

[www.aadharshilavidyapeeth.org](http://www.aadharshilavidyapeeth.org)



**AADHARSHILA  
VIDYAPEETH**  
**SPECTRUM**

***E-Newsletter***  
*January - March, 2022*



Greetings Readers!

All human wisdom is summed up in two words; wait and hope; the wait for this pandemic to get over and the hope that there will be a better tomorrow . Helen Keller quoted once , "Keep your face towards the sunshine and you cannot see the shadows ." So, look out for the positive things around us which give us a sliver of hope to help us get by the crisis we are in.

To cheer you up, we are bringing our very own third edition of the e- newsletter containing all the feel-good factors that we need right now and to whip up some more jubilant, euphoric and sparkling content for you.

May God bless you with positivity in abundance.

**Happy Reading!**  
**Principal**



THE  
INBUILT  
TALENT



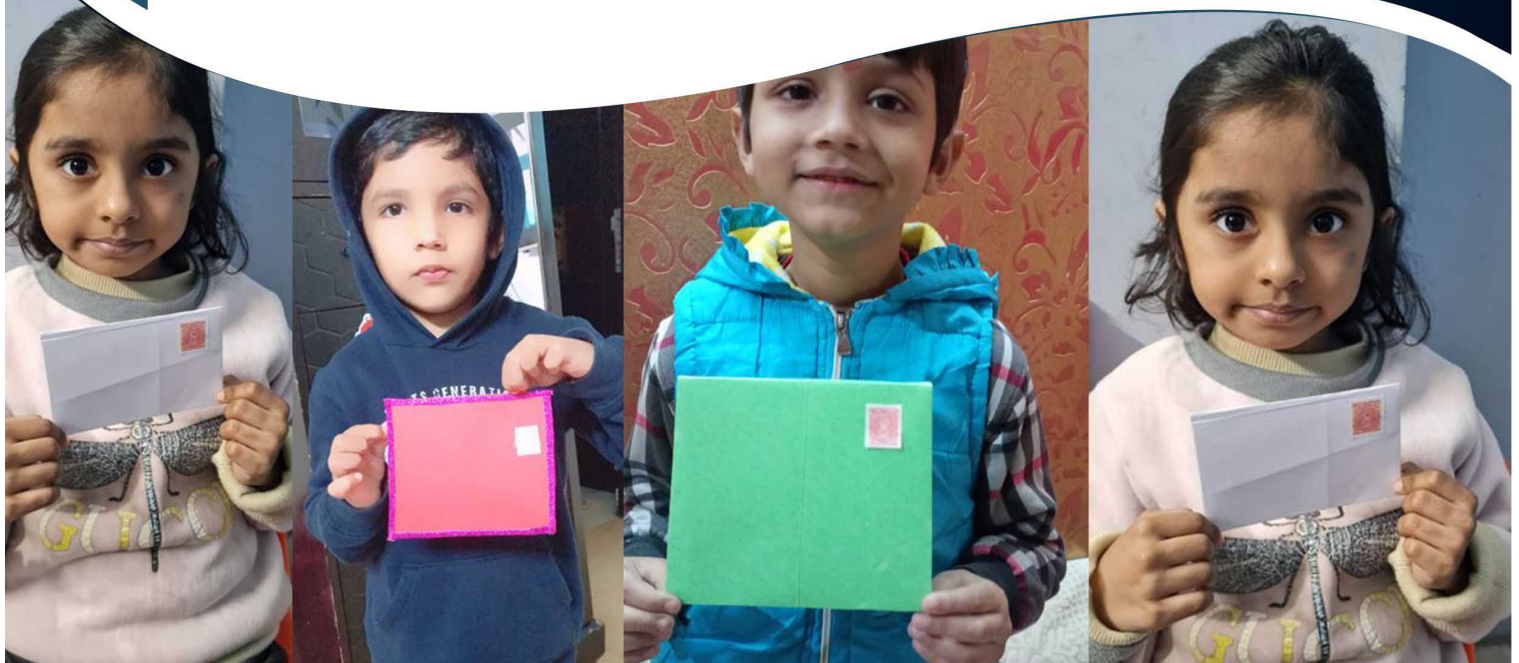
## ENVELOPE MAKING ACTIVITY

**“All study and no play makes Jack a dull boy” – a famous proverb well etched in our minds since childhood.**

**It is widely accepted that extracurricular activities are the best way of developing an individual’s personality and trimming down mental stress. A child can improve his/ her skills and enhance their confidence level through these activities**

**At Aadharshila Vidyapeeth, we firmly believe that textual studies is a part of the full development of a child and therefore we provide a spectrum of activities. The main thrust of activities here are planned and executed to promote the holistic development of the students.**

**We organised an activity POST A LETTER where in the students made cute little envelopes. They posted stamps on it . This activity unfurled the creativity of our budding artists.**



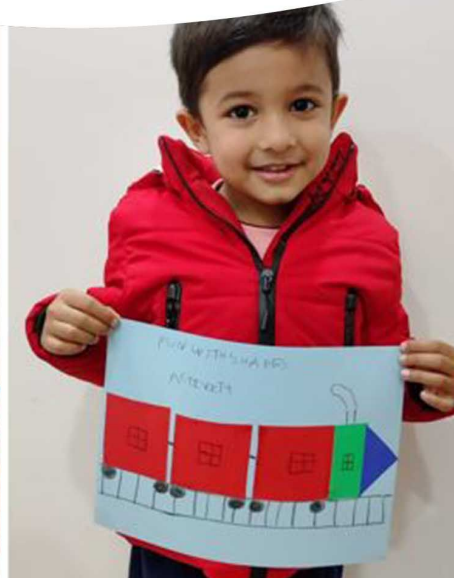


## FUN WITH SHAPES

The importance of art and craft in early education is well-known. Be it making miniature statues from clay or colouring with crayons, folding papers expertly to make origami shapes or preparing a birthday card, art and craft activities spike a child's interest and tap his artistic potential.

By introducing your child to art and craft or encouraging him to take it up, you will sow the seeds for his physical social and cognitive development. Aadharshila Vidyapeeth has organized 'Fun With Shapes' activity for Pre-school on January 17, 2022 to develop fine motor skills, improvement of hand-eye coordination, sharpens skills of decision making and to enhance self-expression, creativity, memory and visual learning.

The students made various shapes of transport beautifully and enjoyed doing the activity.







