



Aadharshila Vidyapeeth  
**SPECTRUM**  
**THE E-MAGAZINE**

October to December - 2025-2026



AADHARSHILA  
VIDYAPEETH

आधारशिला विद्यापीठ



At Aadarshila Vidyapeeth, every child is valued and inspired. We nurture students who think creatively, question fearlessly, and act with kindness and courage. Here, education goes beyond books—it shapes character, sharpens intellect, and strengthens values.

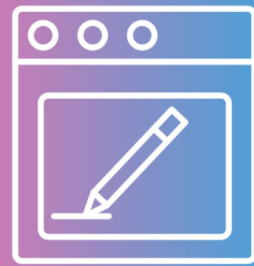
Together, we are building confident young citizens, ready to shape a brighter tomorrow.

**Dr. Priti Saxena**  
**Head of the School**

# From Editorial Board

Aadharshila Vidyapeeth feels wrapped in a season of grit, teamwork, creativity and joy .This edition has brought together moments that speak of expression and warmth - a reminder of how beautifully our school's spirit comes through in everything we do .Stay inspired! Stay driven!

**With warm regards,  
The Editorial Team**



# ANNUAL DAY UDAAN - 2025

## (Class PS - I)



Aadharshila Vidyapeeth celebrated its Annual day, which turned out as ecstatic extravaganza. Students of Pre-School, Pre-Primary and class-I, demonstrated their extraordinary skills and a journey towards holistic development. Sh. Vijender Gupta, speaker of Delhi's Legislative assembly was the chief guest along with other dignitaries. Function started with kindling of auspicious lamp by Chief guest and other dignitaries. Students presented Ganesh Vandana and then tiny tots welcomed the audience with a western dance 'Welcome Waltz'.





A hilarious performance through a skit 'Andher Nagari' entertained the viewers with humorous dialogues. Folk dances and tribal dances of our country performed by students, mesmerized everyone due to its melody, rhythm and enthused dancers. Students also exhibited their sensitivity towards environment by presentation 'Jivan ka aadhar - pryavaran sanrakshan'. Audience was left astonished by Martial arts skills of students when tiny judokas presented their event and extraordinary yoga asanas were performed. Chief guest Sh. Vijender Gupta appreciated the student's caliber, discipline and their efforts. He motivated the team for continuing efforts to provide ideal education. 'Udaan-2025' was a great image of aspirations, mission, vision and dedication of Aadharshila Vidyapeeth in the field of Education.

# ANNUAL DAY NAVRANG - 2025

## (Class II - V)

Annual Function was organized at Aadharshila Vidyapeeth on 16.10.2025, a historical moment celebrated Annual day which propelled into magnificent and reverberating celebration. Students of Primary section (class-II to Class-V) participated in the programme, which was an amalgamation of various hues benefiting the theme wondrously. The thematic show of talent, imagination, and organization was the essence of the evening.



Our students danced to the tune of songs with colourful props. Ms. Balesh kumari (DDE zone, district Pitampura), Ms. Sudesh Kumari (DDE ZONE XI), Aashish Soon (Education Minister) and Vijay Goel Sir was the chief guest along with other dignitaries. Function started with kindling of auspicious lamp by Chief guest and other dignitaries. Cultural program begin with divine invocation. A melodious presentation for welcoming the audience 'Swagatam' mesmerized everyone.





A musical drama 'Krishna Leela' was a divine experience. Humourous drama 'Gupt masale ka rahasy' left audience in uncontrollable laughter. A fusion of diversity of Indian culture was demonstrated through dance performance of students 'Rangilo Bharat' Audience was left astonished by Martial arts skills of students when tiny judokas presented their event and extraordinary yoga asanas were performed. The audience was enthralled by a colourful and very well directed dance drama. The theme-based dances both Western and Folk dances captivated the guests. 'Navrang-2025' was an exhilarating show, an unforgettable experience and left a lasting impression on the minds of everyone present. It was indeed a spectacular display of talent and fervor.

