



AADHARSHILA VIDYAPEETH



SPECTRUM
E-Newsletter

April - June 2022

www.aadharshilavidyapeeth.org





***A New School Year Means New Beginnings, New Adventures
and New Challenges.....***

***The beginning of a new class is a wonderful time in a child's life.
We are happy to be safe back in school. We aim to help the children
settle into the new and awe-inspiring environment with ease.
Our children who have been stepping up one rung of the ladder
of growth and learning make us proud.***

***We are leaving no stone unturned to develop skills and values in
each child and involve them in multifarious activities which are
woven into the curriculum to make learning more enjoyable and
interesting.***

***Through this first Edition of Newsletter "Spectrum" 2022, we
are keeping you updated with a plethora of events conducted
during April – June 2022.***

Happy Reading ...

***Regards
Principal***





New session
New beginning...

NEW SESSION

New leaves

New session

New lessons

Let's begin this learning together!!

Heyy! It's the beginning of the new session 2022-2023. The teachers are ready, the little munchkins arrived with new books and aspirations and the school environment is cherishing again. On this beautiful note, Aadharshila Vidyapeeth has spread its arms again to welcome the students. The day began with morning assembly, wherein the students got addressed by their mentors. The highlights of the Assembly were 'Thought of the day', 'Welcome speech' and heart warming 'Poem recitation'. The day commenced with great exuberance, charm, radiance and excitement among the little Champs.



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Spiritual Initiative
Hawan Ceremony

HAWAN CEREMONY

Hawan Ceremony with devotion

To receive the blessings of Almighty, Aadharshila Vidyapeeth organised an auspicious Hawan Ceremony in the school campus on April 2, 2022 to embark the commencement of the new academic session 2022-23 and to pay our obeisance to the Almighty for all the students.

Hawan was performed with Vedic Bhajan and chanting mantras for success in the exams and blessings of God. Hence, the Hawan ceremony was performed religiously under the divine fervour and spirituality. Prasad was also distributed at the end.



Pariksha Pe Charcha

Prudent Initiative at Aadharshila Vidyapeeth

PARIKSHA PE CHARCHA

Aadharshila Vidyapeeth incentivized the students of classes X and XII to reap the benefits of attending live streaming of Pariksha Pe Charcha 2022 on 1 April 2022. The session galvanized the students to weed off stress and nervousness one feels due to forthcoming exams. An array of students' queries all over the country were resolved by honourable Prime Minister, Mr Narendra Modi leading to boosting the morale of students. It was an edifying session.





Momentous Moment

CYBER SMART SCHOOL AWARD

*With immense pride and jubilation, Aadharshila Vidyapeeth would like to announce that the school has been certified as a Cyber Smart school * by * Atal Innovation Mission in collaboration with WNS Cares Foundation.*

WNS Cares Foundation organised a session on cyber security for all students from classes II - XII. The informative session which was held online educated the students and staff on the precautions and care to be taken while working online.

Cyber Smart programme was a free online learning platform that used game & quiz -based age-appropriate module. Engaging videos and quizzes were used to disseminate information simply.

Students participated in this venture wholeheartedly and were awarded a certificate on the successful completion of the quiz.

The school now holds the unique distinction of being certified as a CYBER SMART SCHOOL.



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Fare Thee Well

Class XII (2021 -22)

FAREWELL 2021 - 2022

AADHARSHILA VIDYAPEETH BID ADIEU TO CLASS XII STUDENTS

"Every new beginning comes from some other beginning's end."

Parting brings tears in every eye! At the Farewell, Aadharshilians reminisced their wonderful years spent at school, from their teachers who lead them on the path to success, their peers some of who will remain life-long buddies to the premises where every corner and every room tells a story.

The students, staff and management of AADHARSHILA VIDYAPEETH bid farewell to the outgoing students of class XII (session 2021-22). The school observed an annual spectacle where joy and grief are at their unique confluence- the crossroad from where the children can see a vast world beckoning to them to explore it.

The programme started off with lamp lighting to invoke the blessings of goddess SARASWATI . The farewell kicked off with the most melodious welcome songs which brought back all the nostalgic memories we made in school .Thereafter there was a spate of dance and music as the hosts impressed with the showcasing of their vast repository of skills .

A skit was presented as a recreation of a talk show which made everyone laugh .The pick of the day was the Bhangra event where the juniors enthralled the gathering with their rhythmic dance steps . Mementos and titles were also presented to the outgoing batch.

The Farewell ceremony culminated with 'Showers of Blessings' from teachers and heads of school for the students stepping out into a new world of competencies. May they all have a shining future ahead.





MY JOURNEY IN AADHARSHILA VIDYAPEETH

I had studied in Aadharshila Vidyapeeth since Pre-School.

My journey in this school has been full of adventures, new learnings and experiences. The school has given me the outlook of not only academic learning but the co-scholastic activities also.

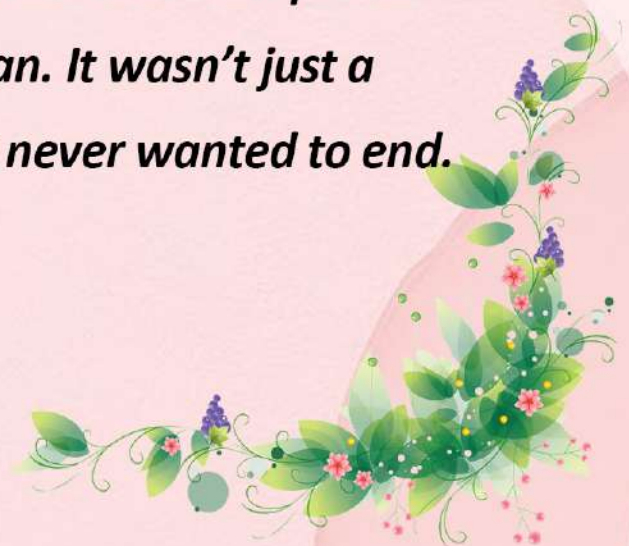
I have been a part of many excursions and camps which has been a memory to cherish throughout. The teachers were ever ready to guide every student and help them to ace the weaknesses as well also they were very friendly and caring all the time.

From dancing together with every child to strictly giving children the right direction during the exam time, the teachers served as perfect mentors.

It is my pleasure to be a part of this school and I am proud and happy to be called as Aadharshilian. It wasn't just a school to me, it was the chapter that I never wanted to end.

Khushi Sharma

XII C



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Quest for Excellence

Inter School Events

CONFLUENCE D' ART

Aadharshila Vidyapeeth believes in fostering creative knack of the students by invigorating the dexterous artists to explore beyond the premises of school. The exuberant Aadharshilians participated in the Inter School Event –Confluence d' Art on 11 May 2022 organized by N.C. Jindal Public School, Punjabi Bagh, New Delhi. The students of classes VI-XII participated in seven events and showcased their artistic flair and expertise through marvelously designed portraits, paper monuments, rhythmic compositions etc. using online portal. The high-spirited and prolific art experts ventured the intangible cultural heritage of India and developed appreciation for diverse forms of art enhancing their creative cognition.

Saanvi Mongia carried the day by bagging FIRST Position in "Retrato" and Nidhi Topra bagged First Consolation Prize in "Mosaic Melange"

Plaudits to the winners!!