## SHOW AND TELL ACTIVITY

**Aadharshila Vidyapeeth organised Show and Tell Activity on January 20,2022 with the theme of winter season.**

**The students of Pre School participated in this activity which helped them to build their self-confidence and self-esteem. It enabled them to improve their descriptive skills by communicating feelings, thoughts and emotions through words.**

**They were excited to share their descriptive narration on various objects as muffler, jackets,caps ,blankets etc and waited eagerly for their turn to show and tell. Thus, this event helped our tiny tots to build their social, emotional and language skills.**





## CREATIVITY IS INTELLIGENCE HAVING FUN

**Holistic Development of students can't be achieved just by imparting academics. Extra Curricular Activities play a very significant role in inculcating diverse values amongst the students.**

**We organised an activity 'Silver colour head gear' for Pre school and Pre Primary on February 24,2022 wherein the students were asked to make headgear with silver foil. The experience was fun learning and students enjoyed the activity.**







## LET'S FLY AIRPLANE

**I believe in my dreams  
I will never lose hope  
I believe in my ambition  
With competition I will cope.**

**Ready, set, take off! For thousands of years, people have been fascinated with flying.**

**Tiny tots of Class Pre Primary enthusiastically participated in an innovative activity of making aeroplane on February 10,2022.**

**As the students are fascinated with aeroplanes ,this activity educated,brightened and enlightened the young brilliant minds.**

**The prime objective of the activity was providing an opportunity to the participants to creatively express themselves.**

**The activity aimed to develop creativity,enhance knowledge and improve expression besides boosting their confidence.**







## FLAG MAKING ACTIVITY

In order to inculcate the feelings of patriotism, Flag Making Activity was held in classes I - II on 24 January 2022. The young ones made the flag with tri colours (saffron, white, green) using colours and paper. They learnt about 'Ashok Chakra'. The children showed their earnest efforts. Detailed information about the importance of the colours in the flag and what they represent was explained to the students. The children were asked to make flags . They enthusiastically made 'Ashoka Chakra' in Tiranga. This activity not only helped kids in remembering the colours of flag but also helped in developing their fine motor skills and eye hand coordination. The students were excited doing the activity.





## FRACTION ACTIVITY

**FractionActivity was conducted in class I in which students were required to make aquarium scene by using fraction theory. They made fish by using  $\frac{1}{2}$  part of different colour of origami sheet. Through this activity practical knowledge was enhanced. They enjoyed and learned the topic – Fractions. This was a fun learning activity, which students enjoyed a lot.**







## GARDEN SCENERY ACTIVITY

**‘A little dirt, never hurt .’**

**A garden scene activity was organized in Class I. Tiny - tots along with their teachers did vegetable printing of varied shapes and pictures and presented in a delectable manner. Kids were going green with gusto .They had not just picked up skills of painting but also tried to develop a connection with the greenery and appreciation for nature. All the tykes participated with elan and developed love for veggies!**







## MERA DESH, MERA ABHIMAN

The Aadharshilians of classes I and II reverberated the enthusiasm of patriotism by participating in 'Mera Desh, Mera Abhiman' Competition on January 11, 2022. The children portrayed the role of freedom fighters and made every one aware about their contribution to the history of Indian Independence. The children portrayed themselves as Bhagat Singh, Rani Laxmi Bai, Gandhi Ji, Sarojini Naidu, Subhash Chandra Bose and paid a rich tribute to the martyrs by representing their zeal and patriotism. The students acted with great enthusiasm, added colour and fun to the event and made it a big success. Some participants went to great lengths to depict something original. The competition encouraged the students to do away with their inhibitions and was a motivating experience for all.





## MONOACT ACTIVITY

Mono-acting is a very interesting art from which involves both acting as well as intelligence. The art has been perfected by very few people. Aadharshila Vidyapeeth held Monoact Competition with the theme 'Heavenly Bodies' on 17 January 2022 for the students of class I. Students were wonderfully dressed as per their act of different heavenly bodies. Various props, flashcards were used and students gave their best. All the children displayed confidence during the act. Their expressions, voice modulation, in fact, the whole act was commendable. There was much of inspiration that could be drawn from each participant as they portrait their character. Furthermore, it made judging the event very difficult with such a tough competition among the participants. A lot of efforts were put in by the parents along with the teachers to make it a success.







## SHOW YOUR MOVES

**Dance is the hidden language of the soul.”**

**Aadharshila Vidyapeeth organized the ' 'Show Your Moves' Competition for classes I & II on 28 Feb 2022. Students were excited to show their talent through incredible dance performances. The students were judged on the parameters of dance moves, presentation, and costumes. These competitions made the students delighted and bestowed upon them a real significance of the accomplishment.**







## COMMUNICATION ACTIVITY

“Every act of communication is a miracle of translation.”

A thoughtful and innovative activity was conducted in grade II on February 4, 2022.

Communication skills for kids can have a significant influence on their personalities.

The students brought different means of communication and pasted the same on A-4 size sheets. They understood the concept of the different sources we need to communicate with each other.

This activity facilitated clear understanding and better learning in students.

This activity also helped the students to excel in academics where learning and meaningful exchange of information is pivotal.





## SHOW YOUR MAGIC

Competition “Show Your Magic” was conducted in classes I - II wherein the students were required to speak a few lines on their favourite character. The participants took up the challenge wholeheartedly and played role of different characters. It was an innovative way of testing the students’ presence of mind, fluency in language, ability to connect their thoughts and overall communication skills. It was a great learning experience for all the students and they enjoyed playing different roles.







## SPRING SEASON

**Aadharshila Vidyapeeth regularly organizes various scholastic and co-scholastic activities to cater to all round development of its students.**

**With the objective of acquainting the students with the importance of spring season, an activity was organized for class II on February 18, 2022 wherein students had to speak few lines on spring season using different props to enhance their communication skills.**





## LET'S SHAKE A LEG

Dance is the conversation of the body with the soul. As an art form, it has been an integral part of Indian culture and heritage since ancient times. The diverse culture of India exquisitely treasures a wide variety of folk and tribal dance forms that vary in style of different regions across the country. It is rightly considered as one of the most captivating art forms and beautifully showcases self-expression. In its true sense, dance is not just a good form of exercise, but is also a great source of boosting creativity, imagination, confidence and focus of young hearts. With the aim of honing the dancing skills of the students, 'Let's Shake a Leg' (Dance Competition) was organized by Aadarshila Vidyapeeth, Pitampura for students of classes III to V on 12 January 2022. The vivacious dancers set the floor on fire with their enthusiastic performances. All the participants were very energetic and performed their dance forms enthusiastically. They dressed beautifully according to their songs. Young learners were thrilled to be a part of colourful, vibrant and energising event.







## KNOW THE VARIOUS NEIGHBOURS OF INDIA

Harmony is a noble quality in which peace is attained by all to achieve a balanced whole. Diversity is an inclusion of different cultures and ethnicities among a group of people. Inculcating the value of harmony among different countries, the students of class III were involved in an activity where in they drew and pasted national flags of neighbouring countries of India. They learned about importance of living in harmony with neighbouring countries through this activity. It was a fun learning activity.





## PATTERN MAKING ACTIVITY

**“MATHEMATICS IS SOMETIMES CALLED THE SCIENCE OF PATTERNS”**

Pattern is fundamental to our understanding of the world. It helps us to organise thoughts and establish order to our lives.

