laurels to Aadharshila Vidyapeeth. I'm recapped that realizing brilliance is the thread that weaves both individuals and fields into something astonishing, "Small steps lead to big leaps in the future, executively turning into milestone of SUCCESS". Let this be our joint chanting as we continue to strive towards our target each day.

Let the legacy of Aadharshila Vidyapeeth be a testimony to resilience, determination and the quest for excellence. Let's come together and ascend to new heights and celebrate the success that follows dedicated efforts.



Aanya Gupta Head Girl

CULTURAL ACHIEVEMENTS



Setting Sail on a Cultural Adventure

Just like a beautiful sunrise heralds the start of a new day, our e-magazine invites you to embark on an adventure filled with discovery and inspiration.

Imagine walking through our school halls, filled with the sounds of laughter and chatter as students from all walks of life come together to celebrate their unique talents and traditions. Here, at the heart of our school, cultural expression flourishes, painting a picture of diversity and creativity.

As you flip through the pages of our e-magazine, get ready to be amazed by the incredible talents of our students. From graceful dances to soulful music, from captivating artworks to compelling stories – each contribution showcases the amazing abilities of our school community.

But beyond the glitz and glamour of our cultural events lies a deeper message – one of unity and acceptance. Through our cultural achievements, we celebrate not only our differences but also the bonds that bring us together as one family.

So, join us as we set sail on this cultural adventure. Let's explore, learn, and celebrate the rich tapestry of cultures that make Aadharshila Vidyapeeth truly special.

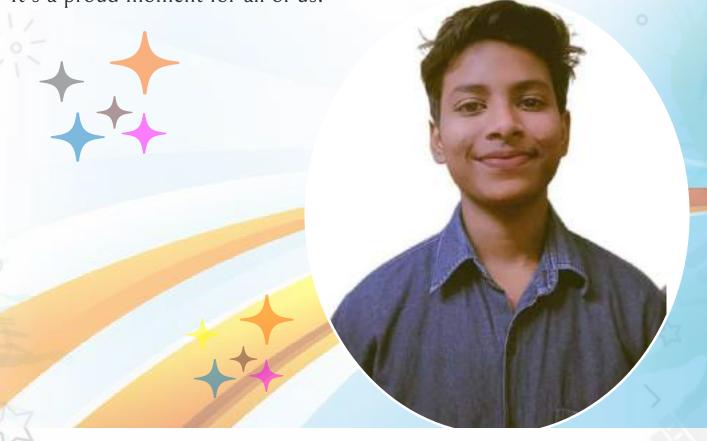
Welcome aboard, and get ready for an unforgettable journey!

ACHIEVEMENTS



SHINING STAR OF SUCCESS

Another Aadharshilian has climbed the stairs of success, who successfully entered the second round of **Aryabhata Ganit**Challenge 2023. Utkarsh of class IX-D has come out with flying colours in the first attempt of the challenge The main aim of competition was to test the problem solving skills, logical reasoning, analytical thinking, precision and accuracy. It was a national level competition related to Mathematics conducted by CBSE. It's a proud moment for all of us.





ACHIEVEMENTS



Touching the skies

Aadharshilians have imbibed captivating instincts in all fields.

A proud moment as Nitya Bharadwaj of class XII-D has won award and accolades for her excellent performance in 'Indian Tourism and Heritage Quiz' organized by Ministry of Tourism, Govt. of India. She was facilated at Bharat Parv Event on 27th January 2024 at Red Fort, from the Director General of Tourism, Ms. Manisha Saxena.





SPORTS ACHIEVEMENTS

'Sweat is saline, but success is sweet'.

Victories are not achieved in one day, it requires lots of zeal, courage, patience, practice and resilience to become a champion. Continuous hard work, practice, sweating in sun and lots of patience has many a times helped students to be the best at zonal, regional and national level.

Sports competitions and activities teach the essence of optimistic efforts and struggling for success without any hesitation. Sportsmanship among the scholars prepare them for the struggle in life ahead. Sports, games and physical fitness occupy a place of importance at Aadharshila Vidyapeeth.

Sports is a way of life as it builds good habits, confidence, and discipline. It turns players into community leaders and teach them how to strive for a goal, handle mistakes, solve their problems, take initiative and cherish growth opportunities. Our students excelled in various sports at interschool, zonal, national level. Be it Judo, Cricket, Skating, Football, Swimming, Table Tennis, Basketball, Volleyball, Yoga or Badminton, Session 2023-24 was a session of great achievement, where enthused Aadharshillians kept on hoisting flag of victory at various tournaments. The saga of victory voyage is not only interesting but also fills everyone with pride. Salute to sincere sports players and their coaches and mentors!



Kabir Dhingra's stellar performance in the Delhi Olympics, where he clinched the prestigious 3rd place, has illuminated the halls of Aadharshila Vidyapeeth with unparalleled pride and joy!

Congratulations, Kabir, for showcasing exceptional talent and sportsmanship.

Here's to many more triumphs and milestones ahead!











We're excited to share that our talented students

Akshat Bisht - XII B and Bhoorv - XII C, represented

Aadharshila Vidyapeeth

at the Volleyball National School Games U-19!







Exciting News!

Kabir Dhingra from Class X-C has secured 3rd place at the Delhi State Team Championship organized by the Delhi Table Tennis Association!

Date: 10/02/2024 Venue: Bosco Public School, Paschim Vihar.

Let's applaud Kabir's remarkable achievement! #TableTennisChampion









Congratulations to

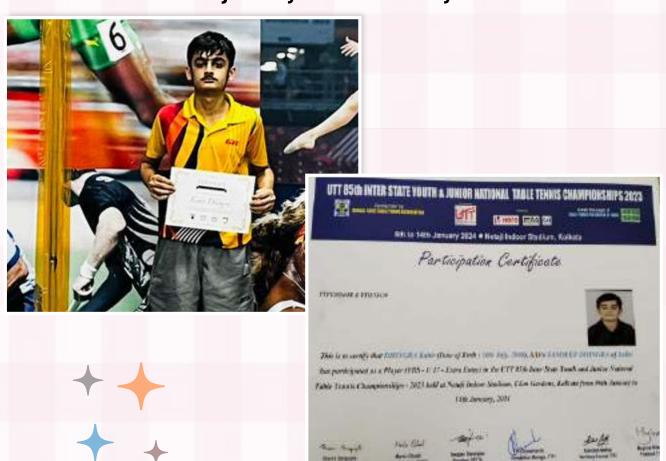
Kabir Dhingra for securing a spot in the Top 8 at the prestigious Indore School National event!







Kabir Dhingra showcased his spirit in Table Tennis at the Kolkata National Championship from Jan 9th-14th, 2024 Though victory was elusive, his passion and sportsmanship shone brightly. Let's celebrate Kabir's journey and the beauty of his commitment!







"Jhanvi Mongia: 'Securing 2nd place in Delhi State Yog Championship is a testament to our dedication and hard work Now, she is going to represent Delhi at the National Championship in Chhattisgarh!"

"Ansh Jain and Lavanya Singh: 'Our selection in the National Trial for the Universal Yoga Sport Championship is a proud moment for us. We're ready to showcase our skills at the National level! National achievement Yoga champions







PATRIOTIC FERVOUR



Prathna Sabha

Aadharshila Vidyapeeth students participated in the soul-stirring Prathna Sabha on 30.01.2024, held at the historic Gandhi Smriti.

All the students and teachers united in a solemn gesture, coming together to pay homage to the 'Father of the Nation' Mahatma Gandhi during the 76th Anniversary of his Martyrdom at Gandhi Smriti and Darshan Samiti. Adding a layer of pride to the occasion, our students were graced with the incredible opportunity to interact with our Honourable Prime Minister.

An exciting moment unfolded as our students also interacted with the Vice Chairman of Gandhi Smriti, Mr. Vijay Goel ji.









PATRIOTIC FERVOUR



A Resplendent Republic Day at Aadharshila Vidyapeeth

Amidst fluttering flags, in rhythm with the National Anthem; We present ode to Indian Republic! The Republic Day celebration at Aadharshila Vidyapeeth on 24 January 2024, was a vibrant event filled with patriotic fervor. Celebrating our beloved nation's 75th Republic Day, students from different wings of the school came together and through their soulful performances commemorated the historic event of Shri Ram Lalla's consecration too. The school echoed with nationalistic songs, and the atmosphere was charged with a sense of unity and pride.