SAANVI MONGIA
VIII A

FIRST POSITION



NIDHI TOPRA
XII B

CONSOLATION PRIZE



ION 2022

Aadharshila Vidyapeeth believes in the paradigm of excelling in multifarious arenas to broaden the horizon of students' cognizance. Orienting towards novel experience in the field of technology, the techno-savvy of the school participated with ebullience and zest in Ion-2022- the Inter-School Event organized by Indraprastha International School, Dwarka on May 6, 2022. The students were registered in all the events using the given online links by 30 April 2022. The students evinced their proficiency in the arena of technology and got to know about the revolutionized techniques of the cyber world. The videos showing their stellar performance were uploaded using the given online links.



KALEIDOSCOPE PAINTING COMPETITION

Aadharshila Vidyapeeth never let any stone unturned to incentivize the young Aadharshilians to exhibit their knack and flair in various fields. Grabbing the opportunity to showcase their latent potential, the creative artists of the school participated with verve and vivacity in the Inter-School Painting Competition- Kaleidoscope organized by the Hindustan Times at Kiran Nader Museum of Arts on 11 May 2022. The students were registered offline on 7 May 2022 and participated dynamically in Junior (IV-VI), Middle (VII-IX) and Senior (X-XII) Categories evincing their creative dexterity flawlessly. The competition was conducted offline and the students were accompanied to the venue by the respective art teachers. Vansh Nandwani made the school proud by bagging first position in the competition.



THE QUEST

Aadharshila Vidyapeeth invigorates the students to explore beyond books and scale new heights of success. Pitching towards the new horizon, the high-spirited Aadharshilians participated with zeal and gusto in the Inter-School Event-The Quest organized by The Air Force School, Delhi. The young participants front up in all the competitions and gave their best performance. The participants were registered for each competition using the given online links by 26 April 2022. They recorded their original videos showcasing their competence and proficiency in the given field. Soumil Bansal of class IX-B brought laurels to the school by bagging first position in 'Travelogue'. The event served as the best platform for the students to prove their mettle in multifarious arenas.



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*Splattering Sports
Splendour*

BASKETBALL DRIBBLING SKILLS

Champions are made from something they have deep inside them - a desire , a dream , and a vision.

Aadharshila Vidyapeeth believes in fostering sportsmanship and athletic excellence in our students .

In collaboration with SDG GOAL 3 Good Health and Well- being and 4 Quality Education, Aadharshila Vidyapeeth forged ahead to incite competitive spirit in the zestful sports champs of the school and actuated them to participate in Inter Academy Basketball Skill Challenge organized by Care and Grooming Sports Academy. The students evinced their sports knack through various skills and techniques in basketball .

Jasmeet Kaur of class V added a feather to the cap of the school by bagging First Position in Dribbling Skills. She had the winning hand in Shooting Skill too by bagging first position.

Plaudits to the champ!!



DELHI STATE OPEN JUDO CHAMPIONSHIP

MEET THE CHAMPIONS

Our greatest glory is not in never falling but in rising every time we fall. Beamed with the same approach, our students participated in the Delhi State Open Judo Championship organised by International Martial Arts Carnival & International Award Ceremony organised by United Nations Welfare Foundation on 4th and 5th of June, 2022 in cognizance with #sdg3#good health and well being# and #sdg4#quality education#

Glorifying the acclaim and fervour of our school, 6 students bagged bronze and 2 won silver medals. The budding enthusiasts exemplify for many.

Aryaman Bhargava IX A

Agam Khurana XII C

Krishiv Chopra IX A

Nakul Sharma IX A

Aditi Jain IX B

Taraksh Ujjainwal IX C

Hanshika Mavi VIII B

Ronit Bosaya VIII E



SUB JUNIOR NATIONAL KURASH CHAMPIONSHIP

Gold medals are not really made of gold.

They are made of sweat, determination, and a hard-to-find alloy called guts.

Treading the path of success , Aadharshila Vidyapeeth emboldens the youth to surmount all odds and witness the fruition of their dreams.

In yet another glowing testimony of their diligence and perseverance , Ronit Basoya of class VII F bagged gold medal in Fifth sub junior National Kurash Championship organised by Jharkhand Kurash Association held on March 28,2022.

The euphoria of the championship and the magnificent display of talent and skills by the young and budding Aadharshilian was awe - inspiring for everyone.



INTER SCHOOL TABLE TENNIS TOURNAMENT

Happy to share and congratulate!

“ But only the great ones hit winners from both wings”

Kabir Dhingra, a student of class IX has clinched the

First position at the Inter School Table Tennis Tournament

conducted on 28 & 29th of June in under 15 category in

accordance with # sdg3#good health and well being

Displaying solid serving skills and versatility of strokes,

Kabir surpassed his previous records.

Aadharshila family feels proud of the champion.



FITNESS DAY PRE SCHOOL - PRE PRIMARY

The preliminary round for the Fitness Day was effectively held at Aadharshila Vidyapeeth, CD Block, Pitamputa on Monday, 9 May, 2022 in the school ground.

The entire campus buzzed with a new energy and enthusiasm to attain new heights.

All the little athletes wholeheartedly participated in a large number to prepare themselves for the final day.

Before the practice began, the names of the various races and their execution were well briefed by the sports faculty.

There were several interesting races planned innovatively for classes Pre School & Pre Primary as per their interest and age group. Children were encouraged to be the active participants and the winners of the final day.

This preliminary round made the little athletes ready to develop the winning zeal.



FITNESS DAY : CLASSES I & II

Sports are very essential in every human life and keeps one fit and fine. It has great importance in each stage of life. It also improves the personality of people. Sports keep our all organs alert and our hearts become stronger by regularly playing some kind of sports.

The much awaited Fitness Day was held on Friday 13 th May 2022, for the little athletes of Grade-II of Aadharshila Vidyapeeth. The day began with great zeal, excitement and frolicsome atmosphere followed by the Torch Lighting Ceremony.

All the students also took pledge to wholeheartedly participate in all the the sports and physical activities.

The following activities were well executed in school ground under the valuable guidance of sports faculty and the teachers.

1. Balance Race (Boys)

The sports teacher made the children stand on the track and explained the execution of their event innovatively.

Each child kept few books on his head and started walking by maintaining balance to reach the finishing line with their full energy and winning attitude.

This activity helped the students to be focused on their targets, improving their eye- hand coordination & developing the balancing and gross motor skills.

2. Hoopla Race (Girls)

The sports teacher made the children stand near the hurdles and explained the execution of their event innovatively.

Each girl picked her hoopla and moved it around the waist gracefully to reach the finishing line with the pride and winning zeal.

This activity helped the students to be focused on their targets, improving their eye- hand coordination & developing the balancing and gross motor skills.

The grand event concluded by giving certificates and prizes to the energetic winners of the day.



FITNESS DAY CLASSES III & IV

“Take care of your body. It’s the only place you have to live in.”

Today’s children are the nation builders of tomorrow. Aadharshila Vidyapeeth organised Health and Fitness Day in collaboration with #SDG 3 # Good Health and Well Being for classes III & IV on May 4, 2022 and May 5, 2022.