Learning its importance and value, students of class III were involved in pattern making activity. They used different shapes and created beautiful patterns.

The activity helped students to learn sequence and patterns.







## CRAFT ANGLES

**“The desire to create is one of the deepest yearnings of the human soul”**

**Creativity allows us to view and solve problems more openly and with innovation.**

**Therefore,students of classes IV and V actively participated to create objects using 2D and 3D shapes.The activity was successfully conducted on February 4,2022.**

**The enthusiastic students created wonderful objects like ATM ,Piggy Bank,Mail Box ,Music System,House etc.**

**It was a great learning experience for all the students and they enjoyed doing the activity.**

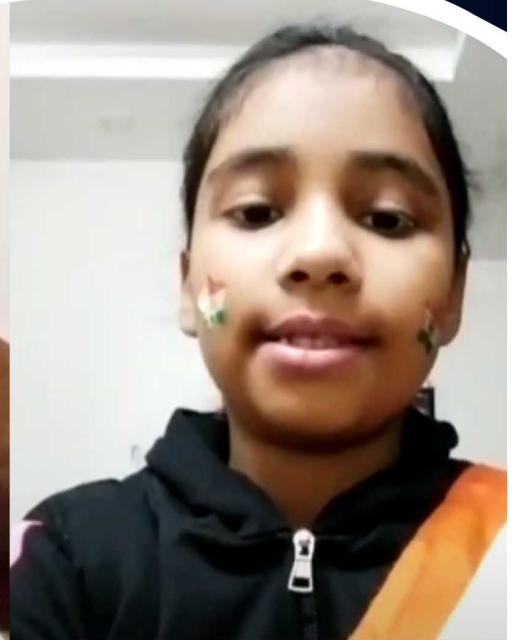
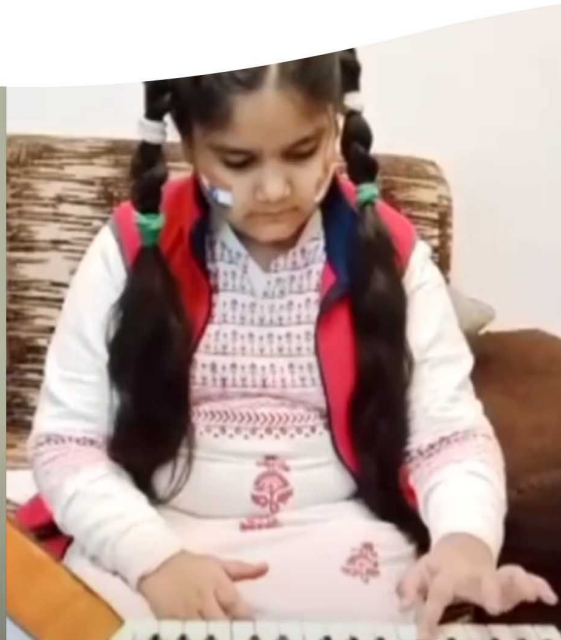




## POEM RECITATION ACTIVITY

Poem recitation activity helps students to build confidence as they learn to speak more accurately and persuasively about any piece of writing. Keeping this in mind, English Recitation Activity was organized for Grade IV on January 24,2022.

Children astonished everyone with their voice modulation and amazing memorizing skills. Many children showed their patriotic feeling and love for their country. The students came up with different poems on the theme “Patriotism”. They were well dressed on the occasion of Republic Day. It was a splendid opportunity for them to gain confidence.







## INTRASCHOOL MUSIC COMPETITION

**“Music acts like a magic key, to which the most tightly closed hearts open”**  
From 27 february 2022- 29 february 2022, Aardharshila Vidyapeeth hosted an Intraschool Music Competition “Sur Sangam” for the students of classes VI-VIII. All the students gave their best by striking a chord with the audience through beautiful singing on the Theme ‘Devotional and Patriotism’ in a very passionate way, which not only surprised the audience but the Judges too.

In this ‘Sur Sangam’, the students executed their vocal skills as well as instrumental skills that was really a treat to watch.





## INTRASCHOOL MATHS COMPETITION

“Maths gives us every reason to hope that every problem has a solution”

In an effort to lay a strong foundation of Mathematics among the students, Aadarshila Vidyapeeth organized Intraschool Maths Competition for the students of classes VI-XII from 05 January 2022-7 January 2022.

The students of classes VI- VIII enjoyed participating in ‘Healthifying Tangrams’ wherein the students created yoga postures using tangram pieces .

For classes IX-X , Wah Taj! An Architecture Wonder was organized wherein the students gave PowerPoint Presentation correlating mathematics with Taj Mahal.

For classes XI-XII , the competition was Get Set Go! Maths Puzzle-“HIDATO”. The event was successful in intriguing the students about the exciting world, that is Mathematics.





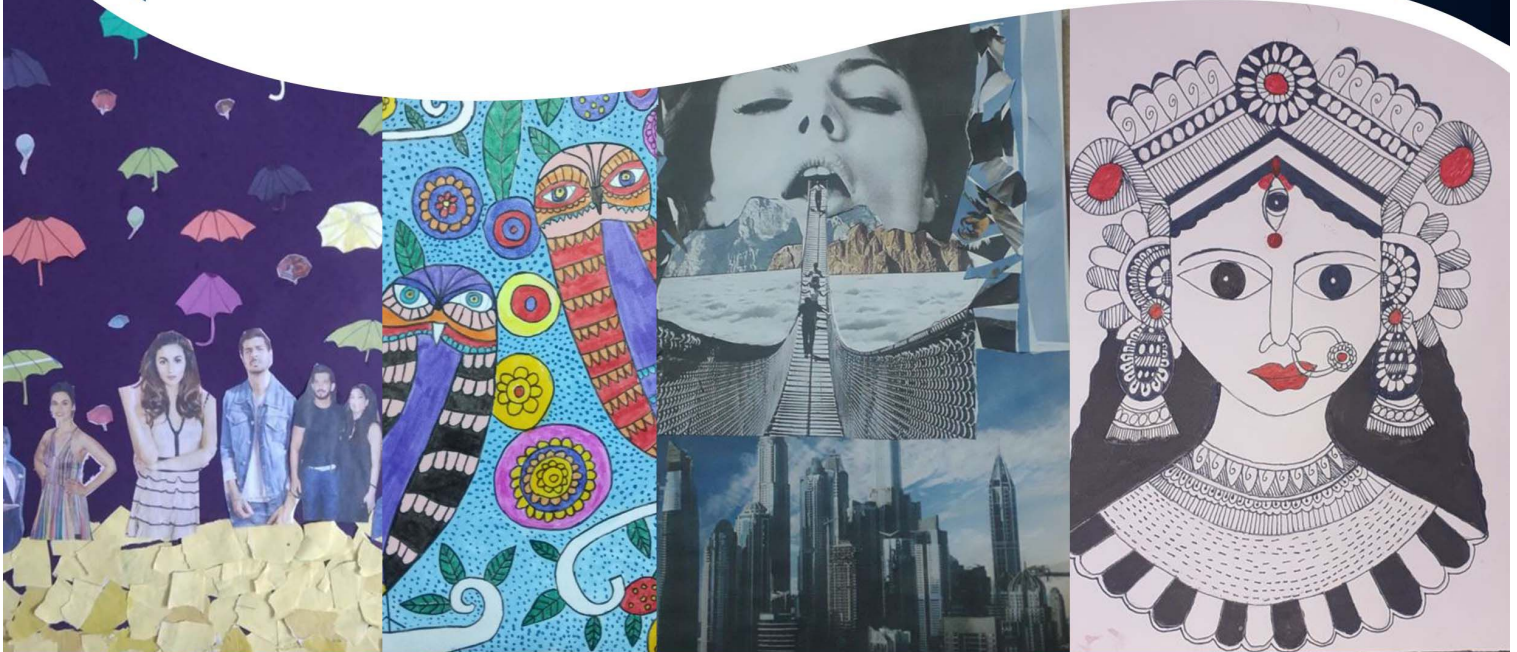
WEEKS-  
WINNING SPREE !  
KUDOS!!