Commenced with the unfurling of the national flag, the Republic Day celebration also included a spirited march past by students and school's parade band. Talented dancers invoked the spirit of nationalism with their cheerful dance performance. A breathtaking spectacle of yoga, too reflected the spirit of the occasion. Showcasing discipline and teamwork, school choir presented a mesmerizing patriotic song. Event culminated with a vibrant ensemble showcasing the diverse cultural and regional dances of India.

Chief Guest Dr. Mrs. Balesh Kumari Vijayrun, DDE, Zone North West-B-I and Sh. Anil Kumar Sharma ji, DDE Zone XI and members of the school management graced the occasion. In her valuable words, Dr. Balesh Kumari ji applauded the expertise and insights displayed by the school management, HOS, teachers and students. The entire school community actively engaged in honouring the values that define our nation and reached a significant milestone in imparting the #sdg4 #Quality Education.



REPUBLIC DAY









REPUBLIC DAY











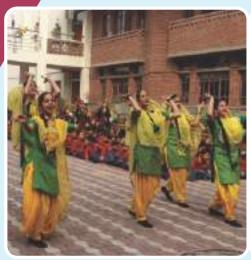






REPUBLIC DAY

















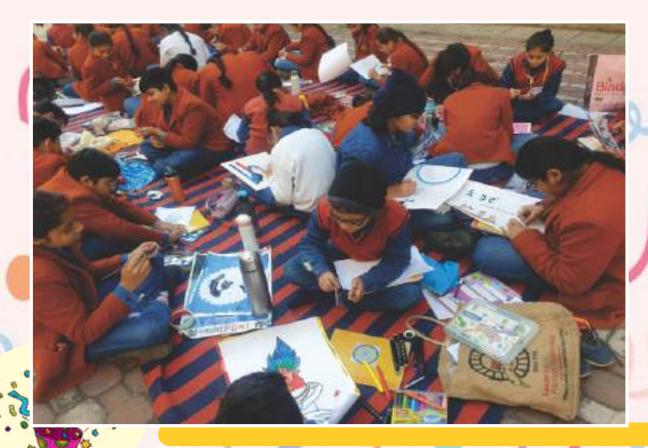


Beyond the Classroom

Experience a journey of growth and empowerment at Aadharshila Vidyapeeth's weeklong celebrations.

We believe in nurturing teamwork, fostering responsibility, and cultivating resilience through our diverse range of activities. From academic pursuits to extracurricular adventures, every moment is an opportunity to learn, grow, and excel.

Join us as we elevate learning beyond the confines of the classroom and reach new heights of achievement together.





ART WEEK - 'ARTOHOLICS'

In the realm of creativity and imagination, colours danced and shapes came alive during **ART WEEK - 'ARTOHOLICS'** at **Aadharshila Vidyapeeth** for classes VI-VIII from 5.02.2024 to 7.02.2024. It was a mesmerizing ode to the beauty and power of artistic expression.

From the delicate intricacies of a book mark to the vibrant hues of pot decoration, from the elegant designs of a pen stand to the bold strokes of an art attack painting, from sculptures to statues, every competition was a testament to the boundless potential that lies within each student.

Each creation was a masterpiece in its own right, a reflection of the passion and dedication that fuelled the artistic spirit of these young.

The Art Week- was not just an event, but a journey of self-discovery and expression, and a power of art in shaping hearts and minds.



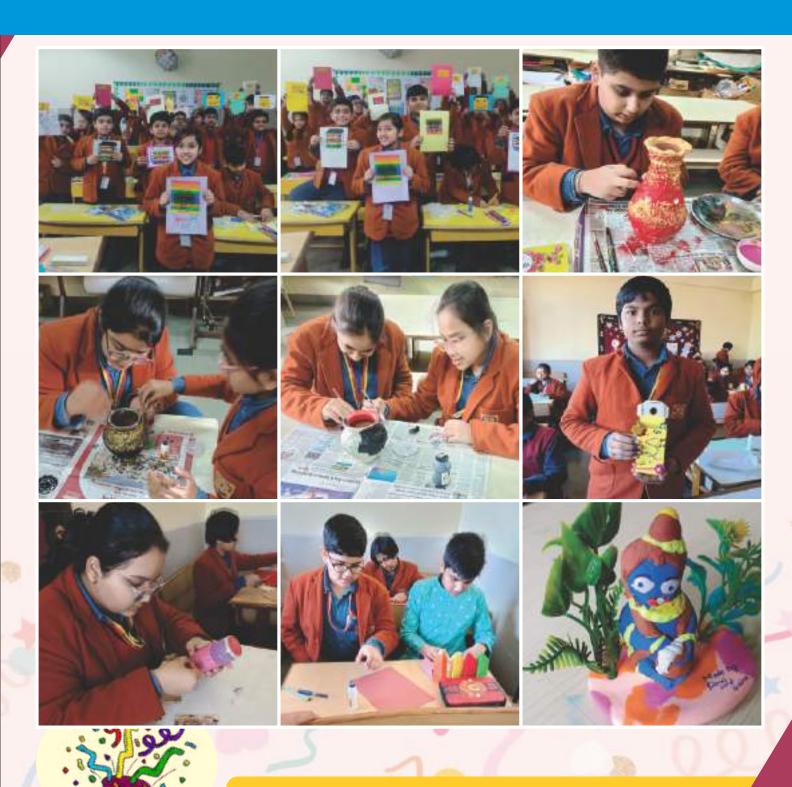








ART WEEK - 'ARTOHOLICS'





संस्कृत सप्ताह

आधारशिला विद्यापीठ द्वारा दिनांक 05.02.2024-10.02.2024 तक कक्षा vi-viii तक के छात्रों द्वारा संस्कृत सप्ताह मनाया गया। इसमें हुई गतिविधियों में छात्रों ने पूरे उत्साह व जोश के साथ हिस्सा लिया। इसमें छात्रों द्वारा जन्मदिन पर बधाई देने हेतु वधिपन पत्रं बनाया गया साथ ही अंतर्सदनीय संस्कृत कविता प्रतियोगिता का आयोजन किया गया, जिसमें छात्रों ने पूरे लयात्मकता तथा हाव-भावों सिहत कविता को प्रस्तुत किया। छात्रों ने गतिविधियों का भरपूर आनंद लिया और इन गतिविधियों के द्वारा संस्कृत भाषा में नवीन शब्दों की जानकारी प्राप्त करी।































German Week

"Knowledge of language is the doorway to wisdom". - Roger Bacon

Aadharshila Vidyapeeth had organised German week from 5.2.2024 - 9.2.2024 for Classes VI -VIII to magnify the inherent potential of each child with various activities. The students made Book Marks, spoke about German culture and tradition in the special assembly which palliate them to know more about German. To keep the spirit moving, Interhouse school competition was organised in which students showcased their oratory skills in German Language. Students take on board acquiring skills in a different language is a different vision of life.



















GREEN AMBASSADORS: CULTIVATING CHANGE WITH ECO CLUB



"SWACHH BHARAT SWASTH BHARAT"

Members of the Science and Math Club, comprising students, organized a cleanliness campaign on February 16,2024. They orchestrated a rally themed "SWACHH BHARAT SWASTH BHARAT" that traversed through a local park and continued within the school grounds. The rally and all associated activities were executed with remarkable vigor and enthusiasm by the students.





GREEN AMBASSADORS: CULTIVATING CHANGE WITH ECO CLUB









GREEN AMBASSADORS: CULTIVATING CHANGE WITH ECO CLUB



POSTER MAKING ON WORLD WATER DAY













WATER CONSERVATION (RAIN WATER HARVESTING)





GREEN AMBASSADORS: CULTIVATING CHANGE WITH ECO CLUB



E-WASTE AWARENESS

'To nurture environmental stewardship, it's crucial to enlighten our youth; they are the inheritors and the force for change.'

On January 23, 2024, for students in grades VI-VIII, the school organized an initiative to instill a sense of duty and awareness in conserving natural resources. During this event, science educators led a workshop on electronic waste management, inspiring students to integrate the three R's—reduce, reuse, recycle—both at school and in their homes. They were also encouraged to craft various items from discarded materials. Furthermore, the students conducted a survey to assess the generation of electronic waste within the school and their households. The students' participation in these activities was marked by great zeal and engagement.