The young athletes put in all the sweat and zeal to flaunt their mettle in the fitness activities. Their skills and bouts in Judo impressed every one impeccably. The yoga asanas performed by the students were truly mesmerising.

The Health and Fitness activities brought a breeze of zing in much occupied life of gadgets and machines. This session endeavoured to develop Sports Quotient among all the students to achieve a healthy lifestyle.



FITNESS DAY - CLASS V

'A fit body is home for healthy mind and better development'

Aadharshila Vidyapeeth organised a fitness day in the school premises for class V. As we all know, if a body is healthy, then only the brain can work efficiently. So, here, we took an initiative for the same. Students were given yoga and judo sessions. Their enthusiastic and active participation made this event a success. All the students enjoyed these activities and showed their best performances





Week Long Bugle...

LINGUISTIC FIESTA-ENGLISH WEEK

Linguistic Fiesta at Aadharshila Vidyapeeth

In collaboration with SDG#GOAL 4#Quality Education, GOAL 11# Sustainable Cities and Communities, Aadharshila Vidyapeeth blazed a trail to invigorate the literary skills of the young learners by observing English Week from 25 April 2022 to 2 May 2022. Myriad of frabjous activities formulated to enhance explorative literary skills of students fulfilling the motto of galvanizing LSRW (Listening, Speaking, Reading and Writing) skills of the global learners.

The literary week kicked off with Newspaper Snippets Activity which honed the oratory skills of the young Aadharshilians. It was followed by a Special Assembly marking the birth anniversary of William Shakespeare wherein the linguistic champs were apprised of the renowned literary works of the eminent playwright. Spellathon Activity added new words to everyone's vocabulary. Humour proliferated as the eloquent Aadharshilians composed and recited whimsical limericks. Turncoat Activity escalated critical thinking of the students. Interhouse Competitions, Ad- O- Mania and Twist in the Tale served as a perfect platform for the leaners to explore and unveil their liguistic knack. The literary week rendered impetus to magnify interest of the young learners in English language.



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Vignettes
Intra School Events

FANCY DRESS COMPETITION

Believe in yourself. You are braver than you think, more talented than you know, and capable of more than you imagine.

In collaboration with SDG 3 #Good health and well being # and to enhance the creativity, imagination of the talented learners, Aadharshila Vidyapeeth organised a Vibrant Fancy Dress Competition Walk On the Ramp which was effectively conducted for the students of Pre School and Pre Primary on April 29,2022.

The students participated energetically and showcased their versatility by enacting as their favourite fruits and vegetables . They shared information about the fruit/ veggie they presented .

The teachers were left enthralled with their endearing performances. The event concluded with the encouraging words of the teachers in-charge who appreciated the admirable performance of the students and the efforts put in by their parents.



LEMONADE MAKING ACTIVITY

With the onset of Summer, it gets essential to refresh and replenish our body with some cool beverages to beat the heat.

To introduce our little learners to one such lip-smacking drink and to add to the concept of Summer Season, Aadharshila Vidyapeeth organised a 'Lemonade Making Activity' for the students of class Pre School on Friday, May 06, 2022.

The teachers and students enjoyed this splendid activity with great zest. Our little munchkins had a great time preparing the lemonade by squeezing the lemon, sprinkling the sugar and salt and stirring the mixture with their tiny fingers. One could sense the excitement around and their sparkling eyes were worth watching as the delicious lemonade tickled their taste buds on sipping it up.

The activity gave our young learners a hands-on experience of making a glass of lemonade and they relished every sip of it.

The task added to the sensory learning of our little ones and reinforced their fine motor skills in a fascinating way. It was a fun based learning experience for our little buds which will be cherished by them forever with a smile.



TABLE MANNERS ACTIVITY

**Etiquette means behaving yourself a little better than is absolutely essential. **

We at Aadharshila Vidyapeeth school follow a theme-oriented teaching methodology. The budding learners of Pre School and Pre Primary were all set for an exciting experiential activity on table manners.

Their knowledge about the importance of food was enhanced. They learnt about the different kinds of food eaten using various cutlery, observed manners during mealtime, etc. These skills were enhanced during the Table Manners activity.

Children used napkins, a fork, spoon, and finger bowl during the activity and learned about the right way of enjoying and eating together.

It was a visual bliss to watch all the students participate enthusiastically in the activity.



SPROUTS CHAAT ACTIVITY

Enthusiastic chefs of class II conducted an activity in which they have prepared healthy and yummy Sprouts Chaat by using moong dal, chickpeas, lemon, chaat masala, chopped tomatoes and potatoes.

They were encouraged by their teachers to EAT HEALTHY and THINK HEALTHY. Our young chefs were presented a healthy sprouts chaat bowl. Children were first asked about the difference between healthy and unhealthy food choices we make on a day-to-day basis. Then the students were told to wear their aprons and their cute chef caps. Then students were told to mix all the ingredients and added chat masala and lemon juice to the delicious healthy meal. Students enjoyed the session thoroughly and gained an unforgettable experience.



BEST OUT OF WASTE

Creativity is an art to explore our ideas in an extraordinary way from the ordinary work!

Preparation of eco-friendly products out of waste material forms an important part of Eco Club. To encourage our students to create something useful out of waste things, a concept which has global significance, 'best out of waste' competition was recently organized for the little innovators of grades I at Aadharshila Vidyapeeth, Pitampura on April 19, 2022, with the aim to use the waste material creatively and make any useful item by using the same.

Inviting creative art and craft ideas like a tea pot and a cup, slippers from straws, hat, paper vase, festival decorations, wall hangings, greeting cards, toys and paper jewellery, the fun-filled contest ignited their artistic potential. An initiative to generate the habit of using old things to create beautiful and some amazing craft amongst children, the competition was a learning experience for all.

The students brought various materials like cardboard, ice cream sticks, newspaper etc. from their homes to showcase their creativity and to design something useful.

It was really an enriching session in which students not only enjoyed a lot but also learnt how to use old things wisely. They also enhanced their various skills while recreating amazing useful things.



SANDWICH MAKING

“Learning is experience. Everything else is just information ”

*Grade 1 students of Aadharshila Vidyapeeth donned their Chef Caps to exhibit their culinary skills in *Sandwich making activity * held on April 12 ,2022.*

Children participated with full zeal and enthusiasm as they doled out nutritious yet delectable delicacy like cheese sandwiches .

The food items displayed were a visual treat and were presented in an application artistic and aesthetic style.

This activity not only provided a platform for the students to foster their creativity and decision making skills but also helped them explore their hidden talents and discover new areas of interest.



STORYTELLING COMPETITION

STORYTELLING COMPETITION ENHANCES STUDENTS' ORATORICAL SKILLS

In collaboration with SDG4#Quality education #,Aadharshila Vidyapeeth organised a Storytelling competition for class II on April 28,2022.

Storytelling is a unique human skill shared amongst people far and wide. It runs vividly in children and also builds confidence and enhances speaking skills.

Our spectacular story tellers narrated their favourite stories using creative props, voice modulation, and impressive expressions. They came forth with wonderful tales. While some stories provided food for thought, some reinforced moral values, and some were humorous. The stories were adjudged based on the students' expression, confidence, diction, and presentation skills.