## CREATION WEEK

“Imagination is more important than knowledge.”

Creating art not only expands a child’s ability to interact with the world around them but also provides a new set of skills for self-expression and communication. Aadarshila Vidyapeeth celebrated ‘Creation Week ’ to stimulate the young minds of classes VI-X from 07 February 2022 to 12 February 2022. Various activities were designed to provide a platform to enhance the artistic capabilities of the young creative minds. Although art and crafts often fit together, yet they are different processes; wherein art involves unstructured activities in which one can explore with one’s imagination, craft involves structured activities with a specific goal in mind. As the child creates a work of art, she/he begins the process of communicating visually, building problem-solving skills, fine motor skills and even social skills. The young participants enjoyed the craft activities planned for them; Folk Painting (grade VI), Mandala Art (grade VII), Landscape Art (grade VIII), Collage Art (grade IX) and Pop Art (class X). With exposure to these various types of activities, the youngsters developed their own individual creative interests; refined and strengthened their skills. The students picked up their paintbrush and created vivid paintings through these activities and learnt about symbolic communication through the art they created, choosing various colours to communicate feelings. The confident brushstrokes proved that creativity takes courage and intelligence.







## CYBER WEEK

"Our computers have become windows through which we can gaze upon a world that is virtually without horizons or boundaries."  
Aardharshila Vidyapeeth organized Cyber Week for the students of classes VI-X from 10.01.2022-15.01.2022 . The week offered multifarious activities to bring out the technical, creative and scholastic skills of the students. The plethora of talent left one and all spellbound. Various events for classes IV to XII were organized like Digital Poster Making, Let us Chart ! , Slide Geeks, N.E.Amation. It was indeed a pleasure to see the students reach out to the 'technological genius' and polish their talents to paint a moment of their own imagination in the canvas of their life.

CYBER  
CONCLUSION

### CYBER CRIME



#### WHAT IS CYBER CRIME?

*Computer crime or cybercrime, refers to any crime that involves a computer and a network, where the computers may or may not have played an instrumental part in the commission of a crime.*

### CYBER CRIMES

By - Aarzu Tripathi  
VIII-C



#### Introduction

Cybercrime is a crime that involves a computer and a network. The computer may have been used in the commission of a crime, or it may be the target. Cybercrime may harm someone's security and financial health.



www

PERMISSION TITLE



TOP 10 MOST COMMITTED  
CYBER CRIMES



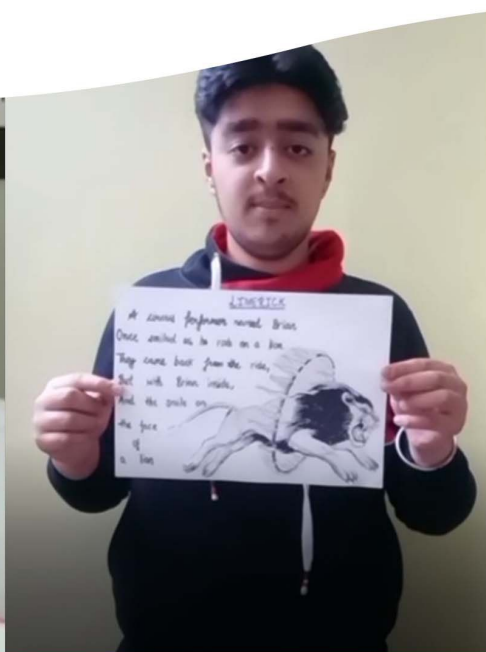
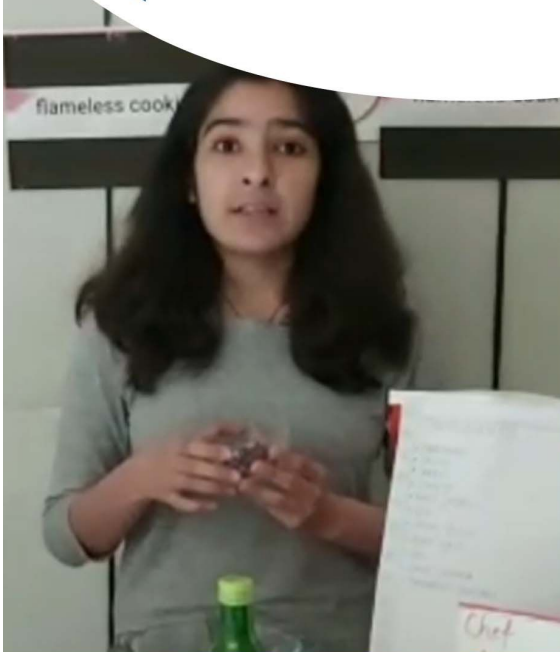


## ENGLISH WEEK

'As universal communication expands throughout the world, so does the need for a universal language.

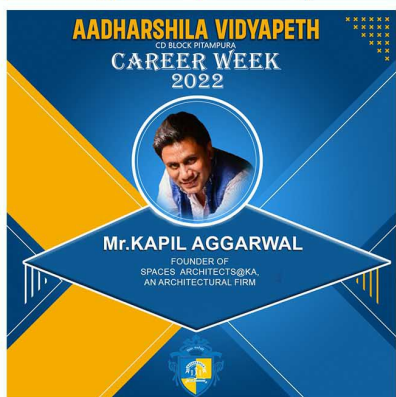
English language serves this purpose of being a common and universal language. Keeping this in mind, we at Aadarshila Vidyapeeth celebrate 'English Week' every year. This year we celebrated it from 14 February 2022 to 18 February 2022 for the classes III -IX .An array of activities and competitions like Rhyme Recitation, News Presentation, Slogan Writing, Eloquence, Role Play and Limericks were conducted to enhance the confidence and competence of our students.