GREEN AMBASSADORS: CULTIVATING CHANGE WITH ECO CLUB



BEST OUT OF WASTE





GREEN AMBASSADORS: CULTIVATING CHANGE WITH ECO CLUB



BEST OUT OF WASTE



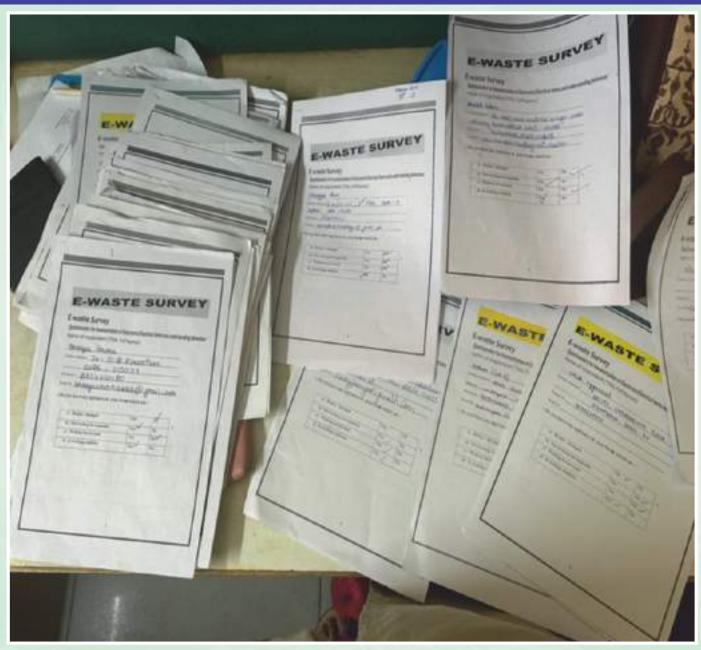








E-Waste Survey







E-Waste Survey







TREE WATCH CAMPAIGN

'Trees and wetlands are the lungs of our earth, let's preserve them.'

Pupils from the sixth to the eighth grade, belonging to the science and math club at our institution, recently took in part a thrilling set of endeavors. They embarked on an excursion to a park where they participated in a 'tree watch' initiative, meticulously observing a variety of natural specimens including insects, avian life, foliage, roots, and blooms. In a separate initiative, learners from the seventh grade commemorated World Wetland Day on February 2,2024 by crafting informative displays. These ventures, brimming with vigor and enthusiasm, elicited a strong participative spirit from the students. They not only cultivated a sense of stewardship among the young learners but also promoted broader environmental consciousness.





Neighbourhood Tree Watch Campaign:







"For pollution, Revolution is the solution"

Classes VI to VIII of our school have actively participated in a series of educational and awareness activities centered around the theme of pollution. These activities aimed to enlighten students about the various types of pollution and inspire them to take action in their daily lives to mitigate its effects.

Essay Writing Activity:

Students from each class were engaged in an essay writing competition. The topic was Various Types of Pollution and Their Impact on Daily Life and Health. "The young writers showcased their understanding of pollution,





discussing air, water, soil, and noise pollution. They reflected on causes, such as vehicle emissions, industrial waste, and excessive use of plastics, and consequences including respiratory diseases, waterborne illnesses, and loss of biodiversity. Many essays emphasized the need for sustainable practices and suggested actionable solutions like tree plantation, waste segregation, and reduced use of fossil fuels.

Leaflet on Noise Pollution:

In a creative session, students designed informative leaflets on noise pollution. The leaflets highlighted sources of noise pollution such as traffic, construction, and loudspeakers. They also detailed the adverse effects on human health including hearing impairment, stress, and sleep disturbances. Tips for reducing noise pollution, like using noise-canceling headphones, implementing 'silent zones' near hospitals and schools, and promoting the use of sound proof materials in construction, were also provided.

Nukkad Natak on Noise Pollution:

To attract public attention to the issue of noise pollution, students of class VIII performed a 'Nukkad Natak' (street play) in the school premises. The play depicted common scenarios contributing to noise pollution and its impact on various segments of society. The performance was powerful, with a clear





message to reduce noise for a healthier environment. It concluded with a call to action, urging the audience to be mindful of their sound-footprint.

The collective effort of classes VI to VIII to address pollution has been commendable. These activities not only enhanced their understanding but also equipped them with the tools to educate others. The school community has taken a significant step towards a greener, healthier future through these initiatives.

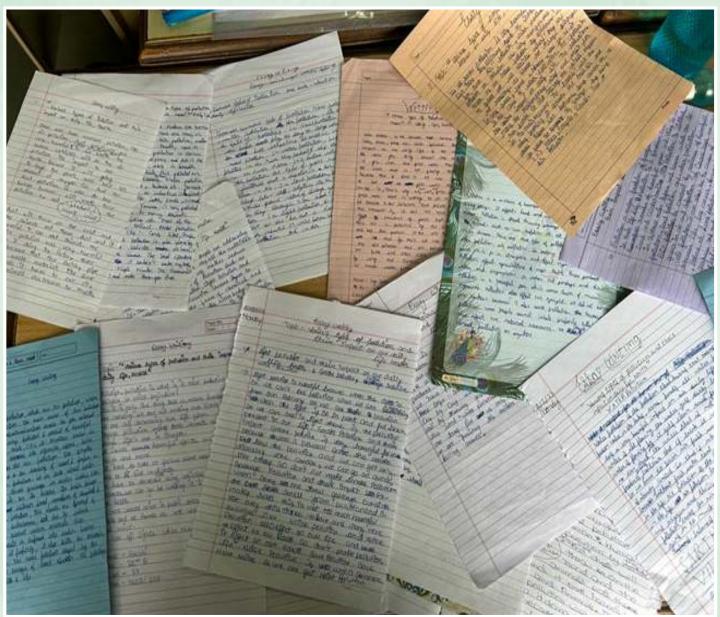






Glimpses

Pollution and its impact on daily life







Leaflet on Noise Pollution







Nukkad Natak on 'Noise Pollution'









Date 09-02-2024

Fanathan

Class VI-VIII

Aadharshila Vidyapeeth's Sports Meet, FANATHAN, illuminated the school. Students from classes VI to VIII showcased their skills in volleyball and basketball, earning cheers and applause from the crowd.

Amidst intense matches and thrilling plays, bonds were forged, and friendships strengthened. As the sun set, memories of epic wins and newfound camaraderie filled the air, inspiring everyone to strive for excellence.

















Date 22-02-2024

Fanathan

Class Pre-Primary

"To uncover your true potential you must first find your own limits and then you have to have the courage to blow them past."

On 22nd of February 2024, Aadharshila Vidyapeeth hosted the much awaited Sports Meet for the students of Pre- Primary with great ardour and zeal. The event was celebrated with an electrifying atmosphere and great enthusiasm as students showcased their talent, dedication and unparallel sportsmanship. Throughout the event, students participated in diverse range of sports activities such as March Past, Yoga, Aerobics, Judo, etc. Each class presented different kind of races like peg the shirt, find the key, burst the balloons, balance and hop, etc.

The surprise event comprised of a pleasant game of 'Tug of War' among the parents which was a cherry on the cake moment for the Annual Sports Meet.

At last, our Chief Guest, Mr. Puneet Sharma, our Director Ma'am and HOS Ma'am appreciated and awarded the winners with medals for their outstanding performances in sports. Indeed, it was a day filled with fervour amidst thrills, shrills, and cheers.

















Date 23-02-2024

Fanathan

Class Pre-School

On the vibrant morning of February 23,2024. The school campus echoed with cheers and sportsmanship as Aadharshila Vidyapeeth hosted its "Annual Sports Meet" for the little champ of class Pre-School.

Witness the enthusiasm and energy as our young athletics showcased their skills in various races like bunny race, commando race, obstacle race, collect the nector etc.

The event not only celebrated athleticism but also emphasized the values of teamwork, unity and healthy competition among the students.

The school playground was filled with colours where students created a vibrant and festive atmosphere. Outstanding performers were recognised and awarded, inspiring a sense of achievement and motivation among the participants. Such events go beyond physical activities, fostering holistic development and imparting





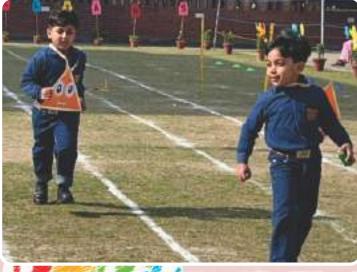


















Festivals beat at the heart of Aadharshila Vidyapeeth, infusing our students' lives with boundless joy. Engaging in these vibrant celebrations cultivates a profound sense of connection with fellow students, locally and globally. While the significance of diverse festivals may be questioned, their enriching experiences offer invaluable opportunities for personal growth and cultural appreciation.