SPELL BEE COMPETITION

Students battled it out at Spell Bee competition under the SDG goal#4#Quality education #

**Aadharshila Vidyapeeth * organised Spell Bee Competition to give students a platform to learn spellings in different ways, enrich their vocabulary, learn concepts and develop the use of correct English. Inter House Spell Bee Competition was conducted on April 26, 2022 for classes III to V.*

Students from all the school houses represented their respective house teams enthusiastically and showcased their vocabulary skills. The students participated with great enthusiasm and dueled through the toughest words also. This competition provided an interesting doorway for students to learn new vocabulary in an interesting play way method.



INTRASCHOOL IT COMPETITION

COMPUTER WIZARDS SHINE AT 'DESIGN YOUR OWN APP' COMPETITION

"A dream becomes a goal when action is taken towards its achievement"

With the collaboration of SDG 9#Infrastructure,innovation and infrastructure' Aadharshila Vidyapeeth organised an Intra School Competition 'Design your own app' for the students of class VI-XII on May 4,2022.

Our whip smart students explored Scratch software and created Applications on their own. The competition was a fusion of talent, imagination , creativity and alertness.

The students left everyone awe-struck as they presented their IT talent so immaculately and effortlessly. They were applauded for their superb performance.



SCIENCE INTRASCHOOL COMPETITIONS

"Every brilliant experiment, like every great work of art, starts with an act of imagination."

Education is not only learning of facts but training of minds to think. When we are having a good time, learning becomes easy and not a strenuous task. To make learning a joyous experience, Science Intraschool Competitions were conducted at Aadharshila Vidyapeeth on 20.04.2022 and 21.04.2022 for its global citizens of classes VI-VIII and IX-X respectively. The classrooms became a hive of active learning with ardent learners participating in variegated activities. The aim was to not only create awareness amongst the students about their environment, but also to sensitise them to the grave problems of environmental pollution and its consequences.

To develop scientific temper, attitude and values such as open mindedness and intellectual honesty, 'Poster Making' Competition was organised for classes IX-X. Students came forward to take part in the activity with a lot of vigour and enthusiasm. They acquired understanding of scientific concepts, principles and laws. The teacher gave few topics related to Earth and its environment to the students which involved the students to participate in activities so as to understand the cognitive, affective and psychomotor aspects of the task.

The 'collage making' competition for VI-VIII was another grade wise but team competition aimed to display the understanding of science in students using art as a tool. The students divided the work amongst themselves and worked with great team efforts. Students demonstrated excellent team work and a spirit of healthy competition. They explained the given topics in an impeccable manner and impressed the judges with their exemplary explanations.

It was a splendid opportunity for our young Aadharshilians to gain confidence and have a very enriching experience through these competitions.



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Collaborative Connect

Parent Teacher Interaction

PARENT -TEACHER INTERACTION

“ Children are the priority, change is the reality, COLLABORATION is the strategy”

Aadharshila Vidyapeeth , is in constant pursuit to adapt to the change and make learning fun ,effective and engaging for its little learners . To share the feedback of the students and lay the foundation of harmonious relationship with their parents, the school organised Parent -Teacher Interaction on Saturday May 7, 2022 for grades Pre School - V.

As this was the first meeting of this session, the main objective was to create a common platform where the teachers and the parents can come together to discuss students’ performance and suggest ways to enrich their learning from home experience.

The teachers briefed the parents about their ward’s performance during the initial month of Academic Session 2022-23.Regular interaction between parents and teachers helps both to take cognisance of the challenges faced by children .

The parent teacher interaction concluded successfully with positive feedback from the parents about the efforts of the school and the teachers





Morning Bliss
Special Assemblies

RABINDRANATH TAGORE JAYANTI

RABINDRANATH TAGORE JAYANTI: A LEGACY THAT LIVES THROUGH WORDS

"The highest education is that which does not merely give us information but makes our life in harmony with all existence."

One of the greatest epitome in the world of literature , Gurudev Rabindranath Tagore -

The Noble laureate.

The students of Aadharshila Vidyapeeth, Pitampura commemorated the birth anniversary of Tagore by presenting a special assembly on 'Literary Genius Tagore' on May 7, 2022 for classes VI-X.

The assembly began with the ritual of chanting the school prayer .

Aadharshilians celebrated Rabindranath Tagore Jayanti by reciting his famous poems ,well-known sayings and talked about his unforgettable journey of life through a quiz .

An enthralling dance performance was also presented by the students on the tunes of "Aekla chalo re" besides the regular news and thought of the day.

In addition to it, there was a mesmerising and melodious performance on the occasion of Mother's Day. This performance was to make everyone understand the unconditional love and support we get from our mothers.

The assembly was informative as well as enlightening



WORLD CREATIVITY AND INNOVATION DAY

CREATIVE BUZZ AT AADHARSHILA VIDYAPEETH

"What keeps life fascinating is the constant creativity, imagination and innovation. "

Aadharshila Vidyapeeth gives credence to actuate the young minds to think creatively and explore the world with a broader perspective. Effectuating the same idea, a Special Assembly was conducted on 21 April 2022 for classes VI-XII wherein the students were apprised of the significance of creativity and innovation in optimizing problem solving skills. The stage was abuzz with creative flairs of students reciting eloquent poem, conducting quiz and showcasing their creative knack though beautiful and useful items made from the discarded material. The assembly served as an opportune platform for the students to unfold multifarious applications of creativity in their daily life.



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Together We can we win...
Vaccination Drives

VACCINATION DRIVE DOSE 1

Physical fitness is the first requisite of happiness

In collaboration with SDG3# Good Health and well being,Aadharshila Vidyapeeth ☒ organised a mega Vaccination Drive for the age group 12-14 years for the first dose on May 20,2022.

The vaccination drive is in line with the School's vision and commitment to ensure the health and well-being of its children .The vaccination drive boosts the morale of the students and their parents.

More than 60 students received their vaccination with a sense of relief and appreciation for the school for the arrangements made.The vaccination drive secures the campus to safeguard the students , eventually helping to keep going with physical classes.

We always stand in support of the government to fight the virus and eventually make a healthy nation.



VACCINATION DRIVE DOSE 2

Safety First is Safety Always.

In collaboration with SDG3# Good Health and well being, Aadharshila Vidyapeeth organised a mega Vaccination Drive for the age group 12-14 years for the second dose on June 24,2022.

The vaccination drive is in line with the School's vision and commitment to ensure the health and well-being of its children . The vaccination drive boosts the morale of the students and their parents.

More than 40 students received their vaccination with a sense of relief . All appreciated the school for the arrangements made.The vaccination drive secures the campus to safeguard the students eventually helping to keep going with physical classes.

We always stand in support of the government to fight the virus and eventually make a healthy nation.





*Beat the heat with
Summer Camp*

SUMMER EXTRAVAGANZA (CAMP)

The Summer Extravaganza (Camp) held at Aadharshila Vidyapeeth, CD Block Pitampura culminated effectively with a plethora of presentations, The day began with a melodious Welcome Song sung by the students learning vocal music which was thoroughly enjoyed by the audience.

The co-curricular activities, other than music like Judo, Yoga and Zumba were also showcased by the young performers, in the school auditorium.

The presentations were also showcased for Personality Development and Theatre wherein the students shared their own experiences of learning innovative activities in Summer Camp.