# ANNUAL DAY JHAROKHA - 2025

(Class VI - X)



Aadharshila Vidyapeeth celebrated its Annual day, which turned out as ecstatic cultural extravaganza. Students of classes VI to X, demonstrated their extraordinary skills and a journey towards holistic development. Sh. Parvesh Verma, Cabinet minister NCT, government of Delhi, was the chief guest, Ms. Kamalini Asthana and Nalini Asthana, renowned Kathak dancer, Sh. Vijay Goel, Vice chairman, Gandhi Smriti and Darshan Samiti along with other dignitaries graced the occasion.

Function started with kindling of auspicious lamp by Chief guests and other dignitaries. Students presented Ganesh Vandana and then a grand cultural presentation on very sensitive issues like 'Zero Hunger', 'Artificial Intelligence',



Save the girl child' and patriotism gave strong message through mimes, dramas and acts. A value based act 'Frosted heart' showing the influence of love and tolerance touched everyone's heart A hilarious performance through a musical presentation 'Raag mala' entertained the viewers with classical music. Folk dances and tribal dances performed by students, mesmerized everyone due to its melody, rhythm and enthused dancers. Students also exhibited their extra ordinary musical skill when school band played patriotic tunes. Audience was left astonished by Martial arts skills of students when judokas demonstrated their feats and extraordinary yoga asanas were performed with outstanding formations. Chief guest Sh. Parvesh Verma appreciated the student's caliber, discipline and their efforts.



Ms. Nalini Asthana and Sh. Vijay Goel motivated the students to become successful and ideal citizens of India. Sh. Vijay Goel inspired the team for continuing efforts to provide ideal education. 'Jharokha-2025' was a great image of aspirations, mission, vision and dedication of Aadharshila Vidyapeeth in the field of Education.

# SPORTS ACHIEVEMENTS



**Delhi State School Games (Yoga)  
II Position**



**Pooja Yadav (Basket Ball)  
Delhi State School Games  
I Position**



**Hanshika Mavi (Kurash)  
Delhi State School Games  
I Position**



**Delhi State Kurash Championship  
2025 - 2026**



**DDA Inter School Basketball Tournament  
III Position**



**DDA Inter School Basketball Tournament  
I Position**



**SAATWIK AGGARWAL (Basketball)  
Delhi State School Games  
III Position**



**Volleyball Championship  
Delhi State School Games  
I & II Position**



**Delhi State School Games (Yogasana)  
III Position**



**Zonal Volley Ball  
I Position**



**All India Yoga Championship  
III Position**



**Delhi State School Games (Yoga)  
III Position**

# Rangoli Making Competition

A Celebration of Colors and Creativity

(Class 7<sup>th</sup> - 8<sup>th</sup>)



A vibrant Rangoli Making Competition was organized at Aadharshila Vidhyapeeth on 17.10.205 to celebrate the joyous festival of Diwali. The event was divided into two categories — Junior (Classes VI to VIII) and Senior (Classes IX and X). The competition truly reflected the spirit of Diwali — the triumph of light over darkness and creativity over monotony. The participants' enthusiasm and imagination made the event a grand success!

# Maths Week 2025 (Class II - XI)

## Where Logic Meets Creativity!

From 17th to 21st November 2025, our school celebrated Math Week—a dynamic and enriching journey designed to spark curiosity, creativity, and confidence in mathematics.

The week began with an exciting Heading Making Competition (VI–VIII) where students designed bold and artistic letters of the word MATHS, blending patterns, colours, and mathematical motifs.

Day 2 brought an energetic Inter-House Soft Board Competition (VI–VIII) on the theme Maths in Real Life. Students transformed chart paper into vibrant displays showing how mathematics beautifully connects with daily life—budgeting, architecture, time, travel, nature and more.

Students of Classes VI–VIII showcased extraordinary innovation during the Special Assembly – Fashion with Maths, presenting jewellery designed using mathematical concepts like symmetry, angles, tessellations and patterns.

Classes IX–XI participated in a unique Maths Newspaper Making Competition, where teams created coffee-tinted newspaper spreads featuring weather reports, puzzles, facts on India's architecture, and creative mathematical games.





The thrill continued on Day 4 with Logo Designing (IX–XI), where students crafted mathematical logos integrating geometry, ratios, symmetry, and colour balance—highlighting the elegance of design thinking .