From books to stage, knowledge to expressions from reel to real , the week had it all. The vibrance and excitement had been the reward for teachers which in return also helped the students to develop varied skills and motivated them to keep learning beyond the books.





# Career Week



**“The belief that you can have a meaningful career is the first step to finding one.”**

**Aadharshila Vidyapeeth has always looked ahead to nurture students’ interest and enhance knowledge. To spark their interest, to explore new career and to develop deeper opportunities into job prospective, the School had to organized a virtual professional guidance session from 18.01.2022 (Tuesday) to 21.01.2022 (Friday) in two slots (1:00 pm -1:45 pm and 2:00 pm-2:45 pm) wherein the experts enlightened the students with their professional experiences.**

ICONIC

STALWARTS





# DELHI STATE JUDO COMPETITION

AADHARSHILA - TASTING THE GLORY OF SUCCESS



**NISHQ BANSAL**  
XI B  
SILVER MEDAL



**RONIT BASOYA**  
VII F  
SILVER MEDAL



**AARUSH GUPTA**  
XII D  
BRONZE MEDAL



**PURAVANSHI PAL**  
XII C  
BRONZE MEDAL



**DAKSH SINGHAL**  
XII C  
BRONZE MEDAL



**KHUSHI KAUR**  
XII D  
BRONZE MEDAL



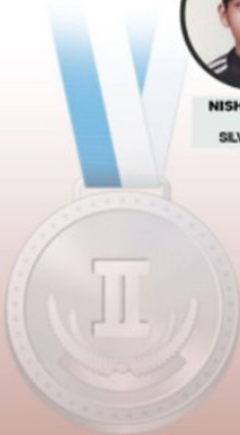
**KASHVI BHARGAVA**  
XII C  
BRONZE MEDAL



**DEEPANSHU**  
XII C  
SILVER MEDAL



**AGAM KHURANA**  
XII C  
BRONZE MEDAL



Our Young Judokas participated in Delhi State Judo Competition held from February 18, 2022 to February 22, 2022. Sportsmanship, Competitiveness, Camaraderie and Confidence of the Aadharshilians were in full display when they made the school proud by winning glorious medals in various categories.



# DELHI STATE KURASH COMPETITION



**AGAM KHURANA**  
XII C  
KURASH  
SILVER MEDAL



**MADHAV GERA**  
XI C  
KURASH  
BRONZE MEDAL



**DAKSH SINGHAL**  
XII C  
KURASH  
BRONZE MEDAL



**AARUSH GUPTA**  
XII D  
KURASH  
BRONZE MEDAL



**AARYAMAN BHARGAVA**  
VIII A  
KURASH  
SILVER MEDAL



**ADITI JAIN**  
VIII C  
KURASH  
BRONZE MEDAL



**KASHVI BHARGAVA**  
XII C  
KURASH  
BRONZE MEDAL



**AADHARSHILA VIDYAPEETH- SCALING NEW HEIGHTS**  
Aadharshila Vidypeeth blazed a trail of exhibiting unparalleled success in the arena of sports by forging ahead with the spirit of healthy competition and persevering with the winning streak in the state level KURASH COMPETITION organized by Delhi State School Games from 23 February 2022 to 27 February 2022. The high-spirited sports champs carried the day and added another proud moment in the sports accomplishments of the school by procuring silver, gold and bronze medals.

**KUDOS TO THE WINNERS!**

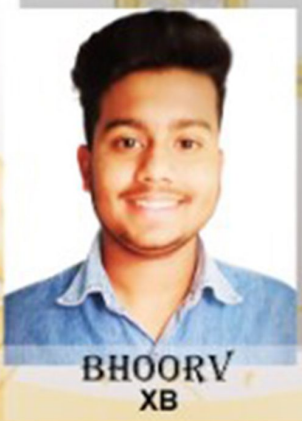


# AADHARSHILA VIDYAPEETH

1ST POSITION  
DELHI STATE  
VOLLEYBALL



AKSHAT BISHT  
XE



BHOORV  
XB



PARTH BATRA  
XC



## AADHARSHILA SHINNING STARS!

*Aadharshila Vidyapeeth expanded its horizon into sports arena by knocking down other teams of Zone XI, North West B, securing 1st Position in Delhi State School Games 2021 - 2022 Volleyball Tournament organised by DOE, sports branch held from February 21, 2022 to February 24, 2022.*

*Three of our students Akshat Bisht of X-E, Bhoorv of X-B and Parth Batra from X-C added the strength to the team and made it reach to the culmination i.e. the 1st position among North Zone XI West teams. Indeed, it is a proud moment to cherish.*





*Aadharshila-Pouring laurels all the way...*



**The school takes immense pride to announce that Ronit Basoya of Class VII-F has been selected for 5th Sub Junior Kurash Championship 2021-2022 to be held from 26th - 28th March 2022 in Dhanbad (Jharkhand)**

**Heartiest  
Congratulations kiddo!!**





# DELHI STATE TABLE TENNIS COMPETITION





CROWNING  
GLORIES



## 75TH INDEPENDENCE DAY CELEBRATION

“Patriotism is not short frenzied outburst of emotions, it is a feeling of allegiance that is the result of knowledge and belief.”

Aadharshila Vidyapeeth has always taken a lead in inspiring the young Aadharshilians to evince their patriotic sentiments through dynamic participation in various events. In continuation with the Year Long 75th Independence Day Celebration, the adroit artists of the school participated in Poster Making Competition organized by the DOE. The students designed flamboyant and informative posters on the given themes. Two best entries were selected from both boys and girls category separately and were mailed to Assistant Director of Education. The competition served as a platform for the students to showcase their creative knack blended with the essence of patriotism.







## AZADI KA AMRIT MAHOTSAV

Aadharshila Vidyapeeth believes in instilling the value of patriotism in the students. In the pursuit of arousing patriotic sentiments of the young Aadharshilians and to clue them about the activities and competitions to be conducted in the month of January 2022 under Azadi ka Amrit Mahotsav, an online session was conducted using zoom app. The students of classes VI-VIII were apprised of the conduction of events and they evinced their latent talent by participating with verve and vivacity in various events like Deshbhakti Geet Writing, Rangoli Making and Lullaby Writing. This event served as a platform for the students to showcase their create creativity. Participants were awarded e-certificates.