Students were also awarded with the participation certificates and amazing gifts for their mesmerizing performances in various activities.

Head of the School promised the learners to have such activities throughout the year for their holistic development and fun filled learning.



SUMMER CAMP - PARENTS FEEDBACK

Positive feedback motivates and encourages us to do much better. We also feel reassured that we are on the right track and that our efforts are bearing fruit. We extend our thankful wishes to you parents for the overwhelming feedback of 'Summer Extravaganza 2022' and promise that we would work harder for the best development of your child .





Special days Celebrations...

MOTHER'S DAY

Mothers love – A brilliant GEM to be treasured.”

The day that recognizes the essence of a mother was celebrated in high spirits and merriment at Aadharshila Vidyapeeth, CD Block Pitampura.

This being one of those occasions that none of us can afford to miss was zealously enjoyed by one and all.

Keeping this bonding emotion in mind, the little learners of Pre School and Pre Primary had a special celebration on mother's day. Teachers made an earnest effort to instill the importance of mother in a child's life through effective thematic presentations, moral stories, dramatization and video clippings.

The little bundle of joys had something more special and unique to bring a smile on their beloved mother's face. They passionately got involved in making beautiful tokens of love for their mothers.

The tiny tots came up with new and innovative ideas for creating these special tokens. They intensely and devotedly spoke about their mothers. It was a pleasure watching the dynamic and energetic children preparing something unique, something special. The outcome of their efforts was marvellous. Each token was special and different in its own way. What more could have made "Mothers Day" more special than this?

Heart-warming feelings filled the air with intimacy, gratitude, appreciation and acknowledgement- the little ones proudly echoed and enchanted the quote- "Mother will be our door to Paradise so, lets love, respect and care for our mother everyday". The bulletin boards were also decorated beautifully with the theme to convey an important message of being humble, respectful and obedient to the parents.



YELLOW COLOUR DAY

With an objective to recapitulate and reinforce the effects of yellow colour, Pre schoolers of Aadharshila Vidyapeeth, CD Block Pitampura celebrated "Yellow Colour Day" on 4 May, 2022.

A day dedicated to the yellow colour was marked with children dressed in different hues and tints of yellow.

Children were not only beautifully dressed in their favourite yellow dresses but also brought yellow objects to make it a complete "Yellow Day"!

Tiffins were filled with bananas, custard, jelly, lemons, mangoes, pineapples etc. Attractive yellow coloured toys like racing cars, teddy bears, dolls, balls, balloons, flying discs, flowers and masks made the learning environment active and sporty.

A learning station with yellow coloured objects was also set up in the classes.

The children enjoyed this activity and were very happy when they received a yellow coloured token to take home.

The teachers were beaming with pride when the confident little commentators described the yellow objects with expressions, flair and ease.

Focusing on the theme the teachers planned art and collage activities and their art work was displayed on the soft boards.

The bulletin boards were also reverberated with quotes, appealing posters of minions, tweety, honey bees and sunflowers highlighting the essence of yellow colour. To make the children understand about the significance of yellow colour, various colorful activities including drawing, colouring, origami, paper craft etc. were conducted in a lively, vibrant and high spirited environment.

The motive of celebrating this yellow colour day was to make the children aware of yellow colour, its significance and to develop fine motor skills in the students. They spent the day with utmost enjoyment.

Yellow - the colour of wisdom and intellectual energy had a positive influence on our tender tots."



INTERNATIONAL YOGA DAY

"Yoga is that light which if lit once; will never get dimmed, the more you practice, the brighter the flame will be."

Each year, the auspicious day of 21 June celebrated as International Day of Yoga, brings along itself an opportunity to introspect and begin our 'work with-in'. While Yoga is often seen as merely a form of exercise, this annual occasion can help us walk back to the wisdom- filled ancient India where Yoga was introduced as a way of life and a structure for the holistic wellness of every human's mind, body and spirit.

Aadharshila Vidyapeeth, Pitampura celebrated the International Day of Yoga under sdg-goal3 by organising an invigorating special assembly on June 21,2022, with the intention to inspire our Aadharshila family and global citizens of tomorrow to live a holistic and fulfilling lifestyle by embarking on the journey of making everyday a Yoga day. The special assembly began by seeking the blessings of the Almighty by chanting the Gayatri Mantra . Asanas starting with warming up and stretching were followed by a series of Padmasanas , Sukhasan, Tadasana, BhujangAsana and ending with Shavasana.



WORLD HEALTH DAY

The Greatest Wealth

If the past two years have taught us anything it is that nothing is as important as our health. From caring only about our wealth and status, we have eventually come to realise the importance of maintaining our health and hygiene.

Keeping this in mind, World Health Day was celebrated on 6th April 2022 by Aadharshilians who showcased their talent in spectacular ways to highlight the importance of health.

The students of primary wing dressed up in innovative ways to depict different food groups . Students also dressed up as junk and healthy foods and depicted the choices we make by choosing one over the other through tug of war.

The importance of yoga was highlighted as it was done 1500 years ago by giving a synchronised performance on stage.

The acts were well rehearsed and coordinated.

The students spoke confidently and performed all the asanas immaculately. It showed that they truly believed in what they presented.



WORLD EARTH DAY

'Save our world , save our future. Reduce , Reuse and Recycle .'

For the past 40 years, Earth Day continues to grow as a worldwide phenomenon focusing on promoting clean living and a healthy ,sustainable habitat for the people and wildlife.Aadharshila Vidyapeeth always strives to make their students sensitive and aware towards environment. With the noble mission of making our city green and serene,young Aadharshilians enthusiastically participated in a special assembly held on April 21 ,2022 by the students of the Class I to V celebrate Earth Day.

The assembly commenced with the morning prayer which is believed to provide peace and serenity to our minds and souls. Talented students presented an enthralling skit which demonstrated the side effects of humans trying to modify nature for their own selfish needs and the importance of keeping the environment green and pollution free.



The background features a teal watercolor wash with a dark teal silhouette of a mountain range. The text is centered over this graphic.

Interactive Insights

Inter School Events

CAREER COUNSELLING WORKSHOP

Aadharshila Vidyapeeth took another feather in their cap by organising a career counselling workshop on May 20, 2022 to apprise the global learners with career options through a Career. workshop

Awareness Session was conducted by Mr Ritesh Jain. The students of class XII and X were evinced with the significance of selecting best colleges and courses for best career options as per their strengths and aspirations. The students reaped the benefits of the workshop and incentivized themselves to develop new prowess in choosing best career options. The session galvanized the students to unfold the multifarious scope of presentations and internships as far as career opportunities are concerned in both India and Abroad. A stream of multifarious options were shared with the enthusiastic students It was an interactive and enriching session.



Club Explora...

Where learning meets fun

CLUB ACTIVITIES

Exploring #Goal#SDG#4 Quality Education, Goal #SDG#11 Sustainable Cities and Communities, the global learners of Aadharshila Vidyapeeth were nurtured into the best version of their persona by rendering ample opportunities to hone their talent and pursue their interests.

School Clubs were organized to galvanize the cognitive and creative skills of the students wherein the young Aadharshilians had hand on experience at myriad of rejuvenating activities leading to quality education and holistic development.