The week concluded with a show-stopping Fashion with Maths Assembly (IX–XII) as students confidently walked the stage in dresses inspired by geometric folds, fractal patterns, 3D shapes and modular designs—a perfect fusion of creativity and mathematical beauty.

Overall, Math Week 2025 was a vibrant celebration of imagination, innovation, and intellectual exploration—encouraging students to discover the magic of mathematics beyond textbooks and into real life.



# Sci-Math - 2025

Interschool Maths-Science Competition





# Children Day Celebration

(Class VI - VII)





# Special Assembly Guru Nanak's Birthday (Class PS - XII)



Gurpurab, the birth anniversary of Guru Nanak Dev Ji, the first Sikh Guru and the founder of Sikhism. The celebration began with the students offering prayers and remembering the divine teachings of Guru Nanak Dev Ji from classes PS – XII on 04.11.2025.





Students expressed few lines on Guru Nanak Ji's life and his messages of truth, equality, and kindness, spreading the essence of peace and humanity. This was followed by a soulful Shabad Kirtan sung by the students, filling the atmosphere with devotion and positivity.

The assembly continued with the recitation of the Mool Mantra, reminding everyone of the eternal truth — Ik Onkar, meaning God is One. The event concluded with a symbolic Nagar Kirtan, where students joyfully took part to honor the great Guru.

The celebration beautifully conveyed the message of love, unity, and selfless service as taught by Guru Nanak Dev Ji.



# Festival Fiesta - Diwali





Candles, lamps, colourful rangolies, decorations, music and sweets - Aadharshila Vidyapeeth had an ecstatic Diwali celebration on 18.10.2025 for classes PS-VIII. Prayers were offered by HOS Dr. Priti Saxena and whole fraternity joined. Students were excited, ignited and enthusiastic. Wishes and greetings were exchanged and smiles shined on every face. Campus echoed with prayers and wishes.

# Snowman Activity (III-V)



# Best Out of Waste Activity (Class III - V)

*"From bits and scraps, art took its place,  
Turning waste into beauty with grace!"*



A Best Out of Waste activity was conducted on 7th November (Friday) for Classes III to V. The students participated with great enthusiasm and creativity, making beautiful flower vases using waste materials. The activity aimed to inspire the habit of recycling and reusing while giving students a platform to display their imagination and concern for the environment.

# Bookmark Making Competition

(Class III - V)

A bookmark stands as a gentle sign,  
That learning's flame will always shine.



Bookmark Making Competition was organized in the school on 30th October 2025 for the students of Classes III to V. The activity aimed to encourage creativity and artistic expression among the young learners.



The students participated enthusiastically, designing attractive and meaningful bookmarks using colorful paper, ribbons, stickers, and other decorative materials. Each bookmark carried thoughtful messages and creative designs that reflected their imagination and love for learning. The competition not only showcased their artistic talents but also inspired them to value creativity and mindfulness in their daily lives. It was indeed a joyful and enriching experience for all.

# Winter Carnival - 2025



The unfolded as a delightful mosaic of laughter, colours, and festive sparkle. Joy danced in every corner, blending games, creativity and cheerful camaraderie.

Moments shimmered with warmth, smiles, and shared celebrations. A charming winter soiree—etched in hearts, beyond the season.