Join us as we immerse ourselves in the Festival Frenzy at Aadharshila Vidyapeeth, where every moment is a celebration of unity, tradition, and shared experiences.





Date 14-02-2024

Basant Panchami Celebration

Class Pre-school-I

Spring is considered as the king of all seasons. Dedicated to Goddess Saraswati, Basant Panchami marks the beginning of spring season in India. To welcome the season of spring, a special assembly based on the theme of Basant Panchami was conducted. The assembly began on an auspicious note by conch blowing and Saraswati Vandana. Students told the significance of this festival and the reason behind celebrating it.

A beautiful poem on Basant Panchami was showcased by the students of Class- I. The assembly culminated successfully with the vote of thanks.













Date 14-02-2024

Basant Panchami Celebration

Class II-IX

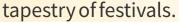
A special assembly on the occasion of Basant Panchami was conducted for the students of II-V.

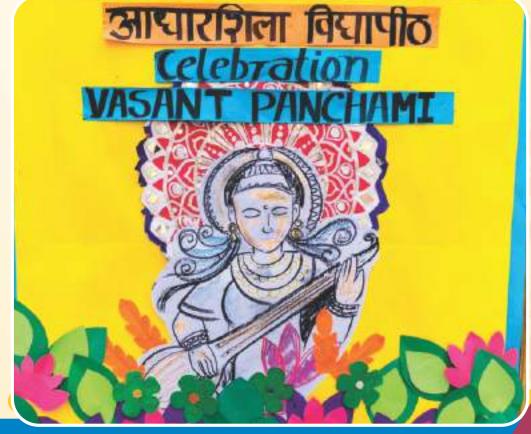
The celebration commenced with a rendition of Saraswati Vandana.

The mellifluous tunes of classical music and the rhythmic beats of the tabla echoed through the air, creating an atmosphere of reverence and devotion.

The significance of Basant Panchami was highlighted through speeches and presentations, emphasizing the cultural and historical importance of the festival.

The assembly concluded with a sense of joy and cultural pride, fostering a deeper understanding and appreciation for the traditions that enrich our diverse





















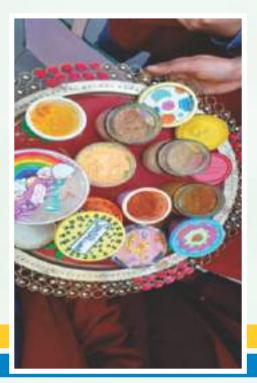


KHELO HOLI NATURALLY

'Let the true colours of Holi spread the message of peace and happiness.'

The students of Class VIII at the school spearheaded a campaign titled "Khelo Holi Naturally," which encouraged their peers to celebrate Holi using natural colours on February 23, 2024. They highlighted the harmful impacts of synthetic colorants. Additionally, an orientation session was held for the seventh graders, emphasizing the significance of conserving water on February 23, 2024.

They were escorted to the school's Rainwater harvesting facility, where the Head of School provided insights into the importance of collecting rainwater and the utilization of the accumulated water followed by poster-making to reflect the importance of water was conducted on world water day.





KHELO HOLI NATURALLY

Campaign on "Khelo Holi Naturally"





ANNUAL SCHOOL PTM



Parent-Teacher Meeting

Education is the passport to the future, for tomorrow belongs to those who prepare for it today

Aadharshila Vidyapeeth hosted its magnificent, splendid and Glorious annual **Parent-Teacher Meeting (PTM)** for the Classes **PS - IX** and **XI**.

Enlightening discussions on the scholastic achievements of the students ensued, guiding them towards the path of progression to the next academic tier.

Amidst the PTM, a splendid array of exhibitions encompassing **Math, Robotics, EVS** and **Social Science** were meticulously curated to showcase the prodigious talents and technological finesse of the students.

A crowning jewel of the event was the innovative **ORGANIC SUM** initiative, where budding entrepreneurs amongst the student body dazzled with their acumen, while advocating for wholesome multi-grain products within the school community.

The School extends its heartfelt wishes to the students as they brace themselves to conquer new academic horizons in the forthcoming year.

#AadharshilaVidyapeeth #PTM #StudentInitiatives #ScholasticExcellence #Education#Health #AcademicJourney



ANNUAL SCHOOL PTM





















TEACHERS' WORKSHOP



"Learning is not attained by chance; it must be sought for with ardour and diligence."

On 29th February 2024, Aadharshila Vidyapeeth was graced by the enlightening presence of two distinguished resource persons, Ms Shivani Gupta and Ms Sonia Reila, who led a transformative session on the CBSE Capacity Building Programme centered around the revolutionary National Education Policy (NEP) of 2020. They shared that the substantial impetus placed on vocational education or hands-on learning in the new policy will give rise to multiple hybrid jobs. They discussed the redesigned report cards which will be a "holistic, 360-degree, multidimensional report that would reflect in great detail of the progress, skills and uniqueness of each learner in the cognitive, affective and psychomotor domains.

The event was a magnificent confluence of intellect and innovation, where 46 educators of Aadharshila Vidyapeeth from various disciplines congregated to delve into the depths of educational reform. The Resource Persons, with their erudition and eloquence, illuminated the path towards a progressive educational landscape, guided by the principles of NEP 2020.

The attendees were captivated by the profound ideas and visionary strategies shared by the resource persons, paving the way for a paradigm shift in pedagogical practices.



TEACHERS' WORKSHOP











Date 18-01-2024

Exploring Seasons

Class II

"Seasons come and go, but the memories we make in them will always stay with us".

Students of class II created the magic of seasons through the competition 'Exploring Seasons' in the classroom. Children spoke beautiful lines on their favourite season using colourful props with great zeal. They all were excited to share the knowledge with the class and enhanced their oratory skills with this fun-filled activity.











Date 19-01-2024

Show & Tell (Theme - National Symbols)

Class Pre-School

National Symbols of a country represent a host of objects that paint a unique identity about the country's sensibilities.

In order to refine the oratory skills of the young learners, the school organised a competition, 'Show and Tell' (Theme- National Symbols). Children expressed their thoughts about the importance of the National Flag, National Animal, National Emblem etc. Such competition teaches our young minds to respect their National Symbols. All the students participated enthusiastically and presented themselves in the best possible ways.











Date 19-01-2024

Our Helpers

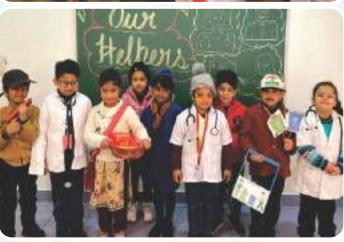
Class Pre-Primary

"Alone we can do so little, together we can do much."









Teaching young children about community helpers is a popular unit and for a good reason competition of our helper is organised for the students for class Pre-Primary. Children were dressed up as community helpers like soldier, pilot, nurse etc. They were engaged in the dramatisation. The aim is to create awareness about the role of the helper in a day-to-day life and their importance. Students participated enthusiastically and were judged on different parameters and all the children learnt many values and enjoyed a lot.



Date 19-01-2024

Snowman Making Activity

Class I

Building a snowman is such a fun part of being a kid.









To bring out creativity in our little ones, Aadharshila Vidyapeeth conducted Snowman Making Activity. They made the snowman with cotton balls, googly eyes, red ribbon etc. It helped to develop eye-hand coordination, fine motor skills, creative and aesthetic skills. The activity was organised to give a cheerful start to the winter season. The children came up with colourful snowmen.

Teachers assisted the students in the activity. The children enjoyed the funfilled activity. Students actively participated in the activity.





Date 25-01-2024

Junior Artist

Class II

'A Nation's culture resides in the hearts and in the soul of its people.'

To enlighten the children about their nation's glory, an activity 'Junior Artist' was conducted for the students. Students made beautiful drawings of national symbols of India and decorated it with cereals and pulses. This activity gave a chance to the children to showcase their artistic talent and also learnt about their national symbols.











Date 30-01-2024

Special Assembly - Martyrs' Day

Class Pre school – I

A Martyr does not die, their sacrifice live on forever.

Martyrs' Day makes youth aware of the efforts and sacrifices made by our freedom fighters.

On the death anniversary of Mahatma Gandhi i.e. 30.01.2024, a special assembly was conducted for the students of classes Pre school - I. Students were told about the importance of this day through acts performed by class I. Students sang Bhajan in remembrance of Bapu and delivered thought of the day. Students paid homage to all the greats who courageously safeguard our nation and sacrificed their lives.