The creative ambience permeated as the Clubs were abuzz with captivating and action-packed activities like Mathematical Graffiti, Brochure Making, Dance it Out, Video Editing with Filmora and many more. Yoga Club students acquitted themselves with stretching exercises and Surya Namaskara .

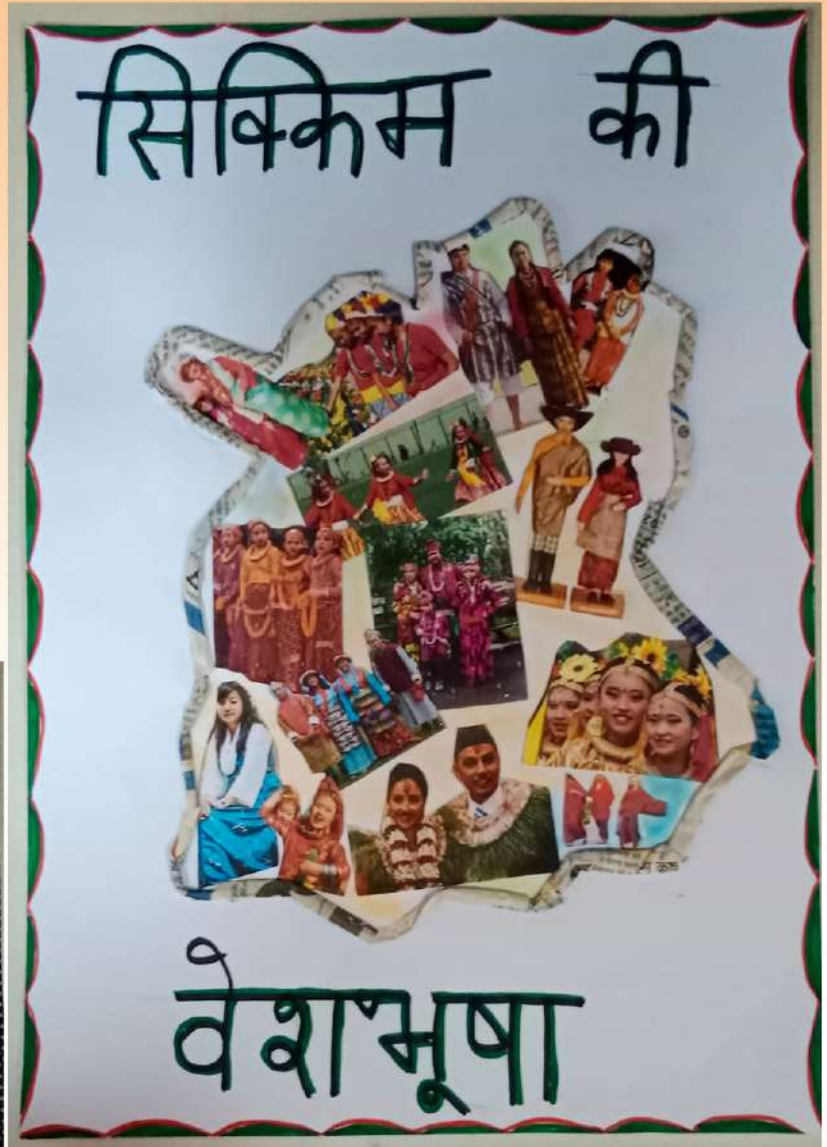
The invigorating club activities brought forth the creative knack of the students and fulfilled long-term learning objectives.

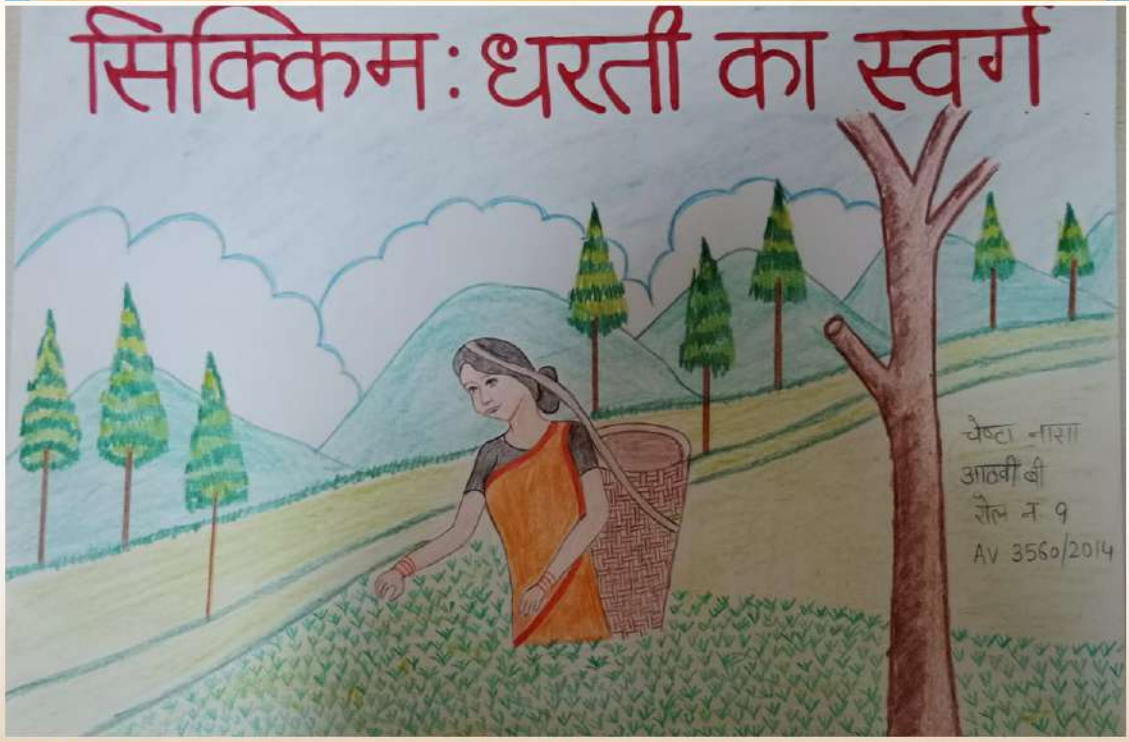


A stylized, layered graphic of a mountain range in various shades of teal and blue, appearing as if cut out of a light blue background. The mountains are jagged and layered, creating a sense of depth and texture.

Art integrated activity

Exploring Sikkim through Art





SOCIAL - SCIENCE



The people of Sikkim are simple and nature-friendly, the Lepchas - essentially children of the forest, the 'Bhutias' and the Nepalese are the locals of Sikkim. Buddhism is the main religion followed.

Sikkim

Sikkim has musk deer, red panda, black bear, blue sheep and snow leopard.



Sikkim has approximately 5,000 moss-feeding plants, 11 oak varieties, 322 types of ferns and ferns allies, 124 medical valued plants. A wide range of spices grows in sub-tropical to alpine region.



Submitted By: MADHURTA SINGH VIKA

सिक्किम

की

वेशभूषा



स्वर्ग सा सुंदर सिक्किम



विद्यिका आलवी-डी



Strokes of Imagination...