# Farewell - 2025

We bid adieu to Class XII....  
Fly High In The Sky And Make Us Proud



# Constitution day



## Nayi Ghetna 4.0 - Gender Campaign



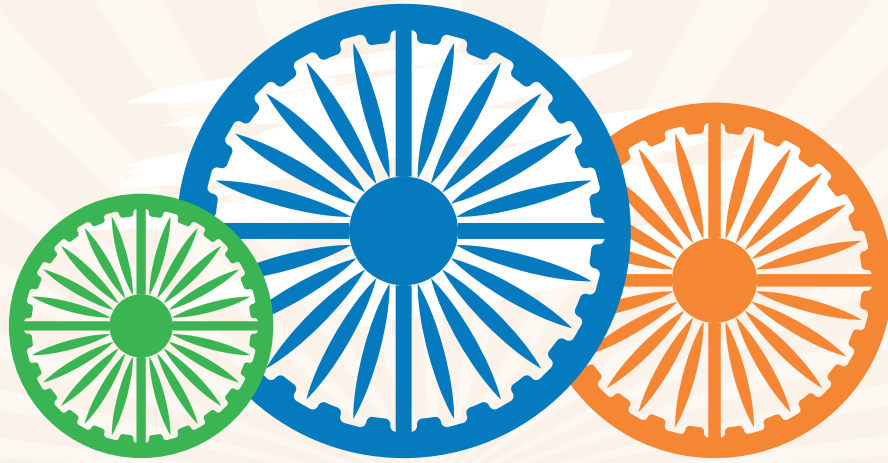
# STRAY DOG STUDENTS SAFETY



# Tobacco free youth Campaign



# Viksit Bharat



# Brown Colour Day (Pre-School)



# Orange Colour Day (Pre-School)



# Christmas Tree Activity



# Halloween Celebration (Class Pre-School)



# Community Helpers of Pre-Primary



# Ad Mad Show-(Class I)



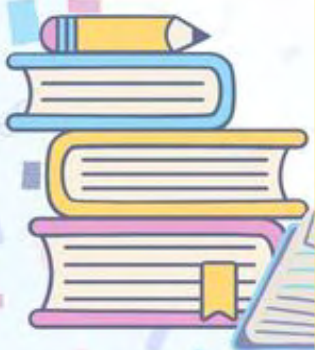
# Leaf Kingdom Activity-(Class I)



# Origami Adventure (Class I)



# Seed Germination Activity (Pre-Primary)





# Dot-o-Mania (Class - II)



## News Reporter Activity



# READATHON (Class III-V)



# TRAFFIC SIGNAL ACTIVITY (Pre-Primary)



# German Articles

## Interessanter Fakt Interesting Facts



1. Bienen können Farben sehen, die wir nicht sehen.
2. Ein Oktopus hat drei Herzen.
3. Hunde können Träume haben, genau wie Menschen.
4. Bienen schlafen nie – sie ruhen nur kurz.
5. Flamingos schlafen oft auf einem Bein.

Ritu Aggarwal  
Deutschlehrerin

## Rätsel (Riddle)

1. Im Winter steht er still und stumm dort draußen ganz in weiß herum. Doch fängt die Sonne an zu scheinen, beginnt er bitterlich zu weinen.

**Antwort:** Der Schneemann

2. Was ist klein, rund und hat keinen Mund, aber spricht manchmal?

**Antwort:** Eine Glocke (A bell)

Bhavye  
Aggarwal  
VII C



## Rätsel

1. Ich bin rot und rund. Man benutzt mich für Suppe und Soße. Wer bin ich?

**Antwort:** Tomate

2. Ich habe viele Schichten. Beim Schneiden weint man. Wer bin ich?

**Antwort:** Zwiebel



Kinshuk Jindal  
VII B



## Witz (Jokes)

- Chefin:** Am anfang verdienen Sie 1200€, später 1800€.  
**Mitarbeiter:** Okay, no problem! Dann komme ich später weider.
- Freund:** Lernst du für den Test?  
**Schüler:** Nein, ich vertraue auf Glück.



Tanvi  
Aggarwal  
VIII A

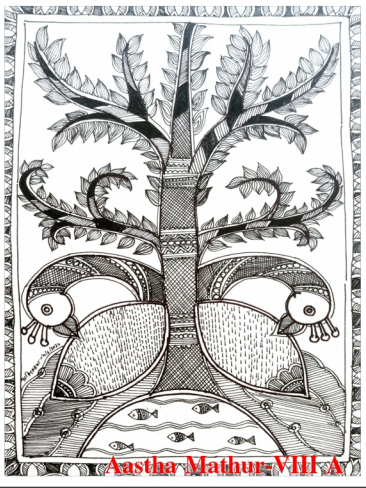
## Glück

Es ist so eine Freude,  
sich wirklich glücklich zu fühlen.  
Dein Herz singt, deine Füße tanzen,  
dein Verstand wiegt sich im Wind.  
Die Welt ist leicht,  
du schwebst auf einer Brise.  
Die Welt bewegt sich  
im Rhythmus deiner Freude.  
Jede Note wird gesungen  
mit der Stimme der Zufrieden.