Date 31-01-2024

Pink Colour Day

Class Pre school

Shades of Pink Colour Day















The good effects of pink kindles friendship, harmony and affection. The pink colour represents care, compassion and love. Pink is a sign of hope. It is a positive colour that inspires warm and comforting feelings. Children enjoyed a lot and simultaneously understood the aesthetic sense of pink colour very well.

They participated enthusiastically in all the activities of pink colour day celebration.



Date 01-02-2024

Invitation - Birthday Card

Class II

'Blow the candle and make a wish.'

Birthdays are the special days of everyone's life and it is the time to celebrate and enjoy! And to make it more exciting, we invite our friends and cut the cake. In order to learn about how to make an invitation card, our school organised a 'Invitation - Birthday Card' activity for the students of class II. Students made beautiful invitation cards with sketch pens and decorated it with the colourful materials. They excitedly done the activity and invited their friends to their birthday party. They enthusiastically participated in this activity and showcased their creative skills.











Date 06-02-2024

Tick Tock make a Clock

Class I

Even a stopped clock is right twice a day.

Knowing how to tell time is an essential skill. It can help you determine whether you are running late or you have plenty of time to spare. Being able to tell time by looking at the traditional clock is essential to understand other things like time zones. Learning how to tell time can also help kids with their motor and cognitive skills as well as mathematical skills.

Realizing the importance of the concept for Grade 1 students, the Clock Making activity was organised on 6th February 2024. During the activity, students made the 3D model of the clock using cardboard and colorful sheets. The teacher then asked them to show the given time on their clock. Students enjoyed the activity a lot, followed all the steps, and made the colourful clocks.











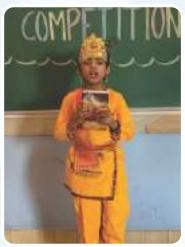
Date 08-02-2024

Shloka Vaachan

Class II

"Sanskrit, one of the oldest languages, is a treasure trove of wisdom and philosophy."

"Shloka Vaachan" competition was organized for class II on 08.02.24 where the students chanted different shlokas in Sanskrit from Bhagwat Gita such as - Yada Yada Hi Dharmasya, Karmanye Vadhikaraste, Ma Phaleshu Kadachana and many more. They also explained their meaning in Hindi and its value in our day to day life. The idea behind the competition was to instill values, ethics and morals in the young minds. This activity proved to be a learnful experience for all the children which also enhanced their knowledge about their Vedic culture and their oratory skills as well.



















Date 09-02-2024

Kahani Vaachan (Theme - Panchtantra)

Class Pre-School

At Aadharshila Vidyapeeth's preschool, the enchanting world of Panchtantra came alive through the magical voices of our little storytellers. In a mesmerizing Kahani Vachan Competition, the tiny tots wove tales of wisdom and wonder, captivating hearts with their innocent charm and expressive storytelling. With each word spoken, they transported us to a realm where animals spoke, lessons were learned, and morals shone brightly. The stage glowed with their radiant smiles, as they embraced the timeless fables of the Panchtantra with joy and enthusiasm. In this delightful competition, our preschoolers not only showcased their storytelling skills but also imbibed the values of kindness, friendship, and wisdom that are at the heart of these beloved tales. At Aadharshila Vidyapeeth, the spirit of Panchtantra thrived in the hearts of our young storytellers, making the competition a truly magical and unforgettable experience.











Date 09-02-2024

Story Narration (Theme - Panchatantra)

Class Pre-Primary

"Storytelling is the most powerful way to put ideas into the world"

Stories always give wings to our imagination and take us to places beyond the boundaries of a physical world. Keeping this in mind, story narration competition was conducted for the pre-primary students. The theme was Panchatantra stories. Students were dressed up according to their stories and used necessary props as well. The students participated with great zeal and enthusiasm.















Date 13-02-2024

Creative Hands

Class I

"Creativity is intelligence having fun."

Creative Hands Competition was organised for the little Aadharshilians. It provided lots of fun and learning for young children. In this competition, children picked up variety of leaves and pasted them on sheets to create different and unique things like trees, fishes, birds, peacock, bouquet etc. This competition helped the children to explore the texture of different types of leaves. It also helped to improve their fine motor and creativity skills.













Date 15-02-2024

Earbud Printing

Class Pre-School

At Aadharshila Vidyapeeth's preschool, the students used ear buds as a unique tool for printing. Dipping the cotton tips of the ear buds into colorful paint, they created intricate patterns and designs on paper. The tiny size of the ear buds allowed for precise and detailed artwork, sparking the children's creativity and imagination. With each gentle press of the earbuds, a masterpiece emerged, showcasing the students' artistic talents and innovative approach to learning. The classroom buzzed with excitement as the children experimented with different colors and techniques, turning simple earbuds into magical printing tools at Aadharshila Vidyapeeth.











Date 16-02-2024

Pulse Pasting

Class Pre-Primary

"Make each and every meal of your day a healthy one by including pulses in it". Pulse or dal pasting activity is an artwork for the growing and learning children. Pulse pasting activity was organised for the students of the primary. The kids took great interest in doing the activity. They pasted different coloured pulses in the picture of flowers.

They observed the colour pattern and they chose the pulses accordingly. Through the activity, they recognised and named the various pulses. The activity enhance the hand - eye coordination and cognitive skills. They enjoyed this activity a lot.











Date 15-02-2024

Fun with Newspaper

Class II

To build the grammatical efficiency of the students of class II, a 'Fun with Newspaper' activity was conducted. Students had to find the different parts of speech like Nouns, Pronouns, Adjectives and Verbs in an article of newspaper using coloured pens. Students enjoyed the activity with full enthusiasm and great zeal.

















Date 20-02-2024

Flower Bucket Making

Class I

"Spring adds new life and new beauty to all that is."

Arts and crafts help children to develop many life skills. Keeping this in mind, Flower Bucket Making Activity was conducted, where children crafted their own beautiful paper buckets, flowers and leaves. They decorated their buckets with eco-friendly decorative material. All the students showed their creativity and enjoyed the activity. It was an exciting and fun filled day through which children learnt the importance of spring season in our life.





Date 21-02-2024

Purple Colour Day

Class <u>Pre</u>-School

Purple colour stands for wealth, power and creativity. The motive of celebrating the purple day was to make the students aware of the colour, its significance and to develop the fine motor skills in the students. They also brought many purple coloured objects, toys, fruits and vegetables etc. Children enjoyed a lot and simultaneously understood the aesthetic sense of purple colour very well.

They participated enthusiastically in all the activities of purple colour day celebration.











Date 26-02-2024

Sandwich Making

Class Pre-School

Our little Aadharshilans of class Pre-School had an amazing sandwich making activity in which they were so enthusiastic and actively participated in preparing their own delicious sandwiches.

It was heartwarming to see their excitement as they spread the feelings, assembled the ingredients and proudly presented their culinary masterpieces. We believe that hands-on experiences like these help foster creativity and independence in our little ones. Kudos to all the budding chefs who showcased their skills.











Date 26-02-2024

Seasons Craft

Class Pre-Primary

"The beauty of the life lies in the little moments, enjoy each season as it comes."

Season Craft is a great way for students to demonstrate their learning about the four seasons. Keeping this in mind, seasons craft activity was conducted for the students of class Pre-Primary. They were provided with cutouts of different plants and trees etc. They arranged these cutouts according to the seasons. Through this activity students learnt and enhanced the concept of four seasons. All of them participated enthusiastically. This activity helped them to improve their fine motorskills and creativity.











Date 27-02-2024

Shloka Recitation Activity

Class T

" Sanskrit is the mother tongue of all languages "

"Shloka Recitation" activity was organized where the students chanted different shlokas in Sanskrit, explained their meaning in Hindi and its value in our day to day life. The idea behind the activity was to instill values, ethics and morals in the young souls. This activity proved to be like a chord which connects us with our Vedic culture through the vast spectrum of knowledge provided to us by great ancestors.

















Date 28-02-2024

Beat Breaker

Class II

'Dance is the joy of movement and the heart of life.'

To hone the dancing skills of the students, an Inter Class Solo Dance Competition 'Beat Breaker' was organized on 28th February 2024 for the students of class II. The vivacious dancers set the floor on fire with their electrifying performances and this was a reflection of their passion and hardwork. The choreography, rhythm, synchronization and presentation of all the students were incredible. This activity increased the self confidence in the children. All the students participated with a lot of enthusiasm and great zeal.







Date 05-03-2024

Picnic to Fun City

Class PS-PP

To ensure harmonious development of a child, Just education is not enough, Children must have Sunshine, freedom and play time.