SARTHAK JAISWAR
VII-D



CHESTHA NASA
VIII-B



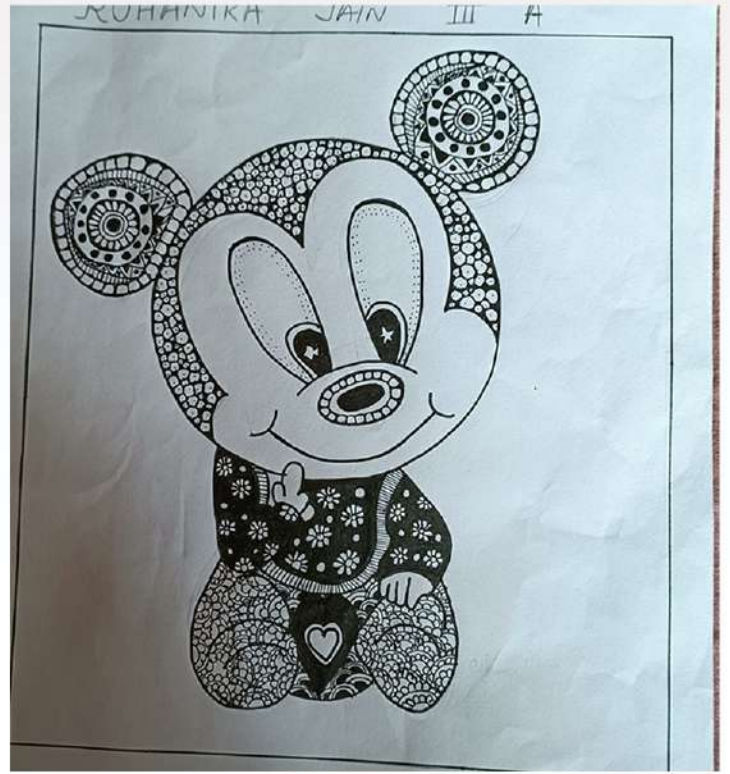
ASHIKA JAIN
XII - D



NAYRA GUPTA
PRE SCHOOL D



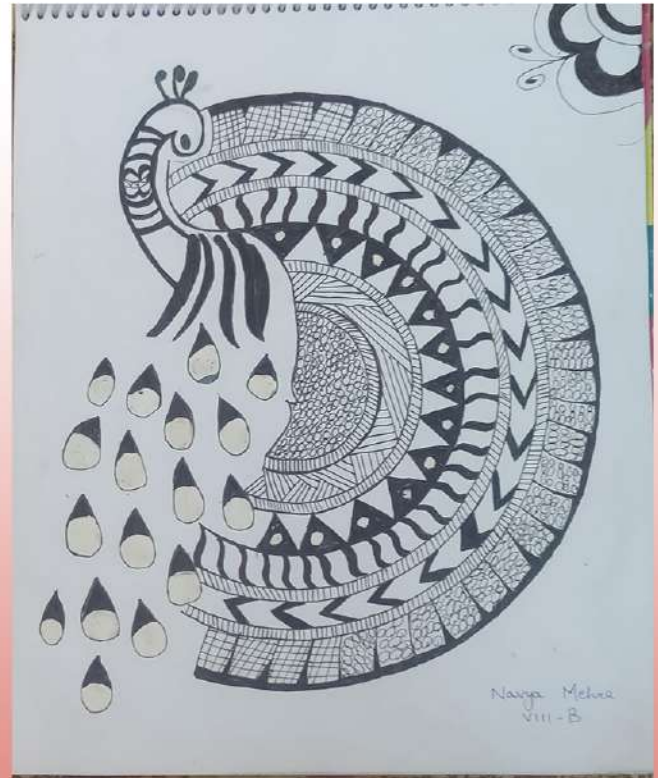
SUHANI AGGARWAL
V-B



RUHANIKA JAIN
III-A



KASHIKA
VIII - B



NAVYA MEHRA
VIII - B



AAVNI MAHESHWARI
V-C



HEETIMA DATTA
VII-A



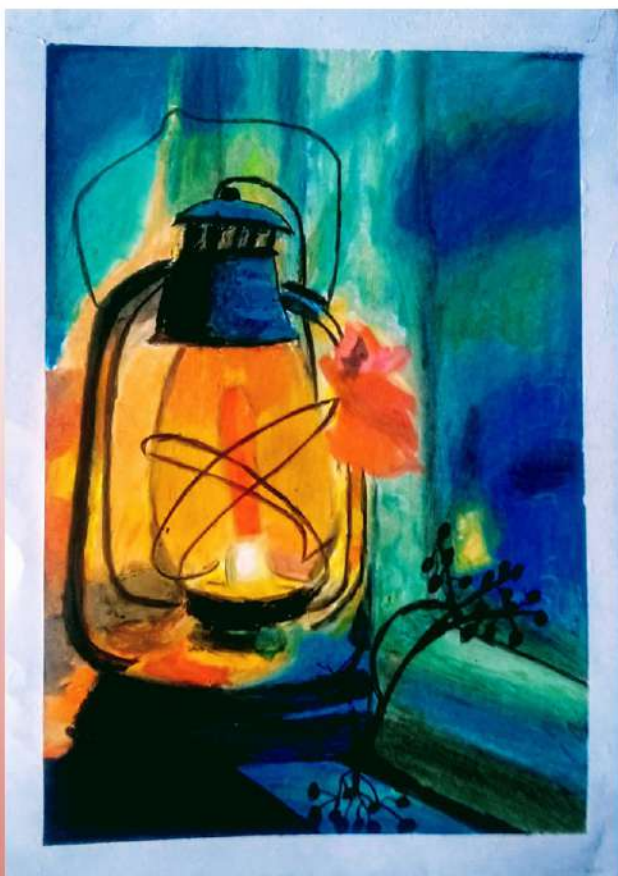
MANAN WADHWA
III - B



SAMAIRA ARORA
V-D



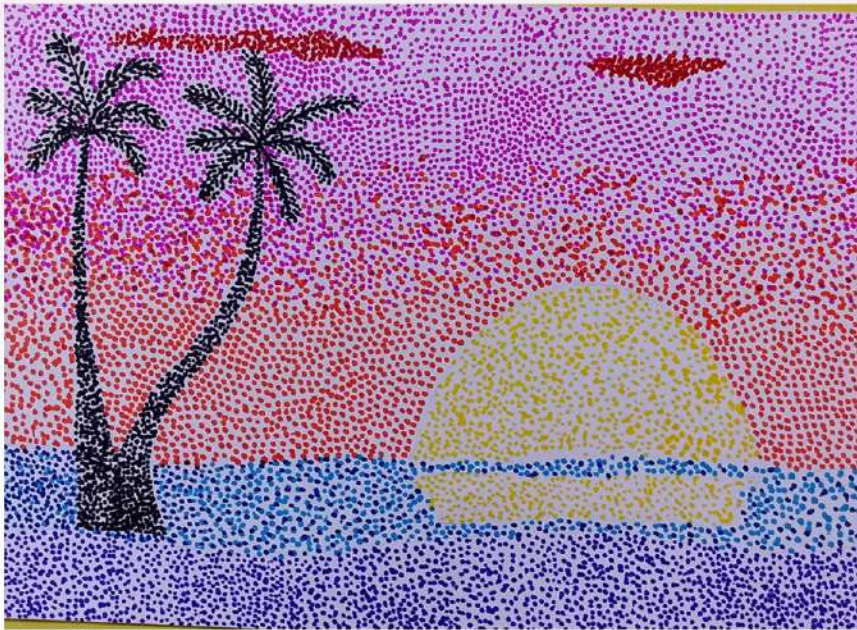
ADITYA SAHOO
X-A



RACHIT GOYAL
X-B



AANYA JAIN
V-A



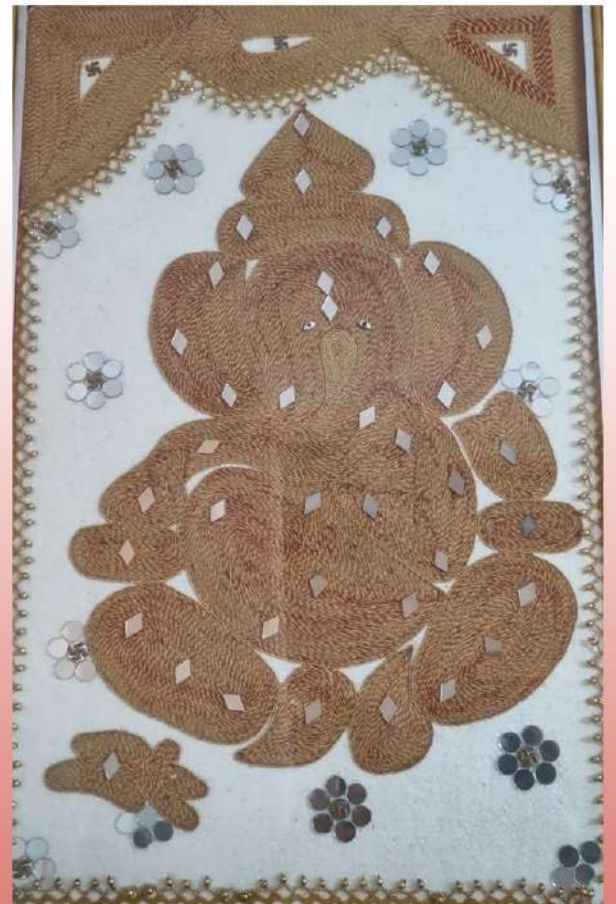
BHAVYA GOEL
II-B



KHUSHI JAIN
IX-A



UPAANYA SAMBYAL
PRE-PRIMARI - C



SHAYAN KEHRIWAL
PRE-PRIMARI - C

MY FIRST DAY

**SEE ME SKIP,
SEE ME RUN,
I'M GOING TO LIKE EVERYONE.....**

**SEE ME SMILE,
SEE ME GRIN,
WHEN THE TEACHER CALLS ME IN.....**

**SEE ME WORK,
SEE ME PLAY,
I'M IN SCHOOL.....
HIP, HIP HOORAY!!!!!!!!!!!!!!!!!!!!**

**FROM: DAARSHIK GUPTA
CLASS: PRE SCHOOL - B**



MY TEACHER

Teacher is a person
Who is a good inspiration
We are all learners
She teaches us good manners
She takes our test
We do our best
She is very proficient
To make us efficient
We enjoy her puns
Which makes learning a big fun.

Naira Minglani

I – A

RIDDLES

What question can you never answer yes to?

Ans) Are you asleep yet?

There's a one-storey house in which everything is yellow. Yellow walls, yellow doors, yellow furniture. What colour are the stairs?

Ans) There aren't any—it's a one-storey house.

I have branches, but no fruit, trunk or leaves. What am I?

Ans) A bank

What has many keys but can't open a single lock?

Ans) A piano

What invention lets you look right through a wall?

Ans) A window

What can travel all around the world without leaving its corner?

Ans) A stamp

What has 13 hearts, but no other organs?

Ans) A deck of cards

I have cities, but no houses. I have mountains, but no trees. I have water, but no fish. What am I?

Ans) A map

What is seen in the middle of March and April that can't be seen at the beginning or end of either month?

Ans) The letter "R"

What word in the English language does the following: the first two letters signify a male, the first three letters signify a female, the first four letters signify a great man, while the entire word signifies a great woman. What is the word?

Ans) Heroine

RIDDLES

What can you catch but not throw?