Sayam  
VII C

# Art Session



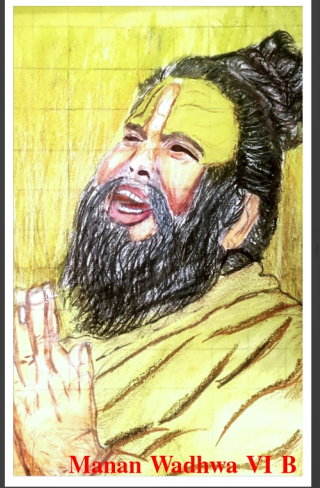
Aastha Mathur-VIII A



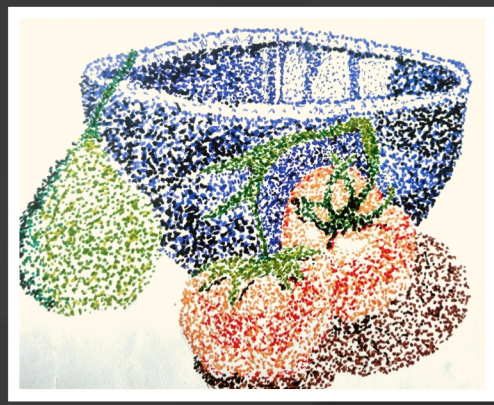
Sulami Aggarwal-VIII B



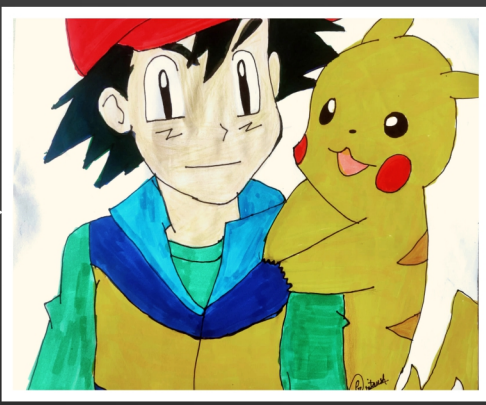
Daksh-X C



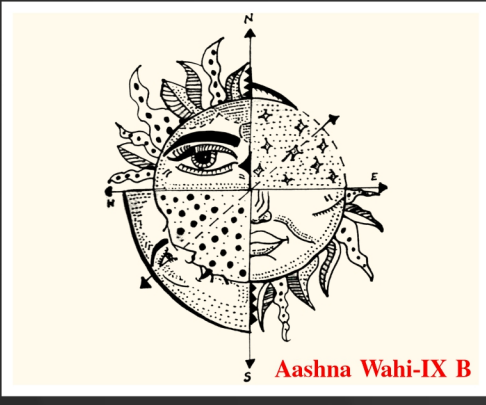
Manan Wadhwa-VI B



Gritansh Sumit Hira - VIII A



Palak Rawat-VIII B



Aashna Wahi-IX B



Lakshya-X B



Kenish Singh-VIII B

# English Articles

## Beauty and its Beasts:

### The Shady Side of the Make-up Industry

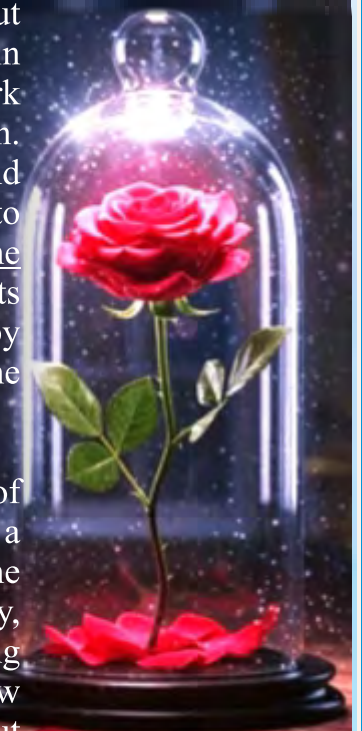
“Smokey eyes, bronzer to chisel your cheekbones and a nice nude lipstick”. Isn't this the best of both worlds? Well, technically, it isn't.