## NATIONAL FOUNDATION FOR COMMUNAL HARMONY

**“Small things done in the service of others instills compassion leading to building a socially committed individual.”**

**Aadharshila Vidyapeeth believes in instilling the values of sharing, caring and compassion in the students. In the pursuit of making the young Aadharshilians socially committed individuals, the school motivated the students to participate in variegated activities organized by National Foundation for Communal Harmony. The students of classes III-VIII evinced their latent talent by participating with verve and vivacity in various activities like Dance on Communal Harmony, Essay Writing and Music Sessions using online portal. Three best entries were mailed to the organization. The students of classes IX-XII gave their share of participation for the Samaritan cause by donating 2,100 rupees. This event served as a platform for cultivating positive human values and ethical principles in the students.**







## DRDO CONTEST- SHORT ANIMATION FILM DESIGN

**“ Reaching for the stars lie hidden in your soul,  
Dream deep for each dream precedes the goal”**

**Aiming for the sky, has been the motto of energy diligent student of Aardharshila Vidyapeeth and to bask again in the crowning glory, the school has proved his mettle again by participating in the DRDO Contest , that is pioneer project to support Aatma Nirbhar Bharat, wherein a short Animation Film Design Contest was organised in which Daksh Garg of class XI participated online and showcase his creativity and innovation in Animation Film Design.**

STUDENTS  
BE IN LINE!!

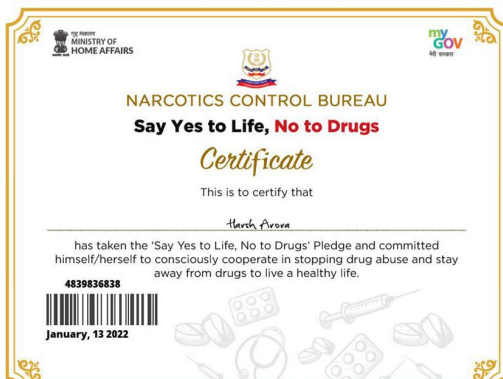
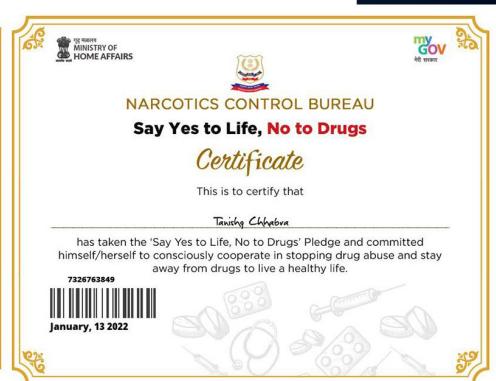
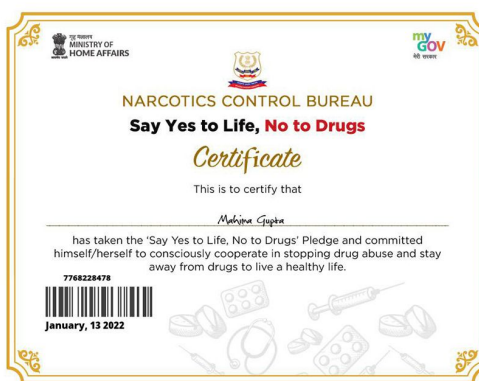




## E- PLEDGE AGAINST DRUGS

“Awareness is a powerful catalyst for a positive change.”

Aadharshila Vidyapeeth leaves no stone unturned to create awareness in the young Aadharshilians and incentivize them to be a better persona. The school motivated the students to take e-pledge against drugs under the Public Outreach Programme on 15 January 2022. The students followed the specific steps using the given link, took e-pledge and downloaded the e-certificate for the same. Students were acquainted with the adage “Say yes to life, say no to drugs.” It served as a great platform to create awareness among the youth against the drug menace and to save the future generations from the clutches of drug abuse.







**“HEALTHY COMPETITION BOOSTS SELF- CONFIDENCE OF THE STUDENTS  
INSPIRING THEM TO LEARN NEW SKILLS .”**

Aadharshila Vidypeeth is always willing to go an extra mile to instill a healthy competitive spirit in the young Aadharshilians and broaden their horizon of knowledge by participating in multifarious competitions. The dynamic Aadharshilians flung themselves into variegated competitions organized by Gandhi Smriti as a token of reverence on 74th Anniversary Tribute to Father of the Nation on 30 January 2022. Students of classes V-XII evinced their knack bright eyed and bushy tailed in Poetry Competition, Essay Writing Competition and One Minute Video Film Making Competition. The zealous participants put their heart and soul into the competition. Hard copies of all the entries were submitted at Gandhi Smriti.

Some may call him Kaiser and some may call him mahatma, but for all the Indians he is only the father of India, the one who led us to freedom without shedding much blood, who never waged a war and always spread love, he drove the Britishers out of India with his policies of truth and non-violence, he always favored the brave but not those who were violent, in the glorious year of 1947 India at last got independent, but in the next inauspicious year we found 'him' dead, this personality is M.R. Gandhi who didn't care about himself but now you can understand that why he was a mahatma, yourself.



**BRING GANDHI IN MY LIFE**

Keep your thoughts positive  
'because your thoughts  
Becomes your words.

Keep your words positive  
because your words  
becomes your behaviour

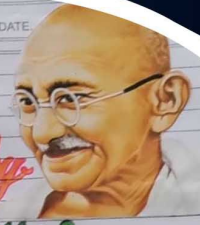
Keep your behaviour positive  
because your behaviour  
Becomes your habit

Keep your habit positive  
because your habit  
becomes your values.

~ Mahatma Gandhi

TOPIC ..... DATE .....

**Why I am Influenced by Mahatma Gandhi?**



It goes without saying that Mahatma Gandhi is one of the most inspiring people to have walked the earth. He was a lawyer, a freedom fighter and most importantly, the biggest symbol of hope during the British rule. His life has inspired millions of people, among them are Martin Luther King Jr. and Nelson Mandela. His life has inspired me in many ways too.

Firstly, Gandhi was always simple. I had always thought that luxury was a major part of our lives. For instance, Gandhi wore homespun khadi clothes. So, I began to realize that we can lead simple lives too. He believed that every person should do their own work when they are capable. This has inspired me to lead a self-reliant life. There are several limits



## HUNAR 2021-2022

**“Competition is a driving force that reflects an individual’s capabilities pushing him to achieve success.”**

**Aadharshila Vidyapeeth has always given credence to learning beyond books and venturing a world full of opportunities to unveil the latent talent of young Aadharshilians. Promulgating the spirit of healthy competition among the students, the school inspired the them to participate in Hunar 2021-2022 organized by St. Columbo School, Piampura, Delhi. The tiny tots of Pre-School and Pre-Primary participated with zeal and gusto in Fancy Dress Competition, a student gave an elegant performance in Solo Indian Folk Dance under III-V Category, a melodious performance was in Solo Folk Song under VI-VIII Category. A team of three students used their creative and technological skills to design an evocative E-Magazine under IX-XII Category. The videos and pdf were uploaded using online portal.**

**The students made the school proud by performing meticulously in competitions. Shivansh Sharma of Pre Primary B and Adhya Goyal of Pre Primary C added laurels to school's cap by winning Fancy Dress Competition.**





ALL THE

WORLD A

STAGE-

ADHARSHILA SOARING HIGH...