Picnic plays a pivotal role in the personal development of students. The most awaited day of the year is the school picnic that was organised for the students of Pre- School and Pre- primary to Fun City, Vegas Mall Dwarka. The students were extremely excited and enthusiastic.

Students enjoyed snacks during the bus ride. They reached the venue and started enjoying the various activities. The most enjoyable time was in the play area with swings and slides etc. After enjoying fun packed activities, all headed for lunch, where the students relished delicious food. The group photograph time motivated students to make funny faces for the click! Indeed it was a great day for all the students.











































Date 07-03-2024

Silver Colour Day

Class Pre-School

"Silver is all about shimmer and shine"

Silver Colour is a sign of wealth and success. Silver colour day was celebrated in the school by the students of pre-school. It was a fun-filled day where all the students were having different silver colour objects to show in the class. The aim of the activity was to make the young ones identify silver colour around them. Children enjoyed a lot and simultaneously understood the aesthetic sense of silver colour.











Date 19-01-2024

Patriotic Poem Recitation Competition

Class III-V

To evoke the sense of national pride, unity and shared values among the students, Aadharshila vidyapeeth conducted a Patriotic Poem Recitation Competition for class III-V.

Students showcased their creativity, eloquence and their speaking skills.

Participants captivated the audience with richness of language, emotions; expression and their ability to convey a genuine passion for their country















Date 02-02-2024

Popsicle Art Activity -Emoji Expressions

Class IV-V

"Emojis are not only the stickers, it's an emotion"

To engage our little artists in a delightful activity of crafting an array of emojis that reflect a spectrum of emotions, Aadharshila Vidyapeeth organised a Popsicle Art Activity-Emoji Expressions. Students reflected on the expressive emojis they've captured and appreciated the uniqueness of each creation. This activity not only sparked their creativity but also allowed for exploration of emotions and personal expressions. It was a fun filled activity!!









Date 02-02-2024

Jingle all the Way

Class III-V

Beauty is the realm of the poetry. Children enjoy the beauty of expression, thoughts and feeling of words.

To exhibit the talent and confidence, Aadharshila Vidyapeeth conducted a "Jingle All the Way- Jingle Recitation Competition". The competition showcased a captivating blend of creativity and talent as participants enthusiastically presented their unique interpretations of jingles. The event was organized with the aim of fostering a sense of expression and rhythm among the participants. Overall it proved to be an inspiring and entertaining event, showcasing the diverse talents of the participants. It has not only promoted creativity but also served as a testament to the power of effective communication through jingles.







Date 09-02-2024

Cube Designing

Class III

To encourage creativity, spatial awareness and problem solving skills, the school organised a cube designing activity. This activity proved to be a fun to teach Mathematics in classrooms. Participants constructed a visually appealing cubes respecting symmetry, colour and overall aesthetics. It was an active engaging hands - on experience for our individual artists.















Date 16-02-2024

Create your own Newspaper

Class III-V

"The newspaper is a great moral teacher."

Creating a newspaper can be a valuable project for students. It enhances their writing, research, and teamwork skills.

Keeping in view, Aadharshila Vidyapeeth conducted 'Create Your Own Newspaper' activity.

This activity fosters creativity, critical thinking and communication skills. Students got knowledge of current events and journalism. It's an effective way to combine various subjects and engage students in a hands-on learning experience.

Overall, it was an engaging and fun filled activity.











Date 23-02-2024

Debate Competition

Class III-V

Aadharshila Vidyapeeth held its highly anticipated "Debate Competition" for class III-V on the topics:

III- Television - a boon or a bane

IV-Casual Clothing Vs school uniform in for school students

V- Artificial Intelligence - a boon or a bane

The competition showcased the impressive talents of our students as they engaged in thought - provoking debates. The competition aimed to foster critical thinking, speaking skills & team work.

Students participated with great competitive spirit and the event proved to be a great learning experience for our students.









The English section of our school magazine comprises the content, where words dance on the page like graceful ballerinas and stories unfold like intricate tapestries. Within these pages, you will find a treasure trove of literary gems, from poignant poems that tug at your heartstrings to thought-provoking articles that ignite your imagination.

Prepare to be whisked away on a literary journey filled with riddles that will challenge your wit, fun facts that will tickle your curiosity, and captivating stories that will transport you to far-off lands. Our talented writers have poured their hearts and souls into crafting these pieces, each word carefully chosen to create a symphony of language that will leave you spellbound.





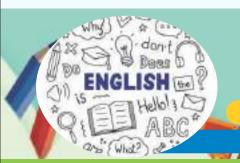
LOVELY LIMERICKS.....!

Once there was a Rat
who saw a big Cat,
it ran to save life
with all children and wife,
and hid in a big hat.

Once there was a Cat
who saw a tiny Rat,
so swift was the attack
Rat jumped on high rack,
but was eaten by cat.

We see Rat and Cat
see them stand and sat,
their having run and fun
no killing with a gun,
living life and end as death.

Kiara Aggarwal VI-A





HOMONYMANIA

Welcome to world of Homonyms!

When I post, I call it **MAIL**When it is masculine, I call it **MALE.**

When water freezes, I call it ICE
When I look, It is from EYES.

When I worship, it is to **PRAY**When animal hunt, victim is a **PREY.**

When I see time, it is from **WATCH**When I look, it is to **WATCH**.





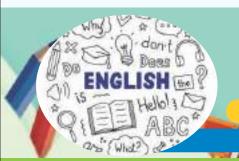




OUR ALMA MATER

It gave us so many memories, it gave us so many joys, many incidences, many stories, the part of childhood, which will be forever irreplaceable. Wish I could relive those memories, but not that capable leaving all the memories behind, is really too hard, but growing up is natural, we have to accept it fast. Will miss the buzzing campus, and the playground, Such a utopian world, can never be found.

Khushi Kaushik XII-D





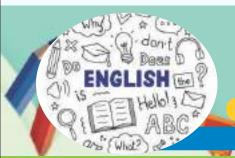
"WE ARE ON MOON"

Indian space scientists have been striving hard to touch moon and collecting all important information about moon. The mission was given a real push by starting Chandrayan mission which was successful in all stages but when all Indians were anxiously waiting for the final landing, it was found that the landing was not appropriate and so, the mission almost failed. But that disastrous incidence didn't put Indian space scientists at a hopeless condition. Rather, they came up again and started working for another mission with more updated technology and better accuracy in programming.

A great team of Scientists, Chairman of ISRO, Dr. S Somanath,

Dr. P. Veeramuthuvel, the Project Director, Smt. K. Kalpana, the Associate Project Director, Shri M Srikanth, the Mission Operations Director and 27 other deputy project directors from different ISRO Centres worked day and night to make the dream come true. Truly said by Dr. APJ Abdul Kalam, "A dream is not that you see while sleeping, it is something that does not let you sleep".

The team initiated from 2019, and all the time breathed in and breathed out Chandrayan 3 mission. Three important things which were essential part of Chandrayan3 made indigenously-the rocket through which the system was sent



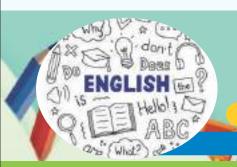




to space, the lander which was named Vikram on the name of famous scientist and astronomer, Vikram Sarabhai and a Rover which named Pragyan which means wisdom.

Thus, started the process of mechanism building and it was done with the help of various Indian organizations. On Fourteenth July 2023, again a journey of lunar mission begins. Again there was curiosity, anxiousness, nervousness, excitement and hopes of people of the most populated country.

When the date of soft landing of Chandrayan-3 was decided, the whole nation stood up. Every second seemed to be very long. There were prayers, chanting of mantras, fingers were crossed and hopes had no limit! People were spellbound in front of screens and at 6.04 P.M. The ISRO chief spoke the most lovable words of the century, "WE ARE ON MOON!" and thunderous applause would have reached the space. Everyone was celebrating this big achievement of India and our honourable Prime Minister Shri Narendra Modi, appreciated the scientist and their efforts. Thus, our lunar mission became successful and many more missions will be taken up in future and we have trust that our country will be the most advanced in scientific development. We thank our sincere scientists for this achievement and hope many more will come in future!



Arnav Khanna VIII-A



A TEENAGE GIRL

I hear my mom scream,

"Bags, books, your comb, and cream

Scattered on the bed with those jeans.

This is how you keep your room clean?"

Do you sometimes forget that I'm a teen?

I hear my father say,
"Wake up, get up, and chase your dreams.
This is the time you should choose your stream.