Mica is a mineral which is widely used in the make-up industry. It brings the 'shimmer' to your make-up. India is the largest producer and exporter of mica in the world. Places like Jharkhand and Bihar are famous for having a high concentration of this mineral. It is extracted from various mines. The process of extracting mica sounds to be dangerous; it indeed is. What's even more astonishing is the fact that this extraction isn't carried out by adults, it is the responsibility of children aged five to fifteen years. They compromise with their education, earn a small sum of money for such a challenging job and put their lives at stake. As many as 5,000 children have dropped out of schools in three mica mining districts of Jharkhand and adjoining state of Bihar to work as scavengers. The scavenging of mica is an extremely hazardous occupation. Rocks often fall onto their heads and in some cases, they end up injuring and bruising their arms and legs. For instance, the Koderma district hospital has to contend with a high incidence of tuberculosis patients. This is how the makeup industry exploits children. The United Nations Human Rights Council (UNHRC) has also expressed its concern towards this issue by asking the state parties to provide appropriate assistance and protection to the child so that he/she can steadily re-establish his/her identity.

Another dimension associated to the makeup industry is the fact that a lot of brands claim to be 'vegan', 'non-toxic' and 'cruelty-free'. Cruelty-Free is a term which denotes that no animals were killed or harmed during the manufacturing of the product. When we talk about actual numbers, in totality, there are scarcely any brands that stand up to their claims. Imagine wearing something on your face due to which an organism had to sacrifice its life. How disheartening is that! So, the makeup industry not only exploits children but also animals.

This is how makeup is manufactured and produced. But what happens when it is sold in the markets to the general public? We all are familiar with 'counterfeiting'. It is a process by which valuable products are replicated and then sold at cheap prices to deceive and fraud people. The general public is fascinated by the cheap prices but little do they know the real story behind these products. These 'pseudo products' contain various chemicals and ingredients which have the potency to harm our skin. Counterfeiting has found its way in the mainstream and a lot of people are being deceived.

Therefore, the darkest secrets of the make-up industry are inside your own make-up bags. “All that glitter isn't gold”. Ponder twice the next time you buy make-up because there are chances that somebody had to sacrifice their life just so you can get your favourite lipstick.





# RIDDLES

1. I have keys but open no locks,  
I have space but no room.  
You can enter, but never leave.  
What am I?

**Answer: A keyboard**

2. I speak without a mouth and hear  
without ears.  
I have no body, but I come alive  
with wind.  
What am I?

**Answer: An echo**

3. The more you take, the more you  
leave behind.  
What are they?

**Answer: Footsteps**

4. I can fly without wings and cry  
without eyes.  
Wherever I go, darkness flies.  
What am I?

**Answer: Clouds**

5. I am always in front of you but can  
never be seen.  
What am I?

**Answer: The future**

Tanmay Aggarwal  
IX-B

# Education – The Key to Success

Education is often described as the strongest foundation a person can have and this is especially true in today's rapidly changing world. For students, school is not just a place where we study different subjects. It is where we learn to think, question, communicate, and prepare ourselves for the future.