# VIRTUAL TOUR TO TOKYO

“Travel opens your heart, broadens your mind and fills your life with stories to tell.”

Technology has removed the barriers of time and distance. There are now available a variety of activities and experiences which allow us to enjoy the beauty or adventure of far-off places while sitting in the comfort of our home. Travelling and trips are the best ways to discover and to eradicate boredom.

Virtual Field Trips allow learners to engage in a dynamic, interactive and guided way and assist students to learn outside their classrooms. Keeping this in mind, Aadharshila Vidyapeeth, Pitampura planned an exciting ‘Virtual Tour to Tokyo’ for the students of Classes Pre-School to XI from 17 January to 19 January 2022. The visit to Tokyo was an enthralling experience for the young minds that are always eager to learn about the intriguing innovation and technology. The students got fascinated to behold the robotic functioning at different arenas. They were enraptured by the deep insight into Japanese culture and captivated in learning few of the Japanese common vocables like ‘Konnichiwa’ to say ‘Hello’, ‘Arigato’ to say Thank you. The Virtual Show was a stupendous and spectacular event.





THE  
INTELLECTUAL  
HAT

ENGLISH ARTICLES

Dance  
LIKE  
no  
ONE'S  
Watching



~ Dina Jaisinghari  
VII - A  
AV-3303/2013



# Tongue Twisters

1. The sixth sick sheik's sixth sheep is sick.
2. Does your sport shop stock short socks with spots.
3. The great Greek grape growers grow great Greek grapes.
4. Your furious friends furiously fought for the phone.
5. Three thin thinkers thinking thick thoughtful thoughts.
6. We shall surely see the sun shine soon.
7. Lesser leather never weathered wetter weather better.
8. Fifty frantic frogs fled from fifty fierce fishes.

RIYA  
VIII-A

## Hindi Article

Topic \_\_\_\_\_

Date \_\_\_\_\_

### मेरा भारत देश

मैं उस भारत से आती हूँ ,

जिसके होठों पर गंगा और हाथों में त्रिशूल है।

वो भारत जो कभी ,

सत्यम् शिवम् सुन्दरम् कभी दान्ये मातरम् है।

मैं उस भारत से आती हूँ ,

जिसने विश्व को हितोपदेश और कर्मयोग सीखाया

लेकिन खुद कभी अपना पराधा नहीं सीख पाया।

वसुधैव कुटुम्बकम् के सिद्धांत पर जीया मेरा भारत,

वो नीलकंठ है जिसने खुद विष पीकर दूसरों को

अमृत दान किया।

मैं गाँतम के भारत से आती हूँ ,

SHOT ON REDMI Y3  
AI DUAL CAMERA



Topic \_\_\_\_\_

Date \_\_\_\_\_

जहाँ जनहित के लिये राजपुत्र संघासी हो जाता हूँ,  
मैं राम के भारत से आती हूँ,  
जहाँ पिता के एक वचन पर बेटा वनवासी हो जाता है।  
मैं उस भारत से आती हूँ,  
जो स्त्री को उसके स्वाभिमान से पहचानता है।  
मेरा भारत आकाश सा बलवान है,  
फिर भी धरती सा धैर्यवान है।



SHOOTING  
2503

SHOT ON REDMI Y3  
AI DUAL CAMERA

GOOD WRITE

Topic.....

Date: / /

# अच्छे और बुरे लोग

अक्सर कई लोग उन लोगों के बीच बैठना पसंद करते हैं जो सिर्फ उनकी झूठी तारीफ करते हैं। लेकिन आप बस एक बार उनसे अपने लिए मदद की उम्मीद करके देखिएगा। आप खुद समझ जायेंगे कि वो हमारे हितैषी हैं या नहीं। नीम कड़वा ज़रूर होता है पर ज्यादातर बिमारियों में नीम हकीम है। कुछ लोग नीम की तरह होते हैं। लेकिन वो ही आपके सच्चे हितैषी भी होते हैं। ऐसे लोगों से हमेशा आपको फायदा ही मिलता है क्योंकि उनको सब आपकी बुराई करनी होती है तो वो आपके पीठ पीछे नहीं बोलेंगे। बल्कि वो आपके सामने ही आपकी बुराई कर देंगे। उनकी बातें बिल्कुल सरी होती हैं। बुरे लोग तो नकारात्मक पहलुओं को तुरंत पकड़ते हैं और जब हम उनके साथ रहना शुरू करते हैं तो हमारे अंदर भी वो ही नकारात्मक भाव पनपने लगते हैं। ये मानव की प्रकृति है कि वो नकारात्मकता की ओर जल्दी ही आकर्षित हो जाता है। जिसका प्रभाव उन्हें तब दिखाई देता है जब कोई उनकी आशाओं को रोंधकर उनसे भागे निकल जाता है। कई बार तो इतनी देर ही चुकी की मुकाम हाथ से पूरी तरह निकल जाता है। जो लोग मीठा बोलते हैं आपको उनसे सतर्क रहने की ज़रूरत है। हो सकता है कि वो आपके हितैषी ना हो। पर ऐसा नहीं है कि सभी लोग एक जैसे ही होते हैं। कुछ लोग आपकी परवाह करने वाले भी होंगे।

आदित्य साहू  
दसवीं 'अ'

GOOD WRITE

A Mark of Quality

Teacher's Sign



## Sanskrit Articles

Topic लौगस्स का पाठ

Date 2/5/22

### ⇒ चतुर्विंशति - स्तव - सूत्र !!!

- लौगस्स उज्जीयगरे, धम्मतिथयरे जिणौ।  
अरिहंते कित्तइस्सं चउवासं पि कैवली ॥ [1]
- उसभमजियं च वंदे, सम्भवमभिणंदणं च सुमइं च।  
पउमप्यहं सुपासं जिणं च चंदप्पहं वंदे ॥ [2]
- सुविहिं च पुफ्फदंतं सीअल-सिज्जंसं-वासुपुज्जं च।  
विमलमणंतं च जिणं धम्मं संति च वंदामि ॥ [3]
- कुन्थुं अरं च मल्लिं वंदे, मुणिसुव्वयं नमिजिणं च।  
वंदामि रिट्ठनैमिं पासं तह वद्धमाणं च ॥ [4]
- एवं मय अभित्थुआ विहुयरयमला यहीण-जश्मरण।  
चउविसं पि जिणवरा तित्थयरा मै पसीयन्तु ॥ [5]
- कित्तिथ-वंदिय-महिया जै ए लौगस्स उत्तमा सिद्धा।  
आरुग्ग-बीहिलाभं समाहिवरमुत्तमं दिंतु ॥ [6]
- चन्दैसु निम्मलथरा आइच्चैसु अहियं पयासयरा।  
सागर-वर-गम्भीरा सिद्धा सिद्धिं मम दिसन्तु ॥ [7]