Leave your Twitter, songs, and films,

Don't waste your time in front of a computer screen."

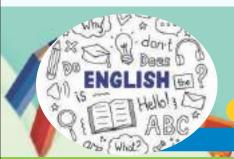
Well, why don't you understand? I'm a teen.

I hear my friends complain,

"We know it's tough, but we have to tell you,
You can't be rude without having any clue.

It's hard to handle you during your mood swings,
as you can go crazy because you don't know what you mean."

Why don't you get it? Like you, I'm a teen.





"TEEN!" I hear people say,

"OMG! Just look at her size.

Food and drinks? She will never compromise.

She should diet and eat carrots and beans

So she can squeeze into her jeans."

Why don't you understand? I'm a teen.

Sometimes I wonder, does anyone say,
"She is beautiful in her own way.
She tries her best to achieve something.
She can be cute and crazy but never mean.
After all, she is my sweet little queen.
Please try and understand, she is a teen."

Iti Bansal IX C







GRATITUDE TO MY TEACHER

With a special gift of learning
And with a heart that deeply cares
You add a lot of love
To everything you share.

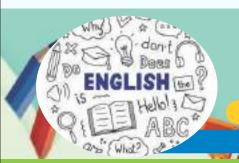
And even though you mean a lot You will never know how much You helped to change the world Through every life you touched.

You sparked the creativity
In the students who you taught
And helped them strive the goals
That could not be bought.

You are such a special teacher
That no words can truly tell
However much you're valued
For the work you do so well.

Thank you so much for being
So very nice, kind and good;
I like you so much (Ms Snehlata
Chhikara Ma'am)
I'd stay here if I could;
Your teaching helped me see
That to have a full and happy life
Learning is the key.

Maahi IX C







EACH MOMENT IS PRECIOUS

Live in the moment,

Just take it all in.

Pay attention to everything,

Right there and right then.

Don't let your mind wander
To what's coming next.
Cherish this moment
And give it your best.

Don't let tomorrow

Make you rush through today,

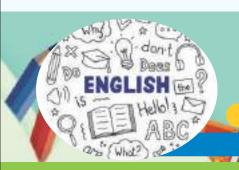
Or too many great moments

Will just go to waste.

And the person you're with,
In that moment you share,
Give them all of your focus;
Be totally there.

Life is just moments,
So precious and few.
Whether valued or squandered,
It's all up to you!

NISHTHA JAIN IX C







WHO'S A WINNER ?

Who's a winner?

Someone who fails or loses the hope
Or someone who tries again to climb the rope.

Who's a winner?

Someone who just watches dreams

Or someone who tries to live that dream.

Who's a winner?

Someone who runs behind success
Or the one who makes success run behind him.

Who's a winner?

Someone who just sees problems Or the one who sees possibilities.

Who's a winner?

Someone who just makes statements
Or the one who makes commitments.

Who's a winner?

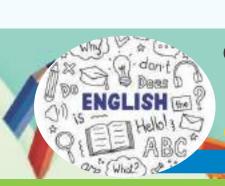
Someone who believes in destiny

Or the one who makes his own destiny.

Advik Jain 9th-c









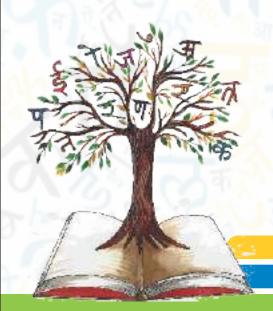
हिंदी खंड

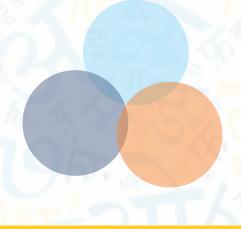


साहित्य दर्पण

"हिंदी सीमा तोड़कर, चली विश्व के द्वार। वैज्ञानिक आधार पर, प्रसिद्धि मिली अपार॥"

साहित्य समाज का दर्पण है । हिंदी साहित्य भारतीय साहित्य की अहम् धारा है जो भाषा, साहित्य, और संस्कृति के बीच अटूट रिश्ते को दर्शाती है। इसका इतिहास समृद्ध और प्राचीन है, जिसमें भारतीय जीवन-शैली, संस्कृति, और दर्शन का परिचय होता है। हिंदी साहित्य के विभिन्न रूप कविता, कहानी, नाटक, उपन्यास, निबंध के माध्यम से हमारे समक्ष प्रस्तुत होते हैं और इनमें भारतीय समाज के विभिन्न पहलुओं का विवरण मिलता है। साहित्य के माध्यम से समाज के विभिन्न मुद्दों, संघर्षों और सोच को समझने का भी अवसर प्राप्त होता है। आइए, हमारे साथ हिंदी साहित्य की अनंत दुनिया में सफ़र करें और इसकी समृद्धि का आनंद उठाएँ।





हिंदी खंड



संकल्प की शक्ति

हर मनुष्य अपने <mark>जीवन</mark> में सफल बनना चाहता है। सभी प्रकार की सुविधा पाना चाहता है। अपने प्रयास से सफलता पाना चाहता है। हर व्यक्ति को बड़े-बड़े सपने देखने भी चाहिए, परंतु सपना देखना और पूरा करना अलग-अलग है। कुछ लोग होते हैं जो बड़े सपने देखते हैं पर वह उन्हें हकीकत में नहीं बदल पाते और उनके सपने, सपने ही रह जाते हैं। इसका कारण क्या है? इसका कारण है - इच्छा शक्ति का संकल्प । इच्छाशक्ति वह शक्ति है, जो खराब परिस्थितियों में हमें प्रेरणा देती है। इस कारण से कठिन लक्ष्य भी प्राप्त हो जाते हैं। अग<mark>र आपके पास</mark> यह प्रचंड इच्छा शक्ति है तो दुनिया में ऐसा कोई कार्य नहीं है, जिसे आप नहीं कर सकते। इस शक्ति से जीवन की बड़ी से बड़ी सफलता पाई जा सकती है। दुनिया में जिन भी लोगों ने महान कार्य किए हैं, यह वही लोग हैं जिनकी इच्छा शक्ति प्रबल रही। अपनी इस शक्ति के बल पर वे कभी झुके नहीं सदैव आगे बढ़ते रहे। अपना नाम बड़े अक्षरों में दर्ज करवा दिया अगर आप अपनी सफलता के शिखर पर चढ़ गए हैं तो केवल लक्ष्य निधारित कर ले<mark>ना ही</mark> काफी नहीं है। वरना आपकी अपनी पूरी इच्छा शक्ति उसे पूरा करने के लिए झूठ नहीं होगी तभी आप सफलता पा सकते हैं।



हिंदी खंड



संकल्प की शक्ति

कोई भी लक्ष्य आप पाना चाहते हैं तो उसे सबसे पहले अपने मन में जीतना होगा। आपको अपने मन में यह विश्वास दिलाना होगा कि मैं यह कर सकता हूँ, तो वह आप कर सकते हैं। चुनौतियों को पहले अपने मन में जीतना आवश्यक है क्योंकि कहा गया 'मन के हारे हार है मन के जीते जीत'। जो भी आपका लक्ष्य है अथवा जो भी आप पाना चाहते हैं बिना समय गँवाए लक्ष्य की ओर चल पड़ें। अपने मन में संकल्प कर लें कि जब तक आप इस लक्ष्य को पा नहीं लेते तब तक चैन नहीं मिलेगा। दिन-रात केवल उस लक्ष्य पर ही मन को केंद्रित करें और विचार करें कि एक दिन ऐसा आएगा जब आप अपने लक्ष्य को प्राप्त कर लेंगे। इसलिए कहा गया अगर हम कुछ सोच सकते हैं तो तो हम उसे कर भी सकते हैं।





हिंदी खंड



रोचक तथ्य

- 🔾 शहद एक अकेला ऐसा प्राकृतिक पदार्थ है जो कभी भी खराब नहीं होता।
- गाय सीढी चढ़पाने में तो समर्थ होती है परंतु उतर पाने में असमर्थ होती है।
- िरुपति बालाजी मंदिर और काशी विश्वनाथ मंदिर में मक्का की तुलना में अधिक पर्यटक आते हैं।
- 🔾 भारत में लखनऊ में सिटी मोंटेसरी विद्यालय दु<mark>निया</mark> का सबसे बड़ा विद्यालय है ।
- भरतनाट्यम की एकमात्र चर्चित नृत्यांगना सुधा चंद्रन ने 17 वर्ष की आयु में सड़क दुर्घटना में अपना दायाँ पैर गवाँ देने के पश्चात भी अपना नृत्य जारी रखा।
- नागपुर की 29 वर्षीय ज्योति आमगे विश्व की सबसे छोटे कद की महिला हैं।
- नींबू मैं स्ट्रॉबेरी की अपेक्षा अधिक शक्कर होती है।
- मगरमच्छ की जीभ नहीं हिलती।