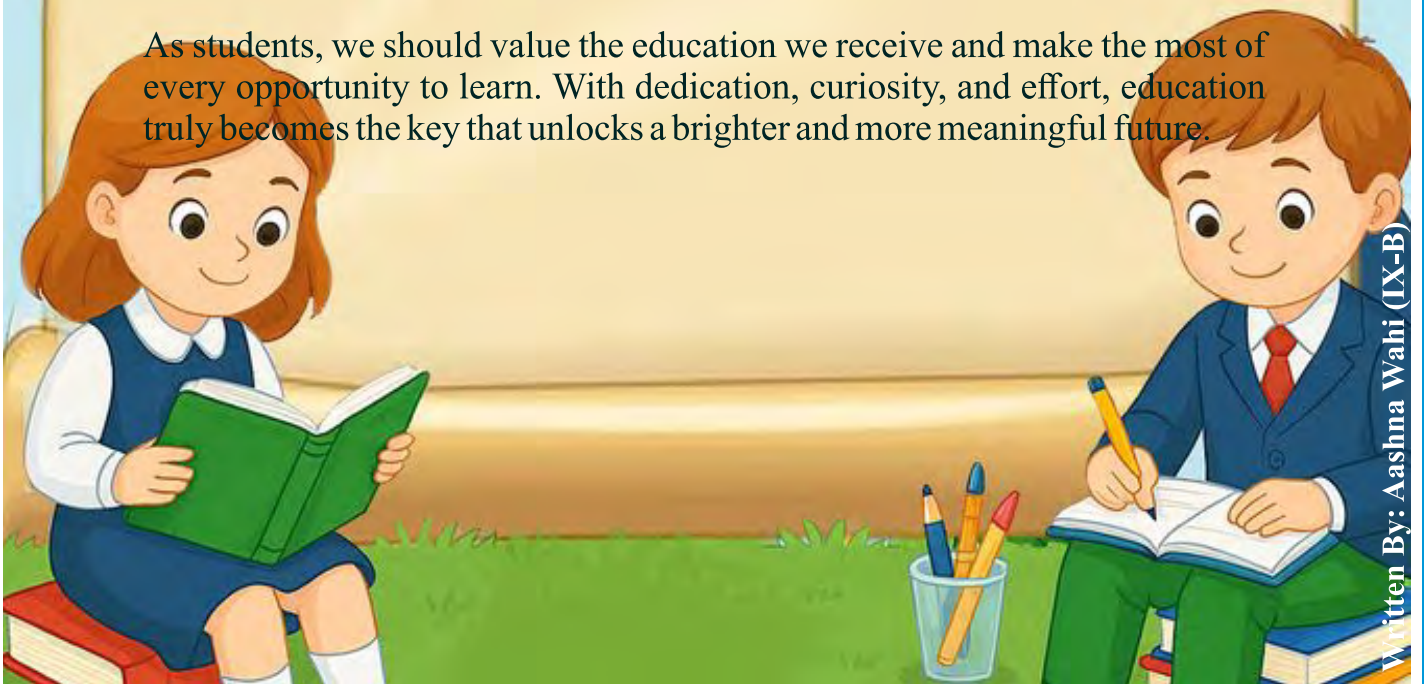
In classrooms, we develop important skills such as problem-solving, critical thinking, and creativity. Subjects like science and mathematics teach us logic and reasoning, while languages and social sciences help us understand people, culture, and society. Beyond academics, school also encourages us to take part in sports, arts, and clubs, helping us discover our talents and build confidence.

Education also plays a vital role in shaping our character. Through teamwork, discipline, and responsibility, we learn how to respect others and contribute positively to our community. Teachers guide and motivate us, reminding us that mistakes are not failures, but opportunities to improve.

In the modern world, education opens doors to countless opportunities. It prepares us for higher studies, careers, and the challenges of adult life. More importantly, it helps us become informed, responsible citizens who can make thoughtful decisions and contribute to society.

However, education is not limited to textbooks or lessons alone. Real learning continues beyond the classroom through experiences, conversations, and curiosity about the world. When we stay eager to learn, we continue to grow.

As students, we should value the education we receive and make the most of every opportunity to learn. With dedication, curiosity, and effort, education truly becomes the key that unlocks a brighter and more meaningful future.







## बूदा-बांदी

घटाओं में छाई, मीठी - मीठी बयार,  
उतर पड़ा जैसे कोई त्यौहार।  
धूप में तपती थी जो कल की ज़मी,  
अब भीग गई, हो गई नर्मी।  
छतरी लिए हैं लोग हज़ार,  
चाय पकौड़ों से जैसे हो गया हो प्यार।  
बादल बरसें, बूंदे सर पे टकराएं,  
पेड़ झूमते, दिल गार्डन गार्डन हो जाए।



न्यासा जैन नवी- ब



# संस्कृत खंड



## पर्यावरणम्

स्वस्थं पर्यावरणम् अस्माकं स्वस्थजीवनस्य आधारः अस्ति । यथा निर्मलं कीटाणुरहितं जलं वायुः च अस्मभ्यं स्वस्थजीवनं प्रयच्छतः । सम्प्रति वैज्ञानिक 'युगे उद्योगानां तीन विकासात् पर्यावरणस्य महती समस्या । औद्योगिक संस्थानेभ्यः निर्गतं क्षतिग्रस्तं जलं तत्रत्यं परिवेषं दूषयति येन बहुविधाः रोगाः जायन्ते । इदमेव क्षतिग्रस्तं जलं नदीं चाणय तत्रत्यं जलमपि दूषयति । एतेनैव कारणेन पवित्रतममायाः गंगायाः जलमपि बहुशः शोषितं जातम् । गंगाजल कुल मुक्त कर्तुं राष्ट्रिया योजना निर्मिता तदनुरूपः प्रयासः च प्रवर्तते ।