X ——— X ——— X ——— X ——— X ——— ;

Vandita Jain ~ वंदिता जैन

VII - B ~ VII - बी

AV-3885/2015 ~ ए.वी-3885/2015

# कन्यां संरक्षत पाठयेत च

## कन्यां रक्षत कन्यां पाठयेत

- ★ अस्माकं देशे अद्यापि पुरुषप्रधानः समाजः वर्तते।
- ★ एतेन कारणेन धुत्रः पुत्रीभ्यः श्रेष्ठतराः मन्यन्ते।
- ★ जनाः पुत्रेभ्यः इच्छन्ति न तु पुत्रीभ्यः।
- ★ आधुनिके समाजेऽपि अनेकेषु स्थानेषु बाल्यकाले एव पुत्राणी वधं भवति।
- ★ अद्यत्वे कन्याः निजपरिवारस्य सदृशेऽपि सर्वेषु क्षेत्रेषु स्वप्रयत्नेन, उद्यमेन शिक्षा-च उच्चपदेषु विद्यमानाः सन्ति।
- ★ ताः स्वदेशस्य कीर्तिपताकां धारयित्वा अग्रे अग्रे एव गच्छन्ति।
- ★ अधुनाः एताः चिकित्सिकाः, सेनाप्रमुखाः च इत्यादि भूत्वा उच्चपदान् अलंकुर्वन्ति।
- ★ यदि एताः संरक्षिताः, पालिताः, शिक्षिताः च न स्युः तर्हि कथं ताः उच्चपदानि शोभितुं समर्थाः भवेयुः।
- ★ अतः कन्याः प्रयत्नेन संरक्षणीया, पालनीयाः, शिक्षणीयाः च।



# VACCINATION CAMPS



## VACCINATION CAMP - DOSE 1

“If we want to return to normalization of teaching in schools, we should help the government bodies in successful execution of vaccination of students.”

Aadharshila Vidyapeeth has always proactively pioneered in tough times to work in collaboration with the government's initiatives. The school has reached out to the district health department and sought an appointment for vaccination at the nearest Central Government Health Scheme empanelled hospital. Aadharshila Vidyapeeth has converted its campus into a dedicated Covid vaccination centre for the 15-18 age group to get vaccinated in a safe place on January 11, 2022. A letter to parents informing about the vaccination process was sent.

The students were registered and around 85 students received their first dose of Covid-19 Covaxon jab in the centre. The students were asked about their health status and sent to Observation Room for half an hour. Aadharshila Vidyapeeth reiterated its commitment to sharing its resources with the community for a safer and better tomorrow.

Due to the spike in cases, many students didn't come to school. Some were also unsure about vaccination and would like to wait and watch before they decide to get their children vaccinated. At the centre, all the COVID protocols were observed.



**AADHARSHILA VIDYAPEETH**  
PITAMPURA

Organizing

**COVID-19**  
**Vaccination**  
**Camp**







## VACCINATION CAMP - DOSE 2

Aadharshila Vidyapeeth, believes firmly in the holistic development and well-being of its learners and realizes its responsibility in ensuring that the youth of the nation are healthy and strong, both psychologically and physically, to shoulder the responsibilities that the future has in store for them. The School organized a vaccination drive to further its stand on the commitment of a 'Healthy Youth, Healthy Nation for the young children, aged 15 - 18 years on Saturday, 12 February, 2022 from 9 am to 12:30 pm within the school premises. Being sincerely committed towards the health of the children, the vaccination drive was made absolutely free of cost and ensured that the students received their second dose of vaccination in a safe environment. Around 90 students received their second dose of Covaxin jab in the centre.

Aadharshila Vidyapeeth believes in following the COVID-19 protocols - CAB- Covid Appropriate Behaviour i.e., wearing masks, following social distancing, using the sanitizer and washing hands frequently, following a fitness routine with yoga- meditation, further paired with a balanced diet. CAB was followed throughout the vaccination drive by all the students, parents and staff members to ensure safety for all. The teachers present at the vaccination drive shared their gratitude to the doctors and all the health care workers for vaccinating all those eligible for the shot to fight COVID-19. The vaccination drive was a great initiative towards the cause of humanity

**PROUDLY VACCINATED**  
*at*  
**Aadharshila Vidyapeeth**



**DON'T MISS YOUR  
2ND SHOOT**

TO STOP COVID-19

**Aadharshila Vidyapeeth**  
Pitampura

Organizing

**COVID-19**  
**2nd Dose**

CELEBRATING  
THE GLORY  
OF OUR  
NATION



## 73rd Republic Day

Republic day is a remarkable day in the history of India as on this day the constitution of India came into effect.

To make it memorable in these changing times Aadharshila Vidyapeeth, Pitampura bloomed in the colours of patriotism by celebrating the spirit of unity, harmony and peace on the 73rd Republic Day on January 25, 2022. The Aadharshilians cherished the golden heritage of the country through cultural presentations on the virtual platform, imbibing the feelings of integrity and pride in everyone's hearts. The celebration began with the hoisting of the tricolour flag by the Principal, Mr Byomakesh Mishra accompanied by the Vice-Principal, Ms Preeti Saxena. Flag hoisting was followed by the National Anthem to pay tribute to the motherland. The virtual celebration in all the classes from VI to Class XII, commenced with invoking the blessings of Lord Ganesha. The cultural celebration, in the virtual platform included, recorded; dance, music and talks by the students. Listening to and singing patriotic songs, triggered in the children and teachers alike, many emotions; pride, love and respect for the country. The students sung "Swarg Se Sundar Desh Humara" melodiously depicting unity in diversity despite having diverse culture, languages, religions and traditions we all stand together as one! The little geniuses of the school truly summed up the meaning of this great day by recalling the sacrifices made by the freedom fighters of the country and discussing love, gratitude and respect for the motherland through their dance performances, speech and recitation.

School Principal, Mr Byomakesh Mishra inspired the students with his motivational words and told all the students to abide by the constitution of their motherland and fulfil all their duties as responsible citizens. Even the teachers exhibited their devotion towards the nation by wearing the ethnic tri-coloured attires. Overall, the session turned out to be quite insightful and full of reverence towards the great and real heroes of our country.

It was a day to once again celebrate 'Being Indian'.

Jai Hind!



*Happy Reading !*



**AADHARSHILA VIDYAPEETH**

**CD BLOCK PITAMPURA DELHI 110034**

**[www.aadharshilavidyapeeth.org](http://www.aadharshilavidyapeeth.org)**