What goes up but never goes down?

I go up when rain comes down. What am I?

What cannot be sawed but is made of wood?

This capital is a royal weight?

Answers: Cold, Your age, Umbrella, Paper, Pataliputra

Learn How to say 'How are you' in different languages

Russian: Kak dela

Spanish: Como estas

Japanese: Ogenkidisuga

Hungarian: Hogy vagy

Turkish: Nasilsin

Tejas Singhal

VII-D

SAVE GIRL CHILD

WHY NOT A GIRL?

WHY NOT A GIRL?

Why not a girl, Why not a girl?

People Pray for a boy not for a girl,

But.....

When in need of education,

People go to Goddess Saraswati,

When in need of money,

People go to Goddess Laxmi,

When in need of courage,

People go to Goddess Durga,

So, Why don't they want a girl,

In a family? Why? Why not?

Please Please stop killing girl

Save a girl child

Sayam Sachdeva

Class-IV-C

WHY ME ?

If you have to ask “ Why me? “
When you’re feeling really blue,
When the world has turned against you
And you don’t know what to do,
When it pours colossal raindrops
And the road’s a winding mess,
And you’re feeling more confused
Than you ever could express,
When the saddest sun won’t shine,
When the stars will not align,
When you’d rather be
Inside the bed,
The covers pulled
Above your head,
When life is something
That you dread
And you have to ask Why me?...
Then when the world seems right and true,
When rain has left a gentle dew,
When you feel happy being you,
Please ask yourself Why me ? Then, too.

Simple IX-E

ज्ञान बिक गये

ज्ञान बिक गये ए ध्यान बिक गये कलम बिकी ए सम्मान बिक गये ।

छोटी . छोटी सुविधाओं पर ए बड़े . बड़े ईमान बिक गये ।

सोच समझ कर मुँह से बोलो ए दीवारों के कान बिक गये ।

उनसे पूछ जिंदगी क्या है ए जिनके सब अरमान बिक गये ।

नग्न रह गई जीवित लाशें ए मुर्दों के परिधान बिक गये ।

चोरों को मत दोष दीजिये ए घर के ही दरबान बिक गये ।

पशुओं की कीमत लगती है ए बिना मूल्य इंसान बिक गये ।

PUSHKAR KAPIL

IX - A

उफ ! यह धुआँ

पटाखे जलाने से जो निकलता है धुआँ,
है यह इंसानों की ज़िदगी के साथ जुआ।
प्रदूषण बढ़ रहा है लगातार,
कारखाने व गाडियाँ चल रहीं हज़ार।
धुएँ के चादर में लिपटी है दिल्ली,
बच्चों को ढूँढ रही है हर गली।
फेफड़ों में भर रहा ज़हर,
किसने ढाया ये कहर।
सीमित रखा सुख-साधनों का इस्तेमाल,
वरना सबका हो जाएगा बुरा हाल।
बोलने नहीं करने का समय है आया,
प्रदूषण से लड़ने का समय है आया।

Avishi-Jain
8th E

Happy Reading !



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