एवमेव औद्योगिक संस्थानेभ्यः निर्गतेन क्षतिग्रस्त वायुना वायुमण्डलं क्षतिग्रस्तं । तत्परिवेशस्य जनान् च रोग विभिन्न प्रकार के विकासेन भृशं पीडयति । जनसंख्यायाः तीव्र विकासेन महानगरेषु जलवायूवोः प्रदूषणस्य भीषण समस्या उपस्थिति अस्ति । एतदर्थं शासनेन प्रभाविनः प्रवासाः विधीयन्ते । अस्माभिः अपि स्वपर्यावरणं शोधयितुं संभव प्रयासः करणीयः यतो हि शुद्धे पर्यावरण एवं वयं सुखेन जीवितुं शक्नुमः ।

वयं वायुजलमृदाभिः आवृत्ते वातावरणे निवसामः ।

एतदेव वातावरणं पर्यावरण पर्यावरणेनैव वयं

जीवनोपयोगिलेखनि चानुमः । जलं वायुः च जीवने महत्वपूर्णो स्तः। संप्रतं शुद्ध - पेय जलस्य समस्या वर्तते । अधुना वायुरपि शुद्धं नास्ति। एवमेव विष पर्यावरणेन विविधाः रोगाः जायन्ते । पर्यावरणस्य रक्षायाः अति आवश्यकता वर्तते । कुलस्य अनेकानि कारणानि सन्ति । औद्योगिकापशिष्ट - पदार्थ उच्च ध्वनि यानधूम्रादयः प्रमुखानि कारणानि सन्ति। पर्यावरण रक्षायै वृक्षाः घटीयाः वयं नदीषु तडगेषु च दुर्घटनां जलं न गंदगीम् तैल अनुपयोगी वाहनानां प्रयोगः करणीयः । जनाः तरुणां बांधम् अभिरक्षणं च कुर्युः।

मातरं पितरं प्रति समर्पयति

माता शत्रुः पिता वैरी येन बालो न पाठितः।

न शोभते सभामध्ये हंसमध्ये बको यथा ॥

अभिवादनशीलस्य नित्यं वृद्धोपसेविनः।

चत्वारि तस्य वर्धन्ते आयुर्विद्या यशो बलम् ॥

त्वमेव माता च पिता त्वमेव त्वमेव बंधुश्च सखा त्वमेव।

त्वमेव विद्या द्रविणम् त्वमेव त्वमेव सर्वम् मम देव देव ॥

पिता स्वर्गः पिता धर्मः पिता हि परमं तपः।

पितरि प्रीतिमापन्ने प्रीयन्ते सर्वदेवताः ॥



सावी - कक्षा सप्तमी द

## धन्यं भारतवर्षम्

धन्यं भारतवर्षं धन्यम् । पुण्यं भारतवर्षं पुण्यम् ॥

यस्य संस्कृतिः तोषदायिनी, पापनाशिनी पुण्यवाहिनी ।

यत्र पुण्यदा गङ्गा याति, सिन्धु-नर्मदा सदा विभाति ।

सरस्वती च धन्या-धन्या, यमुना कृष्णा मान्या मान्या ।

शृणुमो यत्र च वेदं पुण्यम् ॥

धन्यं भारतवर्षं धन्यम्, पुण्यं भारतवर्षं पुण्यम् ॥

यत्र पर्वताः रम्याः रम्याः, ऋषयो मुनयो धन्याः धन्याः ।

कैलासश्च हिमराजश्च, विन्ध्य-सतपुड़ा-हिमाद्रिश्च ।

अरावली पर्वतमाला च, स्वर्ण-सुमेरु-हर्षकरश्च ।

पुण्य-पर्वतैः पुण्यं पुण्यम् ॥

धन्यं भारतवर्षं धन्यम्, पुण्यं भारतवर्षं पुण्यम् ॥



आराध्या - कक्षा अष्टमी द



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