दीवा X A

हिंदी खंड



स्वच्छता



उठा लो झाडू, उठा लो पोछा पहुँचो, जहाँ कोई भी न पहुँचा कोई जगह न रहने पाए हर जगह को हम चमकाएँ। सपना यही है बस अपना स्वच्छता को अपनाना है। भारत को स्वच्छ बनाना है।

झलक सैनी कक्षा : छठी 'स '







हिंदी खंड



बेटी: जीने की आशा

बेटी, घर की रोशनी घर का चिराग तेरी मुस्कान से महका घर का कोना-कोना। परी-सी तू, आँगन की बहार खुशियों का संसार, जीवन को करती सदा बहार।

शक्ति की राह पर बढ़ाती तू नया कदम, पुरानी रीतियों को तोड़ आती तू जीवन में प्रथम।



शिक्षा के दीप से रोशन हो तू हमेशा, बेटी है, तू हमारे घर की शान बनी हमेशा।

> आँचल में समेटे सपनों की सुबह तू मेरी बेटी मेरे दिल की दुआ।



सर्वजीत कौर (हिंदी अध्यापिका)

SANSKRIT ARTICLES



प्रार्थना

सर्वन् रक्षतु हे प्रभो!

अश्वः सिंहः गजः-जीवाः,

काकः पिकः शुकः-खगाः।

बालः वृद्धः मनुष्याः वै,

हे प्रभो! सन्ति ते सुताः॥

मूषकः शशकः सर्पः,

वानरः कुक्कुरः वृकः।

संस्कृत-शिक्षण-काव्यम् लघुजीवः विशालः च. सर्वन् रक्षतु हे प्रभो!



योशा गुप्ता कक्षा-अष्टमी (स)



SANSKRIT ARTICLES



माँ, माँ त्वम् संसारस्य अनुपम्

माँ, माँ त्वम् संसारस्य अनुपम् उपहार, न त्वया सदृश्य कस्याः स्नेहम्, करुणा-ममतायाः त्वम् मूर्ति,

न कोअपि कर्तुम् शक्नोति तव क्षतिपूर्ति। तव चरणयोः मम जीवनम् अस्ति,

रेयांश गुलाठी छठी- ड

'माँ' शब्दस्य महिमा अपार, न माँ सदृश्य कस्याः प्यार,

माँ त्वम् संसारस्य अनुपम् उपहार।





SANSKRIT ARTICLES



एहि एहि वीर रे



एहि एहि वीर रे वीरतां विधेहि रे पदं हदं निधेहि रे भारतस्य रक्षणाय जीवनं प्रदेहि रे॥

त्वं हि मार्गदर्शकः त्वं हि देशरक्षकः त्वं हि शत्रुनाशकः कालनाग तक्षकः॥

साहसी सदा भवेः वीरतां सदा भजेः भारतीय-संस्कृतिं मानसे सदा धरेः ॥

> पदं पदं मिलच्चलेत् सोत्साहं मनो भवेत् भारतस्य गौरवाय सर्वदा जयो भवेत॥

समायरा अरोडा कक्षा- छठी ड



GERMAN ARTICLES



Importance of German language

Economic Opportunities: Germany has a strong economy and is a leading exporter. Knowing German can enhance career prospects, especially in fields like engineering, technology, and finance.

Education: Germany is known for its excellent universities, many of which offer courses taught in German. Proficiency in the language opens up opportunities for studying in Germany or at German-speaking institutions elsewhere.

Travel: Germany is a popular tourist destination, but knowing the language can enhance the travel experience by allowing deeper engagement with the local culture and people.

International Relations: Germany plays a significant role in European and global affairs. Proficiency in German can be advantageous for diplomacy, international business, and collaborations.

Linguistic Diversity: German is not only spoken in Germany but also in Austria, Switzerland, Luxembourg, and parts of other European countries. It is the most widely spoken language in the European Union.

Overall, whether for professional, academic, cultural, or personal reasons, learning German can be a valuable asset.



GERMAN ARTICLES



Mein Vater

Ein Vater, der im Herzen leise.

Mit Liebe groß, wie ein Berg so hoch,

Bist du das Licht, mein sicherer Hafen noch.

In deinen Armen, stark und weise,

Deine Hände stark, beschützend und warm, Ein Vorbild, stark in jeder Norm.

Die Welt mag wandeln, doch du bleibst, Ein Fels, der Liebe uns tief verleibt.

Die Kindheitsträume, von dir bewacht, Ein Vater, der in der Dunkelheit lacht. Mit jedem Schritt, den wir gemeinsam gehen, Deine Liebe, ein Lied, das wird nie vergehen.



Tanmay Aggarwal

Zugenbrecher (Tongue twister)

Zwischen zwei Zwetschgenbäumen zwitschern zwei Schwalben (Between two plum trees twitter two swallows)



Jasmine Gora 7B

GERMAN ARTICLES



Gesunde Ernährung:

Eine gesunde Ernährung kann sich positiv auf die Gesundheit auswirken und viele Krankheiten verhindern. Eine ausgewogene und abwechslungsreiche Auswahl an Lebensmitteln trägt dazu bei. Eine gesunde Ernährung enthält viel Obst, Gemüse und Vollkornprodukte, aber nur wenig Salz und Zucker.

Auf einen Blick

- Frisches Essen ist oft besser als verarbeitete Lebensmittel.
- Man sollte bunte Mahlzeiten essen, weil verschiedene Farben verschiedene N\u00e4hrstoffe bedeuten.
- Es ist wichtig, regelmäßig zu essen, um den Energiepegel stabil zu halten.
- Kochen zu Hause kann Spaß machen und es ist einfacher, gesunde Mahlzeiten zu zubereiten.
- Essen Sie langsam und genießen Sie jede Mahlzeit, um besser zu verdauen und sich satt zu fühlen.

Ritu Aggarwal (Deutschlehrerin)







WELCOME TO ART & CRAFT SECTION!

From early childhood stage, children unsurprisingly communicate through art in a very instinctive manner. They are caught scribbling with crayons, markers, pens, and whatever else they can get around them. Creating art isn't just an amusing activity, it has a diversity of exclusive and positive effects on toddlers, young children, and adolescents that other actions don't provide. Art kindles originality and ignites problem-solving skills among creators. An art work begins with a creative spark and enables the kids to bring their imagination to life. It also reinforces their rational thinking skills in a very organic manner!

Art promotes self-esteem and self-expression among children. Children flourish when they can practice decision-making and expressing themselves, without perturbing about a right or wrong answer. Paintbrushes are held like pencils, but the strokes are less exact and the result is a lot more exciting than writing down vocabulary of words! Painting teaches hand-eye coordination as little artists attempt to copy and create the lines, shape, direction, and patterns according to the instructor or just try out their own style. Visual-spatial skills developed through art, help kids in understanding where objects are in space and empowers abstract thinking. Children, who possess strong visual-spatial abilities also inculcate and develop better memory and self-control.

Aadharshilians have been maestros of this field, emerging as most creative fraternity of artists, bringing laurels for institution by exceling in all artistic ventures. Viewers will be enchanted by the vivid dimensions; our creators are contributing,



creating and cognizing every day. Aadharshila Vidyapeeth has become an amazingzone where limits do not hinder imagination, where corridors are adorned with masterpieces and where sketches, shades and shapes continuously surprise us. But art and craft work should be seen with a view of artist only, as said by famous artist Camille Pissaro-

"Blessed are they who see beautiful things in humble places where other people see nothing."







Devansh | VIII-A



Cheshta Nasa | IX-B





Dhruvi Gupta | V-B







Aadya Tyal | VI-B





Daksh | 8-C





Raghunath | V-B



Latika | VI-B



Meenakshi Dargan | Pre-School - D



Palak Rawat | VI-B







Rudrakshi | IV-A



Saanvi Mongia | IX-A



Rudrakshi V-A



Saanvi Gupta | V-B







Suhani VI-B



Sourish Kaalra | VII-C



Sia Talwar | V-B



Siyona Parwani | VI-B



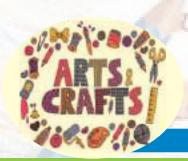




Viral Beniwal | II-B









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